

God is my strength



Talk About the Bible Story

Open the Bible together and read Mark 4:36-41 or watch the video together on the Parent Cue app.

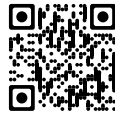
Engagement Questions

- What current situation in my life is hardest for me to trust God with?
- When I feel overwhelmed, do I turn toward God or try to control everything myself?
- How do my reactions to stress shape the way people around me understand trust in God?

Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code
to get started



Prayer

Dear God, when life feels overwhelming, help me remember that You are in control. Teach me to trust You instead of trying to control everything myself. Fill my heart with Your peace, and help me rely on You in every situation.

Weekly Parent Cues →

MEMORY VERSE

God is our place of safety. He gives us strength. He is always there to help us in times of trouble.
Psalm 46:1 NIV

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Engagement Questions

- Do I believe God is good even when He doesn't calm the "storm" the way I want?
- Where might God be growing something in me through a difficult season?
- How can I model peace and trust in a way people around me can actually see and learn from?

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Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day encourage them: “Today is a new day, and God is in control—He’s with you, and you can trust Him no matter what happens!”



Meal Time

At a meal this week, have everyone answer this question: “What is something good you saw today that reminds you God is taking care of you?”



Drive Time

While on the go, ask your kid: “What can you do when you start to feel worried or afraid?”



Bed Time

Pray for each other: “Jesus, when we feel afraid or overwhelmed, help us trust You. Remind us that You are in control and always with us.”

More Ways to Engage with Your Kid

Faith & Character Activities



Amazing Music



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day encourage them: “God is in control, He’s with you, and you can trust Him with whatever comes your way.”



Meal Time

At a meal this week, have everyone answer this question: “What is something in your life right now that you need to trust God with?”



Drive Time

While on the go, ask your kid: “When life feels overwhelming, do you try to control it, worry about it, or trust God with it?”



Bed Time

Pray for each other: “God, when life feels like a storm help us trust You. Give us peace when things feel out of control and remind us You are always with us.”

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