

FOOD FOR THOUGHT *(continued)*

TAKING IT HOME

1. What can these verses teach us personally about God's activity during difficult times?

| SCRIPTURE: | GOD'S ACTIVITY: |
|---------------------|-----------------|
| Romans 5:3-5 | |
| James 1:2-4 | |
| Romans 8:28 | |
| John 16:33 | |

How does reading some of these verses affect your FAITH IN GOD?

2. We often think of faith as a term of measurement. But we should be thinking about it in terms of RELATIONSHIP. It's not about believing in the certainty of something - it's about putting your trust in SOMEONE! How does that definition help your faith in Jesus?

3. This weekend's talk highlighted the teaching that JESUS is the perfect expression of the God we are dealing with. Based on what you know about Jesus - and recognizing that we are ALL in different points in the process - what might God be asking you to do with this message?

- Begin to honestly explore what I believe about Jesus
- Commit my life to following Jesus, even though I have a lot of questions
- Submit an area of my life to God that I previously have not

OTHER: _____

MESSAGE NOTES

Okay To NOT Be Okay // Week 1

God wants to expand our _____ in Him!

VERSE TO REMEMBER:

*And it is impossible to please God without faith. Anyone who want to come to him must believe that God exists and that he rewards those who sincerely seek him. **Hebrews 11:6***

Common myths about faith:

1. Faith = blind _____ and _____.

2. Doubt is the _____ of faith.

This definition of faith causes you to...

...look for evidence to support what you already believe.

...build relationships only with those who agree.

...criticize anyone who disagrees.

The truth about faith and doubt:

1. Faith isn't about _____, it's about _____!

2. Doubt is an important _____ in the faith _____.

The question behind the question:

Who is this _____ we are dealing with?

*Long ago God spoke many times and in many ways to our ancestors through the prophets. And now in these final days, he has spoken to us through his Son. God promised everything to the Son as an inheritance, and through the Son he created the universe. The Son radiates God's own glory and expresses the very character of God, and he sustains everything by the mighty power of his command. **Hebrews 1:1-3***



MESSAGE NOTES *(continued)*

Why I am willing to put my faith in Jesus:

1. Jesus demonstrated love through _____.

*For God loved the world so much that he gave his only Son, so that everyone who believes in him may not die but have eternal life. For God did not send his Son into the world to be its judge, but to be its savior. **John 3:16-17***

2. There is reasonable evidence that Jesus was _____.

I passed on to you what was most important and what had also been passed on to me. Christ died for our sins, just as the Scriptures said. He was buried, and he was raised from the dead on the third day, just as the Scriptures said. He was seen by Peter and then by the Twelve. After that, he was seen by more than 500 of his followers at one time, most of whom are still alive, though some have died. Then he was seen by James and later by all the apostles. Last of all, as though I had been born at the wrong time, I also saw him.

1 Corinthians 15:3-8

3. Jesus offers to freely _____ my _____.

*God saved you by his special favor when you believed. And you can't take credit for this; it is a gift from God. Salvation is not a reward for the good things we have done, so none of us can boast about it. **Ephesians 2:8-9***

SHARE YOUR STORY...

There are few things that encourage others like hearing someone's story! Every person at Westbridge has a story - and every story matters to God! And every story also has the power to encourage someone else! Would you take a few minutes and tell us your story?

www.WestbridgeChurch.com/mystory

“Be doers of the word and not hearers only...” *James 1:22*



FOOD FOR THOUGHT

Our Home Churches are currently in session! Take these questions home with you and **WRITE DOWN YOUR ANSWERS.** Bring them with you to your Home church to help as you discuss how to apply this to your life! Have a great week!

GETTING TO KNOW YOU

1. Looking back at your last week... what was one “high point” in your week?

2. Viewing faith as CERTAINTY often leads us to look for evidence to support what we already believe and criticize others in the process. How have you seen that definition of faith play itself out in the modern day church? Have you ever felt the need to try to CONVINCE yourself something was true because you felt that was the right thing to do?

DIGGING DEEPER

1. Jeremiah said that “*Doubt is an important step in the faith process.*” In your opinion, what did he mean by that? How can doubts actually lead us to a deeper faith?

2. In **John 1:29**, John the Baptist declares that Jesus is the promised Messiah from God. Not long after that, John is thrown into prison. Read **Luke 7:18-28**.

In these verses, we can see that John the Baptist begins to doubt his own declaration. In your opinion, what are the factors that often cause doubt in our own lives?