

Small Group Questions

1. Prayers for Protection – Psalm 3:3–4 says God is a shield. What “arrows” (lies, temptations, fears, accusations) do you feel the enemy often uses against you? How can prayer help you hold up the “shield of faith” in those moments?
2. Faith in the Battle – David prayed, “Lord, be my shield. Lift my head.” What might a short, faith-filled prayer look like for you when you feel attacked, overwhelmed, or discouraged?
3. Prayers for Presence – Psalm 23:4 reminds us that God’s presence doesn’t always remove the valley, but He is with us in it. How have you experienced God’s presence sustaining you during a hard season?
4. Practicing Presence – This week, how could you intentionally pause not just to ask God to “fix” something, but to invite Him into your current struggles or brokenness?
5. Prayers of Repentance – Psalm 51:10–12 is about transformation, not just forgiveness. Why do you think it’s important for repentance to become a rhythm in the Christian life instead of a last resort?
6. Living Repentance – What practical steps help you move from guilt into the refreshing joy of God’s forgiveness? (e.g., confession, accountability, Scripture, prayer)
7. Prayers of Praise – Psalm 145:1–7 shows us that praise lifts our eyes from problems to God’s greatness. How could starting your prayers with praise change the way you approach the rest of your prayer life this week?