



# BACK ON TRACK

*Getting Connected*

Community is really important to us. It mattered to Jesus and it matters at Martha Bowman. Below is a list of our Sunday School and Small Group offerings to help us get *Back on Track* in 2019. Let us know if we can help you get connected in a group by contacting Elizabeth Hammock at [ehammock@marthabowman.org](mailto:ehammock@marthabowman.org)

*Sunday School at 9:45 a.m.*

### **WOMEN AT THE WELL CLASS | Room L14**

A caring, fun, small group of women of all states, married, widowed, divorced or single. Contact: Dianne Sapp, [dksapp@att.net](mailto:dksapp@att.net)

### **GIFT (GROWING IN FAITH TOGETHER) CLASS | Room L15**

GIFT is a casual group of young adults working on deepening their relationship with God while balancing the demands of "adulting." Singles & couples, college-aged, young professionals and young families. Contact: David Miller, [dwarrenm@gmail.com](mailto:dwarrenm@gmail.com)

### **FRANCIS ASBURY CLASS | Room L16**

Various class members lead lessons each week on a variety of topics, from Bible studies to books by noted Christian authors. This class is like one big, extended family. Couples & Singles Age: 30's - 70's. Contact: David Wallace, [cw3cubed@gmail.com](mailto:cw3cubed@gmail.com)

### **GENESIS CLASS | Room 213**

This is a mission-minded, diverse group of seekers. Members are involved in ministries such as Sainly Stitches, Macon Outreach Food Pantry, and Meals on Wheels. Couples & Singles Age: Mature adults. Contact: Jackie McCann, [jackiemccann@yahoo.com](mailto:jackiemccann@yahoo.com)

### **GOOD NEWS CLASS | Room L12**

This group enjoys learning more about applying the Word of God to their daily lives. They enjoy serving God through providing breakfast to the homeless and other ministries. They have frequent social events and care for one another. Couples & Singles Age: 30's-60's. Contact: Krista Wieters, [kristawieters@gmail.com](mailto:kristawieters@gmail.com)

### **HOME BUILDERS CLASS | Room L11**

The Home Builders are very diverse. In this medium- sized class you will find married couples and singles, with children ranging from infants to college age. Couples & Singles Age: 25 - 50. Contact: Witt Gaither, [gaither115@hotmail.com](mailto:gaither115@hotmail.com)

### **JOHN WESLEY CLASS | Room 215**

This class offers a new, contemporary view of applying the scriptures to your life. Couples & Singles Age: 30+. Contact: Bernard Meyer Von Bremen, [webemvb@bellsouth.net](mailto:webemvb@bellsouth.net)

### **KOINONIA CLASS | Room 210**

Class lessons focus on various books of the Bible for two- to three-month studies. Koinonia supports several local missions organizations. Couples & Singles Age: 40's - 70's. Contact: Diane Mize, [dmprewett@gmail.com](mailto:dmprewett@gmail.com) or Bruce Gerwig, [brucegerwig@gmail.com](mailto:brucegerwig@gmail.com)

## Sunday School (Cont'd)

### **NAN FREEMAN CLASS | Room 216**

This large class is composed of an extremely warm, caring and loving group of people interested in each other's spiritual, emotional and physical well-being.

Couples & Singles Age: 39 and holding  
Contact: Pete McKinney, petebj@gmail.com

### **SONSHINE CLASS | Room L10**

A smaller class that welcomes families and individuals with special needs. The Sunshine classroom is open on Sunday mornings from 9:30 am to 12:00 pm, staffed by trained professionals.

Special Needs Age: 18+  
Contact: Elizabeth Hammock,  
ehammock@marthabowman.org

## Small Group Bible Studies

### **Monday Night Ladies' Study**

**7:00 PM in Room 210**

Elijah: Spiritual Strength in Every Season by Melissa Spoelstra. A 6 week study designed to strengthen the spiritual stamina needed to face life's ups and downs.

Contact: Amy Rauls, amyvraul@gmail.com

### **Tuesday Night Parents' Group**

**6:15 PM at 100 Broadleaf Drive**

Moms and dads are invited! 10 week study—  
"Intentional Parenting: 10 Ways to be an  
Exceptional Parent in a Quick Fix World".

(Childcare available at the church)

Contact: Fran Magoni,  
fmagoni@marthabowman.org

### **Tuesday Night Women's Group**

**6:30 - 8:00 PM Off Campus**

Contact: Mary Wedlund for location,  
mgaither115@gmail.com

### **Tuesday Night Men's Group**

Contact: Ashley Griffin,  
agriffin@marthabowman.org

## Small Group Bible Studies (Cont'd)

### **Wednesday Morning Women's Study**

**9:30 - 11:00 AM in The Martha Bowman  
Commons at the pub-top tables**

*(Starts February 13th)*

Geared toward moms with young children.

Contact: Sara Beth Gillespie,  
sarabgillespie@gmail.com,  
(478) 256-3812

### **Wednesday Mornings**

**10:30 AM in Room 210**

Disciple Fast-Track - comprehensive Bible  
Study for busy lives.

Contact: Jimmie Powell, (478) 731-2507

### **Wednesday Evening Ladies' Study**

**5:30 PM in the Martha Bowman Library**

A group of fun-loving women doing life  
together in His word.

Contact: Lydia Sutherland,  
smokey.sutherland813@gmail.com

### **United Methodist Women Circles**

Contact: Cherilyn Landry,  
cherilynlndry@att.net

### **"ROMEOS" Men's Group**

**Tuesday mornings, 8:00 AM, Room 210**

Contact: Ed Gibbs, efgibbs1@aol.com

### **Sunday Night Christian Light "Movie" night \*Bi-Weekly\***

*(Starts January 27th)*

**5:30 - 7:30 PM at 118 High Ridge Drive**

Contact: Glenda Earwood,  
glenda50@gmail.com or (478) 254-2697

### **The Bowman Babes**

A monthly lunch gathering of ladies who  
have lost husbands through death. Laughs,  
lunch, and giggles and a time of support  
and friendship. Contact: Cathie Resseau,  
(478) 319-1144

## **God is Greater Group**

**3rd Saturday of the month, 10:00 AM 221 Barrystone Rd., Juliette, GA**

Praying for loved ones who suffer with addiction.

Contact: Jane Canady, 478-952-2310 or Lynn Faulkner 478-737-7939