

## PRAY

HOLY SPIRIT, THANK YOU FOR FILLING US WITH LIVING WATER AND BLESSING US SO THAT WE MAY BE A BLESSING TO OTHERS. WE DESIRE TO HONOR YOU WITH OUR LIVES AND TO MOVE WITH THE STRENGTH OF YOUR SPIRIT. EXAMINE US AND KNOW OUR HEARTS; TEST US AND KNOW OUR ANXIOUS THOUGHTS. LEAD US, LORD, IN THE WAY THAT LEADS TO EVERLASTING LIFE. AMEN.

PSALM 139:23-24

## BLESS

BY THE HOLY SPIRIT'S POWER MAY YOU BE A CONDUIT OF LIFE AND LOVE EVERYWHERE YOU GO

## MEMORY VERSE

**SINCE WE LIVE BY THE SPIRIT, LET US  
KEEP IN STEP WITH THE SPIRIT.  
GALATIANS 5:25 NIV**

## DAILY VERSES

ISAIAH 44:3-4  
PSALM 107:8-9  
JOHN 4:13-14

GALATIANS 5:25  
ACTS 1:8  
GALATIANS 6:4

## FOR NEXT WEEK

**HELP IS HERE: CHAPTERS 11-12**



SCAN TO ACCESS THE  
SPIRITUAL GIFTS INVENTORY



goodnews@calvary-lutheran.org



Calvary Lutheran Clarkston



Calvary-Lutheran.org



**40 DAYS  
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CALVARY 40DAY SPIRITUAL GROWTH JOURNEY

*Moving With*  
**THE SPIRIT**

**Week 4**

## SHARE

- Welcome & Opening Prayer
- Briefly check in by sharing Highs and Lows.
- How have you noticed the Holy Spirit at work in your life this week?

**"THE SPIRIT WILL GIVE YOU WHATEVER YOU NEED TO DO THE HOLY WORK YOU'VE BEEN CALLED TO DO."** -HELP IS HERE

## READ & TALK

**HELP IS HERE CHAPTER 8**  
"THE SPIRIT AS A FLAME"  
**LUKE 3:16**  
**ACTS 1:8**

In Chapter 8, we see the Holy Spirit as a Flame that refines, energizes, and protects.

Use these questions from the back of the book to unpack what this means for us. (p.187)

- **Question 2**
- **Question 3**
- **Question 5**
- **Question 8**

**HELP IS HERE CHAPTER 9**  
"THE SPIRIT AS ANOINTING OIL"  
**2 CORINTHIANS 1:21-22**  
**1 JOHN 2:20**

Read the verses from 2 Corinthians. Then look at **Question 5** on p.193 to discuss what it means to be anointed by the Holy Spirit.

**Question 9** helps us see the application of our relationship with the Holy Spirit in our daily life. Share your responses.

## READ & TALK

**HELP IS HERE CHAPTER 10**  
"THE SPIRIT AS A RIVER OF LIVING WATER"  
**JOHN 7:37-39**

Chapter 10 speaks of revival. Use **Question 2** on p.196 to start this chapter's discussion.

Then, read John 7:37-39 found in **Question 3** or in your Bible. Then read Exodus 17:1-7 and answer the questions.

**Questions 4 and 5** continue unpack Jesus' words in John. Keep the conversation going with these questions.

**"AS JESUS GOES IN, THE HOLY SPIRIT FLOWS OUT. WE BECOME SOURCES OF LIVING WATER TO THOSE AROUND US."** -HELP IS HERE

## APPLY

"Revival...is a strange and sovereign work of God in which He visits His own people, restoring, reanimating and releasing them into the fullness of His blessing." Help is Here p.113

Ask the Holy Spirit to awaken in you a greater awareness of how you might be an agent of revival - bringing life to your community through words of encouragement and acts of kindness.