

SERIES: CHOOSE JOY!!! Part 6 - REJOICE WITH ALL THAT YOU ARE! (Psalm 16:9-11)

(Introduction) Today we are completing our series in Psalm 16...but I hope we are not concluding our **"CHOOSING JOY!"** As I have shared each week, Psalm 16 is a Messianic and Prophetic psalm about Jesus. David is writing, but he writes about Christ as though Jesus is speaking.

The **Verse 9** of our text today has been our focal or theme verse for the entire series. We will read it in a moment, but it is speaking of Jesus, looking toward the Cross, with a glad heart and rejoicing in His whole being.

In **verses 9-11** Jesus **rejoices with His whole being...Jesus rejoices with ALL THAT HE IS**, even at the prospect of the coming cross. **We too BECAUSE OF JESUS...SHOULD INTENTIONALLY REJOICE WITH ALL THAT WE ARE!** *We should intentionally rejoice because of Jesus and His Cross, which paid for our sin! We should intentionally rejoice because of the resurrection of Jesus! We should intentionally rejoice because through faith in Christ, one day we can experience fullness of joy in God's presence! We should intentionally rejoice because for the Christian, there are eternal pleasures awaiting beyond this life!* **All of these things are addressed in Psalm 16:9-11. Psalms 16:9-11 - 9 Therefore my heart is glad, and my whole being rejoices; my flesh also dwells secure. 10 For You will not abandon my soul to Sheol, or let Your holy one see corruption. 11 You make known to me the path of life; in Your presence there is fullness of joy; at Your right hand are pleasures forevermore. ESV**

So today let's make **three more considerations** as to why we who are Christians should intentionally choose joy...

1. CONSIDER THIS - JESUS REJOICED EVEN WHEN LOOKING TOWARD THE CROSS.

Psalms 16:9 - Therefore my heart is glad, and my whole being rejoices; my flesh also dwells secure. ESV

Remember this is a Messianic and Prophetic Psalm. We are to consider this as Jesus speaking...or as David writing about Christ and not referring to himself. When considering **verses 10-11**, which is applied to Jesus by both Peter and Paul in the New Testament (as we will see in a few minutes), **Verse 9 takes on a deep and profound meaning!** As I have already said in this series, **Verse 9 is Jesus looking toward the Cross prophetically. EVEN WITH THE CROSS IN THE FUTURE FOR CHRIST, HE COULD LOOK THROUGH TIME WITH A GLAD HEART AND REJOICE!**

- **Notice the "Glad Heart" of Jesus!** **"Therefore my heart is glad,..."**. **"Therefore"** - set upright, rightly so, just. (**"Therefore"** points back to what has previously been written in Psalm 16...and to what is to follow in **verses 10-11**.) **"heart"** - heart, figurative for the feelings, will, intellect; the very center of who you are. **"glad"** - brightened up, gleesome. How could Christ, **consider the coming Cross**, and with **His heart, His feelings, His will, His intellect and the very center of all He was**, rejoice??? How could Jesus be glad...brightened up, even gleesome as He looked toward the Cross? **How could Christ look through time toward the Cross and and consider the Cross as something "set upright and rightly so?"** Or **"Just"???** **We have already seen the answer to this dilemma in this series, but look at it again - Hebrews 12:2 - "...looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God."** **ESV.** Jesus could have a **"glad heart"** because **He knew what His suffering on the cross would accomplish!** Thus Christ, **FOR THE JOY** set before Him, endured the cross! Through His Cross Jesus would purchase eternal redemption for all who trust in Him and the His Gospel! It was the **"set upright, and rightly so thing to do!"** It was the **"just"** thing to do...God in His Righteous Justice providing for lost sinners what they could never provide for themselves...eternal salvation!!!
- **Notice Jesus "Rejoicing" with All that He Is!** **"...and my whole being rejoices;..."**. **"whole being"** - glory; weight; to make weighty; splendor. **"rejoices"** - to spin around, under the influence of emotion, usually rejoicing. **Once again, remember this is Jesus looking toward the Cross!** And yet He could say, **"my whole being rejoices!"** **With all that Jesus is...with His glory...with the full weight of Who Jesus is...in all of His splendor...JESUS COULD LOOK AT THE CROSS AND REJOICE WITH ALL THAT HE IS!** **Consider Jesus having full knowledge of the coming Cross!** Being God, Jesus knew fully about the Cross. But also consider Jesus being the God-Man once He came incarnated in the flesh. The **sacrificial system of His day** at the Temple all pointed to Jesus! **Every lamb sacrificed** was a picture of Him. **Every Day of Atonement** was about Jesus! And then consider the **Roman government would executing criminals...anytime Jesus saw a crucifixion, He knew what awaited Him!!! AND YET CHRIST REJOICES WITH ALL THAT HE IS...WITH HIS WHOLE BEING!**

- **Notice the “Secure” Confidence of Jesus!** **“...my flesh also dwells secure.”** **“flesh”** - body, person; root word - to announce glad news; even to preach. **The very body of Jesus...both at His birth and through His Cross...announces GLAD NEWS...even preaches it!** **“dwells secure”** - idea of lodging; residing, permanently staying / a place of refuge; the fact of security and the feeling of trust. **Jesus speaking and His suffering upon the Cross is still in view...AND YET HE SAYS, “...my flesh also dwells secure.”** (Some scholars believe this is a reference to the sealed and guarded tomb... however I don't think because of the meaning of “dwell secure.”) **Jesus had “secure confidence” that even His beaten and crucified body would “dwell secure”...have a permanent residing...a permanent secure refuge in the Father's will and plan! Jesus had the “fact of security” and the “feeling of trust” of being secure in the Father's purpose and plan! AND WE WILL SEE WHY IN VERSE 10!**

But for now consider this: **SINCE JESUS REJOICED WITH HIS WHOLE BEING AS HE CONSIDERED THE CROSS...WE SHOULD INTENTIONALLY “CHOOSE JOY” AND REJOICE... NO MATTER WHAT WE ARE FACING!** We can have **“glad hearts” in the Father's will!** We can **rejoice “with all that we are,” in the Father's will!** We can have a **“secure confidence” in the Father's will!**

2. CONSIDER THIS - JESUS PLACED **FULL TRUST** IN THE FATHER'S PLAN.

Yes...Jesus is God...so the Cross was His Plan also. **But Jesus is also the God-Man, and in His humanity wrestled with what awaited Him on the Cross. He had a real body that would suffer. He had a real body that would be sealed in a tomb. And with the full knowledge of what awaited Him, Jesus dealt with strong emotions when He was in Gethsemane.** Thus Psalm 16:10 gives us great insights into the “full trust” God the Son had in God the Father's plan of redemption!

Psalms 16:10 - *For You will not abandon my soul to Sheol, or let Your holy one see corruption.* **ESV**

“For” - implies cause. **“will not abandon”** - no / loosen; relinquish; leave. **“my soul to Sheol”** - my breath; my soul / grave; “hades”; the realm of the dead. **“or let your holy one see corruption”** - to give with the greatest latitude / kind, religiously pious, merciful one, holy one (here a direct reference to Christ) / to see, a pit; a trap; destruction. **God will not abandon the body of Jesus to the grave! God will not give His body to the destruction of corruption!**

These words are not written of David himself. His body was buried and saw corruption! THESE WORDS ARE ABOUT CHRIST!

- **Peter in his sermon on Pentecost attributed these words of Psalm 16 to Jesus - Acts 2:25-28 -** *For David says concerning him, “I saw the Lord always before me, for he is at my right hand that I may not be shaken; therefore my heart was glad, and my tongue rejoiced; my flesh also will dwell in hope. For you will not abandon my soul to Hades, or let your Holy One see corruption. You have made known to me the paths of life; you will make me full of gladness with your presence.”* **ESV.**
- **The Apostle Paul attributed these words to Jesus - Acts 13:32-40 -** *And we bring you the good news that what God promised to the fathers, this he has fulfilled to us their children by raising Jesus, as also it is written in the second Psalm, “You are my Son, today I have begotten you.” And as for the fact that he raised him from the dead, no more to return to corruption, he has spoken in this way, “I will give you the holy and sure blessings of David.” Therefore he says also in another psalm, “You will not let your Holy One see corruption.” For David, after he had served the purpose of God in his own generation, fell asleep and was laid with his fathers and saw corruption, but He whom God raised up did not see corruption. Let it be known to you therefore, brothers, that through this man forgiveness of sins is proclaimed to you, and by Him everyone who believes is freed from everything from which you could not be freed by the law of Moses.* **ESV**

Attach these words to the reason why David wrote of Christ in **Verse 9 - “my flesh also dwells secure!”** **JESUS WAS FULLY SECURE AND PLACED TOTAL TRUST IN THE FATHER'S PLAN! JESUS KNEW THAT REDEMPTION WOULD BE FOREVER PURCHASED AT THE CROSS! JESUS KNEW THE FATHER WOULD NOT ABANDON HIM, LOOSEN, RELINQUISH, LEAVE OR PERMIT HIM TO BE LEFT IN THE GRAVE! JESUS KNEW THE FATHER WOULD NOT ALLOW HIS HOLY SON...THE HOLY ONE...EXPERIENCE CORRUPTION OR DECAY IN HIS BODY! JESUS SO MUCH TRUSTED THE FATHER'S PLAN HE WILLINGLY WENT TO THE CROSS! WHEN CHRIST COULD HAVE CALLED LEGIONS OF ANGELS TO DELIVER HIM FROM THE CROSS...HE DID NOT! WHEN CHRIST COULD HAVE FLED THE CROSS, HE DID NOT! JESUS FULLY TRUSTED**

THE FATHER'S PLAN OF REDEMPTION TO THE POINT OF ALLOWING HIMSELF TO BE CRUELY BEATEN, CRUCIFIED, AND BURIED. WHY? JESUS FULLY TRUSTED THE FATHER'S PLAN!

BECAUSE JESUS SO FULLY TRUSTED THE FATHER'S PLAN...SO WE SHOULD ALSO FULLY TRUST GOD THE FATHER!

- If you are a Christian, **HE WILL NEVER ABANDON YOU!** **Hebrews 13:5b-6** - "...for he has said, "I will never leave you nor forsake you." 6 So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?" **ESV. (Quoted from Deuteronomy 31:6 and 8)**
- **The GRAVE WILL NEVER FULLY HOLD YOU! YOUR BURIED BODY WILL SEE CORRUPTION...BUT IT WILL BE RAISED INCORRUPTIBLE!!!** **1 Corinthians 15:53-55** - For this corruptible must put on incorruption, and this mortal must put on immortality. So when this corruptible shall have put on incorruption, and this mortal shall have put on immortality, then shall be brought to pass the saying that is written, **Death is swallowed up in victory. O death, where is thy sting? O grave, where is thy victory? (KJV)**

WHY NOT FULLY TRUST THE FATHER'S PLAN AND REJOICE...CHOOSE JOY...NO MATTER WHAT YOU ARE FACING??? He who did not abandon His Son, if you trust in His Son, He will neither abandon you!

3. CONSIDER THIS - JESUS KNEW WHATEVER HE FACED IN THIS WORLD WOULD BE WORTH IT ALL!

Jesus knew neither the Cross or the Grave would win. Whatever Jesus would face as He purchased Eternal Redemption, **WOULD BE WORTH IT ALL!**

Psalms 16:11 - You make known to me the path of life; in Your presence there is fullness of joy; at Your right hand are pleasures forevermore. **ESV**

- Jesus Would Be **Raised to Life!** **"You make known to me the path of life;..."**. **"You make known to me"** - You; to know or ascertain by seeing. **"the path of life"** - the well trodden road / fresh; strong; life or living thing. Jesus could look ahead to the cross, but also ahead to His victorious resurrection!!! Thus Jesus could rejoice with His whole being!
- Jesus Would Once Again Experience **Full Joy** in the Father's Presence! **"...in Your presence there is fullness of joy;..."**. **"in Your presence"** - before Your face. **"there is fullness of joy"** - satisfaction of food (figuratively joy); root word - to fill to the point of satisfaction / blithesomeness; glee. Jesus could also look ahead, **past the cross...past all of His suffering...even past His resurrection** and know **He would ascend and return to the Father's presence. THERE JESUS KNEW HE WOULD HAVE FULL JOY! Why full joy? BECAUSE HE HAD GLORIFIED THE FATHER! BUT ALSO BECAUSE HE HAD REDEEMED ALL WHO WOULD TRUST IN HIM! ONE DAY, IN THE PRESENCE OF BOTH JESUS AND THE FATHER...JESUS WILL HAVE FULLNESS OF JOY AS HE BEHOLDS HIS BRIDE...AS A MARRIAGE SUPPER TAKES PLACE...JESUS WILL HAVE THOSE WHO LOVED AND DIED FOR IN HIS PRESENCE FOREVER!**
- Jesus Knew the **Eternal Pleasures** with the Father make His Suffering Worth It! **"...at Your right hand are pleasures forevermore."** **"at your right hand"** - the right hand or side, as the stronger or more dexterous; root word - to be. **"are pleasures forevermore"** - a goal; the bright object in the distance traveled towards; splendor; root word - to glitter from afar. **JESUS HAD ALREADY EXPERIENCED THE PLEASURES AT THE RIGHT HAND OF GOD THE FATHER (because Jesus is the 2nd Person of the Triune God)! Now Jesus looks ahead here in Psalm 16, past the cross, past the tomb, past the resurrection, and even past the ascension...to the "forevermore pleasures" at the Father's right hand! All of His suffering will be worth it all! The FULLY OBEDIENT SON RETURNS TO HIS RIGHTFUL PLACE AT THE RIGHT HAND OF THE FATHER! Yes He became flesh! Yes He experienced hunger, thirst, rejection, betrayal, rejection, and intense suffering...BUT IT WILL BE WORTH IT ALL! THE PAIN OF THIS WORLD WILL BE REPLACED FOREVER WITH ETERNAL PLEASURES!**

(Conclusion) WHAT IS THE APPLICATION OF ALL THIS FOR US???

- Jesus rejoiced even when considering His suffering on the cross...thus we should learn to rejoice in our circumstances that are part of the Father's will for us!
- Jesus fully trusted in the Father's plan...and we should also fully trust God...trust His word, obey His will...and by doing so increase our joy.

4 of 4

- Jesus knew whatever He faced in this life would be worth it all! So let us choose to follow Jesus and focus upon the Eternal instead of the Temporal! **By trusting in Jesus Christ...we too have the PATH OF LIFE MADE KNOW TO US...both now and through the resurrection one day! Through faith in Jesus, we also will experience FULLNESS OF JOY IN THE FATHER'S PRESENCE...and the fullness of joy WHEN WE SEE JESUS FACE TO FACE! Through faith in Christ...the "PLEASURES FOREVERMORE" OF THE NEW HEAVEN AND NEW EARTH WILL MAKE US FOREVER FORGET THE PAIN, THE ISSUES AND CIRCUMSTANCES OF THIS WORLD!!! BECAUSE OF JESUS, there is a goal ahead of us...there is a "bright object in the distance" that draws us homeward...there is splendor awaiting us...and it "glitters from afar" even now! SO LET US CHOOSE JOY!**

JESUS LOOKED BEYOND HIS SUFFERING...HE LOOKED BEYOND THIS LIFE...TO BEING IN THE PRESENCE OF HIS FATHER AND THE FULNESS OF JOY THAT IS THERE...THE ETERNAL PLEASURES THERE! WE TOO, AS FOLLOWERS OF CHRIST, MUST LEARN TO LOOK BEYOND OUR SUFFERINGS, OUR TRIALS, OUR SORROWS...TO LOOK BEYOND THIS LIFE AND FOCUS UPON THE FULNESS OF JOY AND THE ETERNAL PLEASURES IN THE PRESENCE OF THE FATHER...IN THE PRESENCE OF CHRIST! WE CAN TURN OUR FOCUS TO OUR ETERNAL FUTURE AND "CHOOSE JOY!"