



Opening Prayer / Food & Fun / Welcome (10 min.) Welcome everyone, open in prayer, and connect.

Icebreaker (10 min.) What's a journey you've taken where you needed God's strength, direction, or provision along the way?

Watch Video (10 min.)

Questions (20 min.)

1. Read Isaiah 41:10-13. What does God promise when we face fear, weakness, or uncertainty on the journey?
2. Read Isaiah 42:16. What does it mean to trust God when you don't know the way forward?
3. Read Isaiah 41:17-18 and Isaiah 43:19. What do these passages teach us about God's provision when the way ahead looks impossible?
4. Which do you need most right now on your journey: God's presence, strength, direction, provision, or courage? Why?

Action Step / Scripture (5 min.)

Action Step: Instead of only asking God: *"How am I going to get through this?"* pray: *"God, help me trust Your presence, follow Your direction, and receive what I need for the next step."* Write down the biggest obstacle in front of you and beside it write one promise from Isaiah 40-43 that speaks to that obstacle. Then identify one faithful next step you can take.

Action Scriptures: James 1:2-4, Romans 5:3-5

Time of Decision (4 min.) Play the Time of Decision video.

Closing Comments (1 min.) The journey may not always be easy, but you do not walk it alone. God promises His presence, strength, direction, and provision as you move toward the future He has for you. Invite someone to join you next week.