

# The Dangers of People Pleasing

## Open with Prayer Requests

## Discussion Questions

### Read Galatians 1:6–10

- When you hear the phrase “people pleasing,” what comes to mind? Why is it so tempting to seek the approval of others?
- In verse 10, Paul contrasts pleasing people with serving Christ. Why are those two things often in conflict?
- Can you think of a time when doing what was right cost you someone’s approval? How did you handle it?

### Read John 15:18–21

- Jesus said that the world would hate His followers because it hated Him first. How does this truth challenge the desire to be liked by everyone?
- Why do you think rejection or disapproval feels so painful—even when we know we’re following God’s will?
- What can help us remain faithful when obedience makes us unpopular?

### Read Luke 21:17 and Acts 5:27–29

- The apostles faced opposition and criticism for speaking the truth about Jesus. What might “obeying God rather than men” look like in your context today?
- How can we tell the difference between graciousness and compromise?

### Read Colossians 3:23–24

- What does it mean to live and work “for the Lord, not for men”?
- How might remembering your true audience—Christ Himself—change the way you handle pressure, criticism, or expectations?
- Where in your life do you feel the most pressure to please people—work, family, church, or friendships?
- How might fear of rejection be holding you back from doing what God has called you to do?
- What Scripture passages help you stay grounded in God’s approval instead of people’s opinions?
- How can this group encourage one another to live with boldness and integrity rather than fear and people-pleasing?

## Closing Prayer