

FROM OVERWHELMED TO OVERFLOWING
Psalm 23 – Part 10

“My cup overflows with blessings” (Psalm 23:5 NLT).

2 APPROACHES TO LIFE

1. A Shortage Mindset – “I Never Have Enough and Never Will”

The Focus: My Limited Resources

The Results: An Overwhelmed Life

2. A Surplus Mindset – “God Has More than I Will Ever Need”

The Focus: God’s Limitless Resources

The Result: An Overflowing Life

WHAT IS MY CUP? – MY LIFE!

“On the last day of the festival, Jesus stood and shouted to the crowds: ‘If you are thirsty, come to Me and drink! Everyone who really believes in Me will have rivers of living water flowing out of their lives’” (John 7:37-38 NLT).

WHAT IS AN OVERFLOWING LIFE?

To Be Filled Beyond Capacity with an Endless Supply of God’s Goodness

“I am the holy God, who rescues you. For your own good, I teach you, and I lead you along the right path. How I wish that you had obeyed My commands! Then your success and good fortune would have OVERFLOWED like a flooding river!” (Isaiah 48:17-18 CEV).

“I’ve come that you may have real life, and enjoy it in abundance – to the fullest, until it OVERFLOWS!” (John 10:10 Amp).

HOW CAN I EXPERIENCE AN OVERFLOWING LIFE?

1. Stay Connected to Jesus Everyday

“I am the vine; you are the branches. Whoever remains in Me, and I in him, will bear much fruit; for you can do nothing without Me” (John 15:5 TEV).

“If you stay connected to Me and My words remain in you, you may ask any request you like, and it will be granted! My true disciples produce much fruit. This brings glory to My Father... So, stay connected to My love. You stay connected to My love when you obey Me... I’ve told you this so that you’ll be filled with My joy. Yes, your cup of joy will OVERFLOW!” (John 15:7-11 NLT/LB).

2. Stop Complaining and Start Being Grateful

“In everything you do, stay away from complaining and arguing...” (Philippians 2:14 NLT).

“Let your lives OVERFLOW with thanksgiving for all God has done” (Colossians 2:7 NLT).

“No matter what happens, always be thankful, for this is God’s will for you who belong to Christ Jesus” (1 Thessalonians 5:18 NLT).

3. Stop Comparing and Start Being Contented

“It’s healthy to be content, but envy will eat you up” (Proverbs 14:30 CEV).

“It is better to be content with what you have than to always be struggling for more. That is like chasing the wind” (Ecclesiastes 4:6 NCV).

4. Stop Being Stingy and Start Being Generous

“Remember: A stingy planter gets a stingy crop; a lavish planter gets a lavish crop. I want each of you to take plenty of time to think it over, and make up your own mind what you will give. That will protect you against sob stories and arm-twisting. God loves it when the giver delights in the giving. God can pour on the blessings in astonishing ways so that you’re ready for anything and everything, more than just ready to do what needs to be done” (2 Corinthians 9:6-8 MSG).

“If you give, you will receive back. Your gift will be returned to you in full measure, packed down and shaken to make room for more, and running over. Whatever measure you use in giving – large or small – it will be used to measure whatever is given back to you” (Luke 6:38 NLT).