

The Remedy

DISCUSSION GUIDE | November 23, 2025

BIG IDEA

Gentleness replaces judgment with compassion and condemnation with restoration.

Message title: Redemptive Gentleness

Scripture Reading: Galatians 5:22-23; 6:1 NIV

Few of us pray that God will make us more gentle. In our current culture, humility and gentleness are ridiculed and dominance and boasting are celebrated. But followers of Jesus called to be like Him, to value what He values and to live as He lived. That means gentleness is to be one of the hallmarks of our lives, especially when we encounter another who has made some poor choices and has been hurt by others. Our world doesn't need more harsh judgment or louder condemnation; it needs redemptive gentleness.

- 1. To what extent do you see gentleness as weakness or timidity? How would you distinguish between gentleness and timidity?*
- 2. What are some reasons why people are so often not gentle toward others? When do you personally find it most difficult to exercise gentleness to others and why?*
- 3. Why does it take strength to be gentle?*
- 4. Bob said that there is a link between gentleness and genuine humility. How do you define humility? How does genuine humility help you become gentle?*
- 5. If our ultimate goal is for a person who has made poor choices to be restored, what do we need NOT to do? And what do we need TO do?*

THIS WEEK'S CHALLENGE

This week, begin each day with this simple prayer: Gracious God, today I ask that you make me aware of specific situations when I fail to act with gentleness or humility—when I fail to care more for the person than the punishment for an offense. Work in my life today so that, by the power of your Holy Spirit, you will produce in me the fruit of gentleness. Thank you. Amen