

Powerful Gratitude

August 16, 2026

²⁴ Then Jesus said to his disciples, “Whoever wants to be my disciple must deny themselves and take up their cross and follow me. ²⁵ For whoever wants to save their life will lose it, but whoever loses their life for me will find it.

Matthew 16:24-25

So whether you eat or drink or whatever you do, do it all for the glory of God.

1 Corinthians 10:31

Reasons To Be Thankful

1. Blessings from God

2. Providence of God

²⁹ Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father’s care. ³⁰ And even the very hairs of your head are all numbered. ³¹ So don’t be afraid; you are worth more than many sparrows.

Matthew 10:29-31

3. Commanded by God

¹⁶ Rejoice always, ¹⁷ pray continually, ¹⁸ give thanks in all circumstances; for this is God’s will for you in Christ Jesus.

1 Thessalonians 5:16-18

Always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

Ephesians 5:20

¹³ Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. ¹⁴ And over all these virtues put on love, which binds them all together in perfect unity.

¹⁵ Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

Colossians 3:13-15

The Power Of Gratitude

⁶ So then, just as you received Christ Jesus as Lord, continue to live your lives in him, ⁷ rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

⁸ See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ.

Colossians 2:6-8

⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6-7

Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving.

Ephesians 5:4

Devote yourselves to prayer, being watchful and thankful.

Colossians 4:2