

FOOD FOR THOUGHT *(continued)*

5. How might your life be different if you made decisions in light of your past experiences and current circumstances?

6. As you think about your future hopes and dreams, what are some opportunities you're in danger of missing if you make unwise decisions?

7. Read **Ephesians 5:15-18**. In what areas of your life are you most prone to "act thoughtlessly"? What would it look like for you to establish a guardrail in that area of life?

8. Read the following verses this week and write jot down thoughts on how you can apply them to your life this week.

Proverbs 4:7-8

Proverbs 4:18-19

Proverbs 10:23

Proverbs 22:3

Psalms 119:104-105

Romans 12:1-2

James 1:5

MESSAGE NOTES

Guardrails // Week 1

3 observations about guardrails:

1. They _____ us and _____ us!

2. They are always set up in the _____ area.

3. They are designed to _____ damage.

Why we need guardrails in our life:

1. Nobody plans to mess up their life, we just don't plan _____.

*For the waywardness of the naive will kill them, and the complacency of fools will destroy them. **Proverbs 1:32***

VERSE TO REMEMBER:

*If you live a life guided by wisdom, you won't limp or stumble as you run! **Proverbs 4:12***

2. Wisdom is living life like it is all _____.

*So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but understand what the Lord wants you to do. Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit... **Ephesians 5:15-18***

"What is the WISE thing for ME to do..."

1. ...in light of my past _____?

2. ...in light of my current _____?

3. ...in light of my future _____?

*You say, "I am allowed to do anything" - but not everything is good for you. You say, "I am allowed to do anything" - but not everything is beneficial. **1 Corinthians 10:23***



PERSONAL NOTES

FOOD FOR THOUGHT

Our Groups are currently on break for the holiday season. Use these questions for personal study and reflection during this season, and our groups will launch again in January!

1. Did you make a New Year's resolution? If so, what are you doing to ensure you follow through on it?

2. What are some ways that you have seen people allow their emotions and desires lead their decision-making instead of WISDOM? How did that turn out?

3. "*Wisdom is living life like it is all connected.*" In what ways have you personally made decisions in the moment without realizing the path it was putting you on? In what ways did that affect your future in that area of your life?

4. Read **Proverbs 14:8**. What does that author mean when he says that fools deceive themselves? Do you find this challenging or inspiring? Why?

GROUPS LAUNCHING SOON

Our catalog of Groups for the Winter Session will be available starting next week! Groups are really the best way to develop friendships and continue to grow in your faith. If you haven't joined a Group yet, be on the lookout for the catalog NEXT SUNDAY!

PROM FUNDRAISER COMEDY NIGHT

"A Night To Remember" is BACK! To help raise money for this incredible event, we are hosting a special night of comedy on Saturday, January 26! Make plans to join us for an unforgettable evening of comedy and help support an amazing cause in the process!

For tickets, visit: www.anighttorememberprom.org

"Be doers of the word and not hearers..." *James 1:22*

