

“The Upright Heart”
Series: The Secrets of the Heart
3/1/26

Psalm 119:1-11 *“Blessed are those whose ways are blameless, who walk according to the law of the Lord. 2 Blessed are those who keep His statutes and seek Him with all their heart—3 they do no wrong but follow His ways. 4 You have laid down precepts that are to be fully obeyed. 5 Oh, that my ways were steadfast in obeying your decrees! 6 Then I would not be put to shame when I consider all your commands. 7 I will praise you with an upright heart as I learn your righteous laws. 8 I will obey your decrees; do not utterly forsake me. 9 How can a young person stay on the path of purity? By living according to your word. 10 I seek you with all my heart; do not let me stray from your commands 11 I have hidden your word in my heart that I might not sin against you.”*

Definitions For an Upright Heart

Definition of Upright: To _____.

The Heart: _____, _____, _____.

General Definition of Blessed: To _____.

Specific Definition Blessed:

A. To be: _____ in your life.

B. Eager to: _____.

3 Aspects of an Upright Lifestyle

1. Blameless:

Vs. 1 *“Blessed are those whose ways are blameless...”*

2. Commitment:

Vs. 2 *“Blessed are those who keep His statutes and seek Him with all their heart.”*

3. Justice:

Vs. 3 *“...they do no wrong but follow His ways.”*

How Do I Develop an Upright Heart?

By living in a _____ with God’s Word.

1. Through _____ God’s Word.

John 17:17 *“...your word is truth.”*

2. Through _____ God’s Word.

Psalm 119:42 *“I trust in your word.”*

3. Through _____ God’s Word.

Psalm 119:11 *“I have hidden your word in my heart, that I might not sin against you.”*

Next week: Psalm 57 “The Steadfast Heart”