

## Will the Retelling of My Life Story Be One of Faith or Fear

As we journey through life, each of us will face troubling times. There is no avoiding this reality for earth is not heaven. Now, I am not thinking about common annoying situations, but the industrial strength type. The ones with the power to freeze our heart with dread for they have the potential to alter all our tomorrows. What we decide to do at such times becomes our life story. Our life story is being written right now, faith or fear, victory or failure displayed for all to see. Make no mistake, these days will define our walk with Christ.

In Psalm 27:1, King David declared his wonderful confidence in time of trouble, 'The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid? We can all 'amen' his powerful declaration. Solid, fearless and full of faith!

Just like David, we want to stand for the Lord. To be honest, I discover in striving to live such a life is a serious battle. This struggle does not remove my Christianity but rather clearly reveals my humanity. Though saved, believers are still free to choose fretting over faith. There are times when we are all shaken within. Discouragement will visit our hearts. The determining question is, 'What will I do with my struggle?'

David experienced such a struggle. The same wonderful man who wrote Psalm 27:1 also penned Psalm 42:5a 'Why are you cast down O my soul? Why are you disquieted within me?' His soul was battling his spirit. He could not avoid this battle and neither can we. The victor of this battle will determine your life story.

David discovered that the enemy causing him to be shaken with discouragement was not the devil but himself. Shocking but true. Listen, before you can blame the infernal foe for your fears, be sure you deal first with your internal foe ~ yourself.

This battle of spirit over soul, faith over feelings, is an ongoing battle. David, on multiple occasions (Psalm 42:5, 42:11, 43:5) had to have a serious talk with himself. The reason for the ongoing struggle is because our soul runs on feelings and our spirit runs on faith. Our feelings, when confronted by fear without faith in Christ always leads to the paralysis of analysis.

So what did David do to rid himself of this stinken thinken? He had a serious talk with himself. Psalm 42:5 'Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him For the help of His countenance.' He spoke his faith to himself. He said, 'Soul, get in line, for my faith is in the Lord and not my feelings. I will praise Him no matter what. In my life story, God will get the glory.' There it is. Get a grip. No panics in heaven just plans!

### Prayer

Heavenly Father, I come today not to lift a panic prayer but to praise You. Help me O Lord that my life story will speak of Your faithfulness. Forgive me for allowing my soul to grow my fears. Help me to speak Your praise to those around me.

### Action Point

Love the Lord and others in ways that demonstrate the Lord can be trusted.

**Psalm 27:13 I would have lost heart, unless I had believed that I would see the goodness of the LORD In the land of the living.**