

PRAY

GRACIOUS GOD, AS WE ENTER THE 40 DAYS OF STRENGTH, WE ASK THAT YOU BREATHE INTO US YOUR HOLY SPIRIT AND GRANT US FRESH STRENGTH AND PURPOSE. GUIDE US TO BE MORE JOYFUL, ENTHUSIASTIC, HOPEFUL, COMPASSIONATE, PEACE-FILLED, AND LOVING FOLLOWERS OF JESUS IN ALL THAT WE SAY AND DO. IN JESUS' NAME AND TRUSTING IN THE HOLY SPIRIT WE PRAY. AMEN.

BLESS

MAY YOU BE GUIDED AND ENERGIZED BY THE STRENGTH OF THE HOLY SPIRIT.

MEMORY VERSE

AND NOW I WILL SEND THE HOLY SPIRIT, JUST AS MY FATHER PROMISED.

LUKE 24:49A NLT

DAILY VERSES

JOHN 14:15
JOHN 14:26
ACTS 1:8

1 CORINTHIANS 2:12
JOHN 15:26
GALATIANS 5:25



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40 DAYS
OF

STRENGTH

CALVARY 40DAY SPIRITUAL GROWTH JOURNEY

Moving With
THE SPIRIT

THE HOLY WHO?
WEEK 1

SHARE

- Welcome & Opening Prayer
- Growth Group Covenant & other details
- Share with the group your name and why you decided to participate in a 40Days group.
- Why do you think the title of Chapter 1 is "The Holy Who?"
- Describe how you feel about or have experienced the Holy Spirit. (P.159, Q.2)

IS IT YOUR DESIRE TO KNOW THE HOLY SPIRIT BETTER AND TO NURTURE YOUR RELATIONSHIP WITH THE HOLY SPIRIT?

READ & TALK

HELP IS HERE CHAPTER 1

Read aloud from p.7 "You shall receive..." (Acts 1:8) through the the end of p.8..." hour by hour." Feel free to have several people participate in reading.

Use Question 5 on p.160 to guide conversation on the power of the Holy Spirit and how you've experienced it or desire to experience this power.

What metaphor used to describe the Holy Spirit speaks most personally to you at this time in your life? (p.161, q.7)

READ & TALK

JOHN 14:15-17, 25-27

Read these verses from John.

How is the Holy Spirit described in these verses?

HELP IS HERE CHAPTER 2

Beginning on p.18 at "Can you join me in a pledge..." read aloud through the scripture on the top of p.19.

Now reference questions 4, 5, 6 on p.165 as you reflect on and discuss the Holy Spirit as a divine being and our Teacher.

APPLY

Humility is the soil out of which the fruit of the Spirit can grow. - HELP IS HERE

Keep these sentence prayers in mind to live by the Spirit and keep in step with the Spirit (Galatians 5:22-25):

- "In this moment what are you teaching me?"
- "How am I to respond to this challenge, Lord?"
- "Direct me, please. Which way should I go?"
- Is there another prayer that would help you this week?

THE SPIRIT IS A LIFE GIVING FRIEND, HERE TO LEAD YOU HOME. - HELP IS HERE