

**MONDAY SCHEDULE**

2:00 – 5:00 Check-In and Settle-In  
Dinner

7:00 p.m. Welcome, Greetings and Introduction to the Retreat

8:00 p.m. Compline and entering the Grand Silence

**TUESDAY, WEDNESDAY, THURSDAY SCHEDULE**

7:00 Morning Meditation Office of Terce  
Breakfast

8:45 Conversation 1  
9:05 Conversation 2  
9:25 Conversation 3  
9:45 Conversation 4

10:15 Presentation - Kathleen Weller  
10:45 Walking Meditation  
11:00 Group Meditation  
Lunch

2:15 Walking Meditation  
2:30 Group Meditation Office of None  
[2:15 and 2:30 events are optional]

5:00 Presentation - Gene Bebeau  
5:30 Contemplative Communion  
Dinner

7:00 p.m. Office of Compline

**FRIDAY SCHEDULE**

7:00 Morning Meditation Office of Terce  
Breakfast

10:15 Closing of Retreat – Breaking Silence  
10:45 Packing to go home  
11:30 Closing Worship  
Lunch and Departing

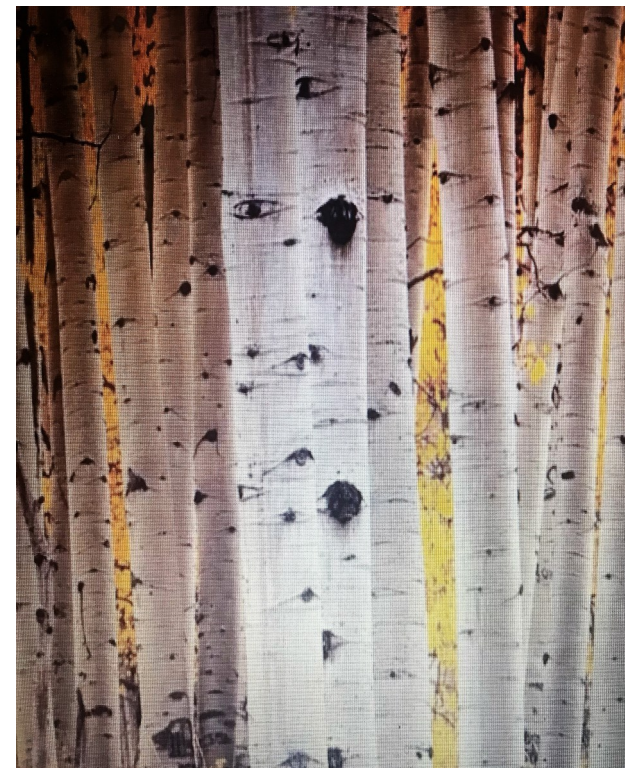
**PRESENTERS FOR THE RETREAT**

Gene Bebeau is the Director of the School for WCCM worldwide. Previously, he was the Director of WCCM-USA. Gene is a long time meditator, and an Oblate of WCCM. He is a practicing anesthesiologist in Jacksonville, FL.

Kathleen Weller is a Presbyterian Minister, a Benedictine Oblate of St. John's Abbey and a Spiritual Director. She has been involved in learning, practicing and teaching Christian meditation since 2011, when she attended her first John Main Seminar in Cork, Ireland



**A MEDITATION RETREAT  
NOVEMBER 5 - 9, 2018**



Join Peace River Spirituality Center @ Pine Shores and WCCM for a week of solitude, silence and reflection at St. Leo's Monastery.

Name: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Cell #: \_\_\_\_\_  
 Emergency Contact Name and Phone  
 \_\_\_\_\_  
 \_\_\_\_\_

We have a limited number of both Single and shared rooms for the week which will be assigned on a first come first served basis. Register Early.  
 \_\_\_\_\_ Single Room .....\$465.  
 \_\_\_\_\_ Shared Room ..... \$415.

The cost of the retreat includes overnight lodging, all retreat materials, meals (beginning with dinner on Monday and concluding with lunch on Friday). There is not an option for special diets.

Your deposit of \$115.00 is due with your registration and is non-refundable.

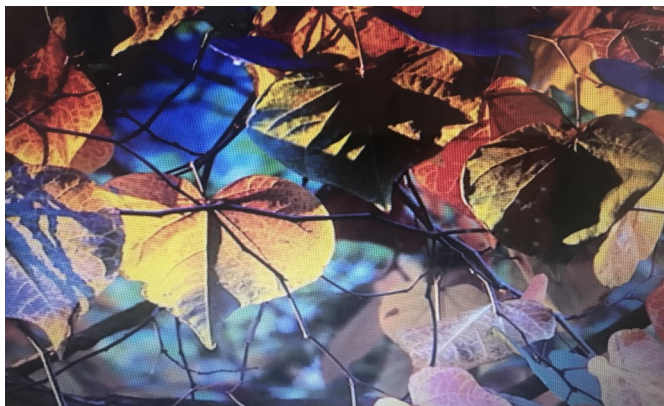
Balance is due October 15th. Only completed registration forms with payment assures registration.

Please make checks payable to:  
 Peace River Spirituality Center  
 6114 Crestwood Drive  
 Sarasota, FL 34231

How can we become a community you may wonder, when we don't speak to one another? Our community is built on our joint silence. When honoring the sacred in one another through silence, the bond between us strengthens. When two or more people on a silent retreat continue in conversation, their bond strengthens, but it takes away from the bond of the community. That is why we are invited to agree to these simple norms:

1. I will participate in this community by my silence.
2. I will participate in this community by being present at each group meeting.
3. I will participate in this community by disengaging from emails and social media.
4. I will participate in this community by being on time.

“PRESENCE IS PRESENCE”



This is the third retreat in which PINE SHORES PRESBYTERIAN CHURCH has partnered with the World Community for Christian Meditation.

Around the world, thousands of meditation groups meet weekly to share in the teachings of John Main, OSB in the practice of silent prayer. Annually there is a gathering of this international community for teaching and practice called The John Main Seminar.

Current Director of WCCM, Laurence Freeman, OSB travels far and wide leading retreats, conversations and conferences. He can be found on remote Bere Island in Holy week and at bustling Georgetown University teaching meditation to business school students.

PEACE RIVER SPIRITUALITY @  
 PINE SHORES  
 PRESBYTERIAN CHURCH

Monday Morning Meditation 11:00 am  
 Sunday: Contemplative Worship 8:00 am  
 Email: thecelticmonk@att.net  
 Office phone 941-922-1597 ext. 108  
 6114 Crestwood Dr. Sarasota, FL 34231

peacerriverspirituality@blogspot.com  
 Find us on Facebook @ Peace River Spirituality