

# How to best use this resource

1. **Pray!** Spend time in prayer alone or with your spouse before you have these conversations. Ask God to bless your time with your kids.
2. **Be consistent!** Have these conversations after class every week. Your child is more likely to engage if they know it is coming.
3. **Have these discussions while it is still fresh on their minds.** Over lunch after church or even on the ride home or to the restaurant.
4. **Listen more than you talk.** Even if their answers seem to be unrelated or simple, let them do most of the speaking.
5. **Don't be afraid to be vulnerable.** Share personal stories that show how you have grown in your personal faith journey.
6. **Feel free to skip any of the questions we have provided or to add any of your own.** These are just examples; you can adapt your discussion to fit your family!
7. **Check out the resources at the bottom.** If you feel ill-equipped or unsure about how to have healthy/age-appropriate conversations, then do a little research with the provided material.

# What is a disciple?

1. Who were the first disciples? Why is it significant that Jesus chose this group of guys to be his disciples?
2. What did those first disciples give up to follow Jesus?
3. What have we had to sacrifice to follow Jesus?
4. How did the lives of the first disciples change?
5. Has your life changed since you decided to follow Jesus? (parent story)

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# Who am I following?

1. Who or what are people disciples of today?  
(Celebrities, athletes, fame, money, etc.)
2. Is it possible to be a disciple of multiple people or things? (matt 6:24)
3. In John 10:1-18 (read it together), Jesus describes himself as a good shepherd. What does it look like to follow a good shepherd versus following a bad shepherd?
4. What can we do to learn to recognize His voice? To make sure we are following the good shepherd?

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# The Cost of Discipleship

1. What does it cost to be a disciple?
2. Who was Dietrich Bonhoeffer? (Disciple of Jesus who lived in Germany during WWII, gave up everything trying to save Jews from the Nazis)
3. Why do you think someone would be willing to sacrifice so much for Jesus? Would you be willing to?
4. What are some small things we can sacrifice for Jesus today?

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# How do I make disciples?

1. Matthew 28:18-20 tells us to “Go and make disciples of all nations” what does that look like in the life of a modern disciple?
2. What are some practical ways you can make disciples in your world right now?
3. What is your faith story and why is it important?
4. Who are five people that you can be praying for and reaching out to right now?

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## Resources

The Great Omission by Dallas Willard

The Cost of Discipleship by Dietrich Bonhoeffer

The Jesus Centered Life by Rick Lawrence

The Jesus Centered Life: 40 Devotions for Teenagers by Rick Lawrence, Kurt Johnson, and Storm

This is Discipleship:

<https://www.youtube.com/watch?v=rk8ERxqCZqQ>

Nooma: Dust by Rob Bell

<https://www.youtube.com/watch?v=BkOZEt-KwZw>

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