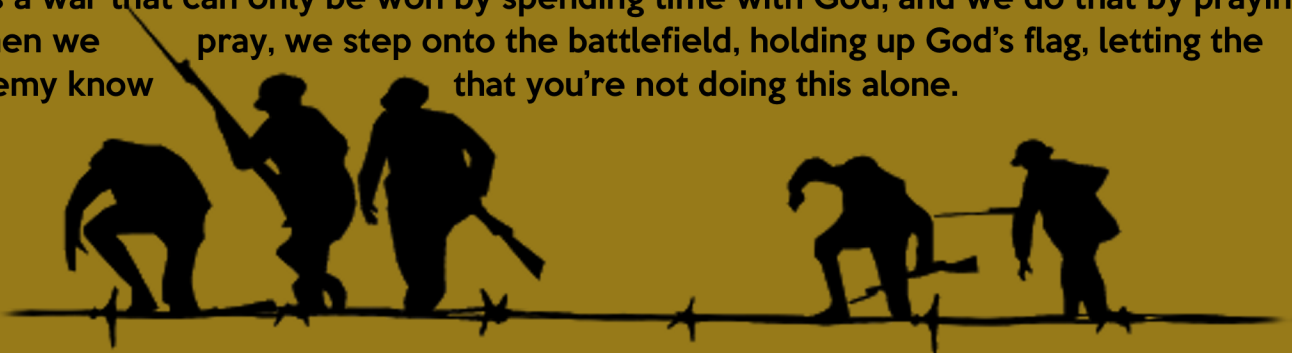


## 18 AND PRAY IN THE SPIRIT ON ALL OCCASIONS WITH ALL KINDS OF PRAYERS AND REQUESTS. EPHESIANS 6:18A

When you think of a battlefield, what do you imagine? You might picture a place where there is little grass, cracked ground, and smoke rising up in the distance. Or maybe you think of a large field, with two opposing armies facing each other, one in red, the other in blue, waiting for the signal to charge. But did you know that where you're standing or sitting right now is a battlefield?

There is a war going on inside of us, between our old way of life and God's way of life. It is a war that can only be won by spending time with God, and we do that by praying. When we pray, we step onto the battlefield, holding up God's flag, letting the enemy know that you're not doing this alone.



## “TRULY I TELL YOU, WHATEVER YOU BIND ON EARTH WILL BE BOUND IN HEAVEN, AND WHATEVER YOU LOOSE ON EARTH WILL BE LOOSED IN HEAVEN. MATTHEW 18:18

Everything Jesus did, he first conquered in prayer first. Before He went to the cross, He spent an agonizing night in prayer in the Garden of Gethsemane, wrestling with the feelings that didn't line up with His Father's Will. He asked God to take away the cross, but then said "Nevertheless, not my will, but Yours be done." Jesus struggled so much in that Garden that the sweat on his forehead was blood! Jesus did battle in prayer first, and then walked in the victory next.

We too must conquer all things in prayer first. When we ask for something in prayer, we are making a direct link between earth and heaven, and letting heaven into our lives. Things can change, because we've opened the door for change. If we want to see our lives change, and God's kingdom grow in our lives, and the things we struggle with defeated, then we must spend time in prayer. When we pray, things change!

**ACTION 1. CREATE YOUR OWN BOARD GAME! IT CAN BE ONE THAT ALREADY EXISTS OR YOU CAN MAKE A NEW ONE FROM SCRATCH!**  
**2. WHAT DO YOU WANT TO SEE CHANGE IN YOUR LIFE? CHALLENGE YOURSELF TO PRAY ABOUT IT EVERY DAY THIS WEEK.**