

*Psalms of Ascent*  
GOD'S PLAYLIST – Part 2  
August 10, 2025

<sup>1</sup> When the LORD restored the fortunes of Zion, we were like those who dreamed.

<sup>2</sup> Our mouths were filled with laughter, our tongues with songs of joy.

Then it was said among the nations, "The LORD has done great things for them."

<sup>3</sup> The LORD has done great things for us, and we are filled with joy.

<sup>4</sup> Restore our fortunes, LORD, like streams in the Negev.

<sup>5</sup> Those who sow with tears will reap with songs of joy.

<sup>6</sup> Those who go out weeping, carrying seed to sow,  
will return with songs of joy, carrying sheaves with them.

**Psalm 126**

**Psalms of Ascent call us to three great realities of our faith.**

**1) We are on a pilgrimage.**

**2) Our pilgrimage is a journey of growth.**

**3) We are headed toward an ultimate arrival.**

**Psalm 126**

**- You don't want to miss the emphasis on joy.**

*And we are filled with joy.*

**Psalm 126:3b**

**- Questions to think about:**

**1) When was the last time you were able to say, "The Lord has done great things for us, and we are filled with joy."?**

**2) When was the last time you sang out about it, so that others could hear, and even sing with you?**

**3) What does the soundtrack of your life look like?**