

PRAY

GRACIOUS GOD, GIVE US FAITH TO TRUST THAT YOUR SPIRIT IS GUIDING, SUPPORTING, AND SHAPING US THROUGH ALL OF LIFE'S UPS AND DOWNS. HELP US LIVE WITH CONFIDENCE THAT OUR ETERNAL DESTINY IS SEALED AND SECURE. STIR UP IN EACH OF US THE GIFT OF YOUR HOLY SPIRIT THAT WE MAY BUILD OUR LIVES ON THE FIRM FOUNDATION OF YOUR WORD AND FULFILL OUR CALLING IN THE WORLD YOU LOVE. IN JESUS' NAME AND THROUGH THE POWER OF THE HOLY SPIRIT WE PRAY. AMEN.

BLESS

MAY YOU HEAR THE VOICE OF THE HOLY SPIRIT & FIND PEACE IN THE SPIRIT'S PRESENCE

MEMORY VERSE

**ALL WHO ARE LED BY THE SPIRIT
ARE CHILDREN OF GOD.
ROMANS 8:14**

DAILY VERSES

JOHN 14:27
NEHEMIAH 9:19-20
EZEKIEL 36:27

2 CORINTHIANS 1:21-22
ROMANS 8:15-16
EPHESIANS 5:18-20

FOR NEXT WEEK

HELP IS HERE: CHAPTERS 8-10



SCAN TO ACCESS THE
SPIRITUAL GIFTS INVENTORY



goodnews@calvary-lutheran.org



Calvary Lutheran Clarkston



Calvary-Lutheran.org



40 DAYS OF

STRENGTH

CALVARY 40DAY SPIRITUAL GROWTH JOURNEY

Moving With
THE SPIRIT

Week 3

SHARE

- Welcome & Opening Prayer
- Have you completed the Spiritual Gifts Inventory? Why or why not?
- What impact has the study of the Holy Spirit had on your life so far?
- Next weekend is Community Impact Weekend, do you plan to participate? www.thecommunityimpactteam.org/

"PRAISE IS THE CLEANSING ELEMENT THAT FLUSHES THE TRASH OF WORRY AND ANXIETY."
-HELP IS HERE

READ & TALK

HELP IS HERE CHAPTER 6
"THE SPIRIT AS A DOVE"
MATTHEW 3:13-16
EPHESIANS 5:18-20

In this chapter of Help is Here, we see a contrast between the anxiety caused by the chaos of the world and the peace given to us through the Holy Spirit.

First, read the verses from Matthew and Ephesians.

Then, use these Chapter 6 Questions from the back of the book to guide your conversation and deepen your understanding of how the Holy Spirit offers calm, confidence, and peace in the midst of life's storms.

- **Question 1**
- **Question 3**
- **Question 5**
- **Question 7**

READ & TALK

HELP IS HERE CHAPTER 7
"THE SPIRIT AS A PILLAR OF CLOUD AND FIRE"
EXODUS 13:21
ROMANS 12:2

It's a question we've all asked at some point- How do I hear from God? Chapter 7 gives us guidance in seeking God's will for our lives and shows his faithfulness throughout scripture.

Read Exodus 13:21.

Next, discuss question 4 in the Chapter 7 reflection questions.

Question 5 includes Romans 12:2. Share that verse and respond to the questions together.

Using Question 8, unpack Max's instruction to, "Go first to the verse. Go next to the voice."

"THE PRIMARY COMMUNICATION TOOL OF THE HOLY SPIRIT IS THE BIBLE. THE HOLY SPIRIT SPEAKS TO US THROUGH SCRIPTURE." -HELP IS HERE

APPLY

When you have opportunity, give voice to what you're learning:

Speak aloud the words of 2 Timothy 1:7 ***"For God has not give us a spirit of fear, but of power and of love and of a sound mind."*** Feel the power of the Holy Spirit through the words of scripture.

OR

Take a quiet moment and cover your heart with your hand, speak aloud the words, ***"God is in here."*** Repeat the phrase placing emphasis on a different word with each repetition. Give yourself time for that truth to sink in and process what it means to you.