

FOOD FOR THOUGHT *(continued)*

5. The following verses describe how God gives us peace in the midst of difficult circumstances. Read the following verses and describe the encouragement you find.

SCRIPTURE:	ENCOURAGEMENT FOUND:
Psalm 27:1	
Psalm 23:4	
Lamentations 3:22-23	
John 14:27	
Psalm 46:1	
John 16:33	
Matthew 5:4	
Romans 8:35-39	

6. In what ways have the challenges in your life or the “desert season” actually caused your faith in God to grow? What might God be asking you to do during this season of your life?

MESSAGE NOTES

Summer Soundtrack // Week 1

Then the Lord told Moses, “I have certainly seen the oppression of my people in Egypt. I have heard their cries of distress because of their harsh slave drivers. Yes, I am aware of their suffering. So I have come down to rescue them from the power of the Egyptians and lead them out of Egypt into their own fertile and spacious land... Now go, for I am sending you to Pharaoh. You must lead my people Israel out of Egypt.” **Exodus 3:7-10**

What we can learn from the desert seasons of life:

1. The deserts of life are fertile ground for _____.

The people of Israel began to complain. “Oh, for some meat!” they exclaimed. “We remember the fish we used to eat for free in Egypt. And we had all the cucumbers, melons, leeks, onions, and garlic we wanted. But now our appetites are gone. All we ever see is this manna!” **Numbers 11:4-6**

2. The deserts of life are fertile ground for _____.

And Moses said to the Lord, “Why are you treating me, your servant, so harshly? Have mercy on me! What did I do to deserve the burden of all these people? Did I give birth to them? Did I bring them into the world? Why did you tell me to carry them in my arms like a mother carries a nursing baby? How can I carry them to the land you swore to give their ancestors? Where am I supposed to get meat for all these people? They keep whining to me, saying, ‘Give us meat to eat!’ I can’t carry all these people by myself! The load is far too heavy!” **Numbers 11:11-14**

If this is how you intend to treat me, just go ahead and kill me. Do me a favor and spare me this misery! **Numbers 11:15**

3. The deserts of life are fertile ground for _____.

4. The deserts of life are fertile ground for _____.

Then the Lord said to Moses, “Has my arm lost its power?” **Numbers 11:23**

VERSE TO REMEMBER:

For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope. **Romans 15:4**



