



## Cultivating the Fruit of the Spirit—Spectrum 2019

We talk about the fruit of the Spirit, but do we know what it actually is? Even more importantly, do we know how to make it a part of our lives?

Any gardener will tell you that fruit needs certain conditions to grow. Like a Master Gardener, the Holy Spirit is at work cultivating the fruit of the Spirit in our lives. Our job is to allow it. We need to know how to abide in the vine. We

need to recognize and appreciate the pruning He does to eliminate anything that keeps us from bearing fruit. We need to welcome the sunlight as He examines our motives. The light may uncover our flaws, but it also brings us life. We need to grow deep roots that reach the rich nourishment our soul needs. We need to learn to welcome the rain.

Our next issue of Women's Spectrum will focus on cultivating the fruit of the Spirit in our lives. We're looking for personal stories, not devotionals!

- How have you seen the fruit lived out?
- How have you learned to abide in the vine?
- What kinds of cultivation are required for fruit to grow?
- Do certain types of cultivation help certain kinds of fruit?
- How do we make sure our fruit will last?
- Focus on one of the kinds of fruit
- Keys to cultivating Love
- Keys to cultivating Joy
- Keys to cultivating Peace
- Keys to cultivating Patience
- Keys to cultivating Kindness
- Keys to cultivating Goodness
- Keys to cultivating Faithfulness
- Keys to cultivating Gentleness
- Keys to cultivating Self-control

Articles should be submitted by January 31, 2019.

*WOMEN'S SPECTRUM*

Writer's Guidelines

## PURPOSE

*Women's Spectrum* is an annual magazine for Claris Fellowship women offering practical biblical encouragement and inspiration, while promoting community, cross-generational relationships, global vision and the application of biblical theology to daily life.

## READERS

*Women's Spectrum* readers are generally Claris Fellowship women, from new believers to seasoned ministry leaders. They represent a diverse demographic, including age, culture, ethnicity, life stages, location, and church expression.

## EDITORIAL NEEDS

We are looking for articles related to the specific theme of each issue that are personal, practical and transformational. The only qualification is life experience and a passion to write about it! Articles should be written in a comfortable, conversational tone, full of real-life anecdotes and appropriate emotion. We want to feel your heart as you share with us part of your spiritual journey or that of another sister in Christ whose life has touched your own. Don't worry about length. Share your story from your heart—we'll take care of the editing. We do reserve the right to edit articles as needed to fit the space available or to comply with the editorial standards of *Women's Spectrum*. We are also willing to consider submissions of poetry or short fiction.

## SUBMISSION REQUIREMENTS

1. Quoted material must be properly documented (source, publisher, date, and page numbers) along with permission verification and a photocopy of the original quote.
2. Statistics or factual information which the public would not normally know need to be properly documented along with a photocopy of the information.
3. Include Biblical reference and version when using Scripture in your article. For additional information regarding Scripture quotations, go to: <http://tinyurl.com/quote-bible>.
4. Include two blurbs or pull quotes that will quickly draw the reader into your article.
5. When possible include 1-3 bullet points of practical ideas, practical/quick tips, or personal application, suggestions, Web sites, books, further resources that apply to your article that can be placed in a sidebar. The sidebar provides helpful information that the reader will value.
6. Articles MUST be accompanied with a brief biography in order to be considered for submission. Your biography should only be a few sentences, telling us about your family, ministry involvement and special interests or passions.
7. Include a photo of yourself. You may also include photos related to the article. They MUST be high quality, digital photos taken at the highest resolution. If digital photos are unavailable, please mail us a good quality printed photo that can be scanned, along with a return address.

8. Include your name, mailing address (in order to receive your complimentary issue), email address and the name of your home church. This is NOT for publication, but for the purpose of contacting you regarding your article.
9. All submissions must be sent by email.
10. Submit articles as an attachment (MS Word preferred), NOT in the body of the email to: [Spectrum@wgusa.org](mailto:Spectrum@wgusa.org).

#### THE PROCESS

- All articles will be reviewed by the *Spectrum* Editorial Team.
- ALL submissions are appreciated, but not all submissions will be published. We are honored that you are willing to share your story with us and acknowledge the hard work and vulnerability behind each story we read.
- We will notify you by email upon receiving your submission as well as if your article is selected for publication.
- By submitting an article to *Women's Spectrum*, you are giving permission to the Editorial Team to make any changes we deem appropriate. However, if more than routine copy editing is necessary, we will notify you and allow you to review the changes before publication.
- By submitting an article to *Women's Spectrum*, you are also giving permission for your article to be archived and made available via our website.
- We are unable to provide financial compensation for your article; however, you will receive a complimentary copy of the issue in which your article appears.
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Thank you. We hope you are as blessed in the writing as we will be in the reading.

SEND ALL SUBMISSIONS TO:

[Spectrum@wgusa.org](mailto:Spectrum@wgusa.org)

FOR QUESTIONS CONTACT:

Viki Rife 574-551-8815