Young at Heart- Strong in Faith





SENIORS MINISTRY
Let's check out what we have planned!

MONTHLY CALENDAR
Check out the upcoming events in November. There is something for everyone Included is the November Advent Food Bank Calendar in support of the GBF.

NOVEMBER NEWSLETTER- A MONTH OF REMEMBRANCE

Every year on November 11, Canadians pause to observe **Remembrance Day**, a solemn and meaningful occasion where we honour the men and women who have served our country in times of war, military conflict, and peacekeeping missions. We remember those who made the ultimate sacrifce, those who returned home carrying a physical and emotional wounds, and those who continue to serve to protect the freedoms and peace we cherish.

The eleventh hour of the eleventh day of the eleventh month marks the moment the First World War armistice took effect in 1918. At 11:00 a.m., Canadian observe two minutes of silence, setting aside the busyness of everyday life to reflect, remember and give thanks. Across the country, ceremonies take place at cenotaphs, memorials, schools, churches, and community gatherings. Wreaths are laid, the Last Post is played, and the familiar red poppy is worn as a symbol of remembrance and gratitude.

But Remembrance Day is about more than remembering events recorded in history books. It is about remembering people- sons and daughters, mothers and father, brothers and sisters, neighbours and friends. They were ordinary people with hopes, dreams, and families who loved them. Some never returned home. Others came back forever changed by what they had experienced. Their stories remind us that the cost of war is measured not only in battles won or lost, but also in lives interrupted, families grieving, and generations carrying the memoris of sacrifice.

As we wear our red poppies, may we do more than simply observe a tradition. May we allow the poppy to remind us of our responsibility to build a world where compassion is stronger than hatred, understading is greater than prejudice, and peaceful conversation is chosen over violence. Remembrance calls us not only to look backward with gratitude, but also to look forward with hope and responsibility.

For people of faith, this day also invites us to pray for peace, to comfort those who grieve, and to remember that every human life is precious in the eyes of God. We can give thanks for the courage and service of those who defended others while acknowledging the terrible suffering that war brings. We can pray for veterans, for military families, for those who serve in dangerous places today, and for all people living the sacrifices made on our behalf.

May we never take our freedom for granted. And may we never forget that peace is not simply the absence of war; it is something we must nurture through justice, reconciliation and love.

On Remembrance Day, we remember the fallen, honour the living, give thanks for their service, and renew our commitment to peace. Lest we forget.

Rev. Maria Lallouet
Coordinator of Senior's Ministry



Special Days in the Month



Veteran's Week (Nov 2-8): Leading into Remembrance

November 11- A major national day honouring military service and sacrifice.



Men's Health awareness, including prostrate cancer and mental health





National health-focused observance. **World Diabetes Day (November 14)**



Recognized across Canada



Early November- focused on understanding Indigenous treaties

Educational programming nationwide





November 17, 2026



Royal Agricultural Winter Fair (Toronto)- One of Canada's largest agricultural events (early-mid November



"Greater love has no one than this, that someone lay down his life for his friends". John 15:13

Jesus: Son of Man



One of the most fascinating titles Jesus uses for himself in the Bible is **"the Son of Man"**. This title appears more than eighty times in the Gospels, and it carries a deep and beautiful meaning. At first, the title may seem puzzling. If Jesus is the Son of God, why does he call himself the Son of Man? The answer lies in understanding both his humanity and his divine mission.

First, **"Son of Man" reminds us that Jesus fully entered into the human experience.** He knew hunger, thirst, weariness, sorrow, loneliness, and pain. He laughed with friends, wept at the death of Lazarus, and felt the agony of suffering. Jesus was not distant from the struggles of ordinary people. He came among us, lived among us, and understood our human condition. In Jesus, we see a God who is not afraid to walk beside us in our joys and sorrows.

Second, the title has a powerful meaning in the Old Testament, particularly in Daniel 7:13-14. Daniel describes "one like a son of man" coming with the clouds of heaven, receiving authority, glory and an everlasting kingdom. This vision points towards a figure who would receive dominion from God. By using this title, Jesus connects his earthly ministry with God's greater purpose and his coming reign.

Interestingly, Jesus also uses the tiel when speaking about his sovering, death, resurrection, and future glory. In Mark 10:45, he declares that the Son of Man came not to be served but to serve and to give his life for others.

Perhaps the greatest wonder of this title is that Jesus reveals God's love by becoming one of us. He came not to rule through fear or power, but to serve, to heal, to forgive, and ultimately to give his life for the world. The Son of Man understands our humanity, shares our struggles, and offers us hope. In Jesus, heaven meets earth, and God's love becomes visible in a human life.





November Calendar 2026

DATES TO KNOW

- Sunday November 1, 2026- Worship Service @ 10:30am.
- Monday November 2, 2026- It's A Party Play Practice from 4:30pm to 6:00pm
- Friday November 6, 2026- Chair Chat @ 10:30am in Memory Hall with Rev. Maria
- Sunday November 8, 2026- Worship Service @ 10:30am.
- Monday November 9, 2026- It's A Play Practice from 4:30pm to 6:00pm
- Wednesday November 11, 2026-**REMEMBRANCE DAY.** Local Service at the Cenotaph in Grimsby.
- Friday November 13, 2026-Chair Chat @ 10:30am in Memory Hall with Rev. Maria
- Sunday November 15, 2026- Worship Service @ 10:30am.
- Monday November 16, 2026- It's A Play Practice from 4:30pm to 6:00pm
- Tuesday November 17, 2026- Session Meeting @ 1:00pm in Fellowship Room
- Friday November 20, 2026- Chair Chat @ 10:30am in Memory Hall with Rev. Maria. Lunch will be provided following chair chat.
- Sunday November 22. 2026- Worship Service @ 10:30am.
- Monday November 23, 2026- It's A Play Practice from 4:30pm to 6:00pm
- Sunday November 29, 2026- Worship Service @ 10:30am. First Sunday in Advent
- Sunday November 29, 2026- Families Together "Gingerbread" Event from 4pm to 6pm in Memory Hall
- Monday November 30, 2026- It's A Play Practice from 4:30pm to 6:00pm

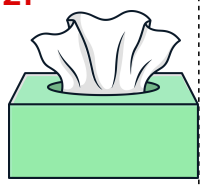
CONTACT INFO

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St. John's Presbyterian Church

NOVEMBER ADVENT FOOD DRIVE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 
2 	3 	4 	5 	6 	7 	8 
9 	10 	11 	12 	13 	14 	15 
16 	17 	18 	19 	20 	21 	22 
23 	24 	25 	26 	27 	28 	29 
30 						

Small gifts. Shared hope.

In support of the GBF Christmas Food Drive