



## MESSAGE NOTES *(continued)*

### How to beat cynicism:

#### 1. Choose to be \_\_\_\_\_.

*You must all be quick to listen, slow to speak, and slow to get angry. **James 1:19***

#### 2. Focus on the \_\_\_\_\_.

*Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. **Philippians 4:8***

#### 3. Choose to \_\_\_\_\_.

*God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another. Do it with all the strength and energy that God supplies. Then everything you do will bring glory to God through Jesus Christ. **1 Peter 4:10-11***

## FOOD FOR THOUGHT

Our Groups are currently in session. We encourage you to take these questions home with you and **WRITE DOWN YOUR ANSWERS**. Bring them with you to help as you discuss how to apply this to your life! Have a great week!

### **GETTING TO KNOW YOU**

1. Just so we can get to know you better, what is our most used “EMOJI”?

2. As you reflect on the talk from Sunday, in what areas of life would you consider yourself a cynic? How has the knowledge of the world increased your cynicism?

### **DIGGING DEEPER**

1. Read **Ephesians 1:15-18**. This is a letter the Apostle Paul wrote to people in Ephesus. What is Paul's prayer for these people in these verses? What would it look like for you pray that prayer for yourself?

2. Paul wrote that *“The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.”* That means that followers of Jesus should be more hopeful than ANYONE because our faith is rooted in someone who overcame death!

What encouragement or perspective does that help provide for you?

## MISSIONS TRIPS MEETING

**Want to go on a Mission Trip this year? We have opportunities for Middle School, High School, and adults! Just check out the information meeting today @ 2pm at the Operation Center in Colonial Mall in St. Michael!**

**403 Central Ave E, St. Michael, MN 55376**

“Be doers of the word and not hearers...” *James 1:22*

