

NLA two-Pitch League

Please be sure that your team is ready and warmed up to start each game on time. Our goal is to be able to start all games on time (first game starting at 6pm) in order to have all games finish by 10pm.

Standard two pitch rules

- no sliding
- no lead off
- cross the line at home plate (DO NOT TOUCH HOME PLATE) – foot must be down over line
- commitment line (between third and home) once you cross it you are committed to home
- umpires or pitchers calls stand
- if you hit the pitching screen it is a foul ball
- you get two pitches only
- hit pitcher you are out
- no infield fly rule (don't take advantage of this)
- no steel cleats

NLA League Rules

- if you need a runner-you must make it to first base, then last out runs (if you make it to second no pinch runner)
- seven run maximum per inning-except for last inning it is unlimited
- unlimited home runs
- tie games stand (except playoffs)
- unsportsmanlike conduct will result in dismissal from game by your captain
- you must have seven players from your own team, otherwise it is a forfeit. (games can still be played out you just can't win)
- you must field at least two gals per inning if they are present. Must play at least two girls in lineup or both will be recorded as outs
- maximum of eight guys in the field
- gals can bat anywhere in the lineup
- pitcher calls play, catcher calls fair or foul, umpires will call playoffs.
- if you pick up a player you must okay it with opposing team captain.
There are no exceptions to this rule
- If it is a close play, call the play against your team (this alleviates disputes)

Thank you so much for being part of this league!