



Caregiver Support Group

Presented by

Alzheimer's Association Greater Richmond

First Wednesday of Every Month

Beginning September 2, 2026

10:00 -11:00 a.m.

Room 112 – enter at Church Office door

Building a support system with people who understand.

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs, and concerns.
- Learn about community resources.