

# How to best use this resource

1. **Pray!** Spend time in prayer alone or with your spouse before you have these conversations. Ask God to bless your time with your kids.
2. **Be consistent!** Have these conversations after class every week. Your child is more likely to engage if they know it is coming.
3. **Have these discussions while it is still fresh on their minds.** Over lunch after church or even on the ride home or to the restaurant.
4. **Listen more than you talk.** Even if their answers seem to be unrelated or simple, let them do most of the speaking.
5. **Don't be afraid to be vulnerable.** Share personal stories that show how you have grown in your personal faith journey.
6. **Feel free to skip any of the questions we have provided or to add any of your own.** These are just examples; you can adapt your discussion to fit your family!
7. **Check out the resources at the bottom.** If you feel ill-equipped or unsure about how to have healthy/age-appropriate conversations, then do a little research with the provided material.

# Sex, Dating, and Marriage Intro

## Questions for families

1. What is something you remember from your discussion in class?
2. From which of these places do you hear about sex the most? TV/movies? Music? People at school? Family? Church?
3. Why is it important for the Church to talk about sex, marriage, and dating?
4. Was it awkward to talk about it in class? Why or why not?
5. Do you have friends that are already dating? (Share a story about your first girlfriend or boyfriend. Were you ready to start dating?)

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## Dating Question for families

1. (Parent) Share a funny dating story or share how you started dating your spouse.
2. Gen. 1:26-27 teaches that we are created in the image of God, how does that impact your relationships? What does it mean to be created in the image of God?
3. What qualities should we look for in a boyfriend or girlfriend? Do you have those qualities?
4. What is love? What does the love of God look like and how can we mirror that type of love?
5. When is an appropriate age to begin dating? Or is it less of an age and more of a maturity level?

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# Sex/Marriage

If you have not had these types of conversations with your child yet, this is a good opportunity to let them know that you are always available to talk or listen.

1. What is God's view of sex and how does it differ from the world's view?
2. What do you think it means that God created people as sexual beings?
3. How does knowing you are made in God's image make you think about your body?
4. What are some ways that we can avoid sexual temptation?
5. What does it mean that marriage is sacred?
6. How can marriage be a struggle? How can marriage be a joy?
7. How do I know who I'm supposed to marry? (Share your story)

# Resources

The Purity Code: God's Plan for Sex and Your Body by Jim Burns

Sex 180 by Chip Ingram and Tim Walker

10 Ways to a Stronger Marriage by Trey and Lea Morgan

Chasing Love: Teen Bible Study Book by Sean McDowell

The Bare Facts: 39 Questions your Parents Hope you Never Ask by Josh McDowell

<https://christianpure.com/learn/proper-way-to-think-about-sex/>

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