



Day of Prayer: Listening, Trusting, and Speaking with God

*“A season of silence is the best preparation for
speech with God.”*

— **Samuel Chadwick**

Welcome and Invitation

Today is not about rushing through prayers or finding
the perfect words.

It’s about drawing near to the God who already
knows you and loves you deeply.

Take your time. Be still. Listen. Speak honestly.
Let this guide serve as a *companion*—*not a
checklist*—as you pray under the gentle leading of
God’s Spirit.



HOPE
CHURCH

Reminders for Your Time with God

- Be yourself — God already knows your heart. Fancy words are not needed.
 - Be honest — Tell God how you're truly feeling.
 - Pray sitting, standing, kneeling, eyes open or closed — posture doesn't matter; presence does.
 - Reflect on the Scriptures and quotes slowly. Let them speak to you.
 - There is **no hurry** and **no set order**. Move as the Spirit leads.
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Quieting Our Minds and Hearts

“I always begin my prayer in silence, for it is in the silence of the heart that God speaks.”

— **Mother Teresa of Calcutta**

Take a few deep breaths.

Invite God to quiet your mind and heart.

Let go of distractions and rest in His presence.

Scripture:

“Let me hear of your unfailing love each morning, for I am trusting you.

Show me where to walk, for I give myself to you.”

— *Psalms 143:8 (NLT)*

Prompt:

What are you carrying into this time that you need to release into God’s hands?

Listening to God

“We do not pray to inform God. Neither do we pray to persuade Him, for His love needs neither to be induced nor coaxed.”

— **Samuel Chadwick**

Sit in stillness and listen.

Ask the Holy Spirit to bring thoughts, Scriptures, or impressions that reflect God’s heart.

Prompt:

What might God want to say to you today?



Praise and Adoration of God

“Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus.”

— 1 Thessalonians 5:16–18

Praise God for who He is — His love, His mercy, His power, His presence.

Thank Jesus for His grace and nearness.

Prompt:

What qualities of God stir awe or gratitude in your heart right now?

Confessing Our Sins

“Finally, I confessed all my sins to you and stopped trying to hide my guilt... and you forgave me! All my guilt is gone.”

— Psalm 32:5 (NLT)

Be honest with God.

Confess what you’ve done and what you’ve failed to do.

Allow His forgiveness to wash over you.

Prompt:

What in your life needs God’s grace today?

Where do you sense His gentle call to change direction?



Praying for Hope Church

“If my people who are called by my name will humble themselves and pray and seek my face... I will hear from heaven and will forgive their sins and restore their land.”

— 2 Chronicles 7:14

Pray that our church family would:

- Desire God above all else
- Hunger for His Word
- Walk in joyful obedience

Prompt:

Ask God to renew a spirit of unity, love, and purpose among His people.



Praying for the Global Church

Pray for believers everywhere to be strengthened, bold, and united in Jesus' mission.

Prompt:

Where do you see the Church bringing light into dark places?

How can you join in that mission?

Expressing Gratitude and Thanksgiving

“Give us today our daily bread.” — Matthew 6:11

“Do not be anxious about anything... and the peace of God... will guard your hearts.” —Philippians 4:6–7

Pause and thank God for His daily provision, His faithfulness, and His mercy.

Prompt:

What blessings—big or small—come to mind as you pause in gratitude?



Praying on Behalf of Others

“Any concern too small to be turned into a prayer is too small to be made into a burden.”

— **Corrie Ten Boom**

Lift up those who are on your heart:

- Loved ones seeking or distant from God
- Broken marriages
- Prodigal sons and daughters
- Those facing illness, loss, or new beginnings

Prompt:

Who needs to experience God’s hope, healing, or direction today?

Praying for Ourselves

“God will either give us what we ask for in prayer or give us what we would have asked for if we knew everything He knows.”

— **Tim Keller**

Pray for:

- Boldness of faith
- Courage to take your next spiritual step
- Opportunities to share God’s love with others

Prompt:

What step of faith or obedience is God inviting you to take?



Closing Reflection

“In prayer it is better to have a heart without words than words without a heart.” — John Bunyan

“Is prayer your steering wheel or your spare tire?” —

Corrie Ten Boom

“The function of prayer is not to influence God, but rather to change the nature of the one who prays.”

— **Søren Kierkegaard**

As you finish your time, rest in the peace of knowing you’ve been heard.

Let your day continue as an extension of your prayer — walking with God moment by moment.

Closing Prayer

Lord, thank You for hearing us — for meeting us in silence and speech alike.

Teach us to live every day aware of Your presence, dependent on Your Spirit, and confident in Your love.

May our prayers shape our hearts to look more like Yours.

Amen.
