

# The Jesus Way

**DISCUSSION GUIDE** | February 22, 2026

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## BIG IDEA

*Jesus offers a third way in conflict that confronts injustice without becoming it.*

**Message title:** The Third Way

**Scripture Reading:** Matthew 5:38-41 NIV

Jesus instructed His followers how to respond when they were wronged– not with retaliation or passive aggression, but with a “third way” that is both courageous and nonviolent.

1. *When you are wronged, what does your first instinct reveal about your heart?*
  2. *Where have you seen retaliation escalate conflict instead of resolve it?*
  3. *In your own words, what makes Jesus’ “third way” different from both fighting back and giving up?*
  4. *What fears surface when you release your right to retaliate?*
  5. *If followers of Jesus are “the light of the world,” how should that shape the way we respond to cultural hostility or personal insult?*
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## THIS WEEK’S CHALLENGE

This week, identify one relationship or situation where you are tempted to either fight back or withdraw and quietly resign. Instead, intentionally seek to practice the third way. Choose a response that exposes truth without mirroring harm.