



EXTREME MAKEOVER: THE SOUL EDITION

Ephesians 4:17-32

GETTING STARTED

How would you respond to someone who says that since he is saved by grace, and not by works, it shouldn't matter how he lives his life?

- 1 What does Paul mean when he tells believers that they "must no longer walk as the Gentiles do..." (verse 2)?

- 2 What do the following phrases mean (verses 17-18)?
 - "...the futility of their minds"

 - "...darkened in their own understanding..."

 - "...alienated from the life of God..."

 - "...hardness of heart"

- 3 What does verse 19 say are the inevitable consequences of living a life characterized by the qualities described in verses 17-18?

- 4 What is the significance of the statement in verse 21 that "the truth is in Jesus"?

- 5 What image do the statements "put off the old self" and "put on the new self" conjure up?

6 What do we learn from this passage about:

- Dishonesty (v. 25)
- Anger (vv. 26-27)
- Hard work (v. 28)
- Corrupting talk (vv. 29-30)

7 What does it mean to “grieve the Holy Spirit” (v. 30)?

8 What virtues are highlighted in verse 32 that should define the follower of Christ?

APPLY THE LESSON

Identify one or two sins described in this passage with which you tend to struggle. Spend some time praying over them and asking God to strengthen you to live as He would have you live.