

OUR HEARTBEAT

LIVING LOCALLY:

On Saturday, September 29, a group of our church leaders attended a workshop at Holy Spirit Lutheran Church in Kirkland. We spent the morning learning about “Thriving in Change: Experimenting Our Way Forward.” The workshop was led by Rev. David Hahn (guest preacher on October 21). This was an ecumenical opportunity with churches from across the Puget Sound area that are all working to better reach our neighbors and remain relevant. Churches involved included Kent Lutheran church and several churches from the City of Renton. One of the major take-aways for myself was not being afraid of our own barriers to change. We all know that barriers are a part of life. There are many reasons for the barriers that we experience (examples are a physical building barrier, a governance barrier, staffing barriers, worship times, historical expectations, etc). There are limitless amounts of barriers that can get in the way of doing the work we feel like we are being called to participate in. It is important as Christians to not get overwhelmed by the barriers that exist but to instead acknowledge them and actively chip away, keeping them from holding us back.

As we look toward the future we must critically examine practices that might be keeping us from doing God's work. I look to Philippians 4:6-8 when I need strength:

6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

- * THE HEARTBEAT IS PUBLISHED EACH MONTH
- * THE HEARTBEAT DEADLINE IS THE SAME DAY AS MONTHLY PROGRAM CABINET MEETING
- * SUBMISSIONS FOR THE HEARTBEAT CAN BE SENT TO:
FCKKENT@KENTDISCIPLES.ORG
- * THE HEARTBEAT IS DISTRIBUTED VIA EMAIL ALONG WITH THE MONTHLY CALENDAR
- * IF YOU'D LIKE THE HEARTBEAT MAILED DIRECTLY VIA FIRST-CLASS MAIL, THEN PLEASE CONTACT THE CHURCH OFFICE (INVOLVES A POSTAGE FEE)

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JOIN US FOR WORSHIP
SUNDAYS @ 10am
Nursery is Provided!

STEPPIN' IN

Every Sunday

Adult Bible Study
8:30 a.m.
Worship
10:00 a.m.

Every Wednesday

Bible Study
10:00 a.m.
Pizza for Everybody
6:00 p.m.
First Friends ALL !N
Karate
Homework Club
6:30 p.m.
Choir
7:00 p.m.

Every Thursday

Meditation Group
7:00 p.m.

Thursday, November 1
Early Birds at Shari's ~ 8 a.m.

Saturday, November 3
Hand and Foot Group ~ 6 p.m.

Sunday, November 4
DAYLIGHT SAVINGS
Pledge Potluck ~ 11:30 a.m.
EvenSong ~ 5 p.m.

Tuesday, November 6
Women's Breakfast
@ Shari's ~ 9 a.m.
Mary Martha Quilting ~ 11 a.m.

Saturday, November 10
Elders Meeting ~ 8 a.m.

Monday, November 12
VETERAN'S DAY ~ Office Closed

Tuesday, November 13
Executive Team Mtg ~ 6 p.m.
Program Cabinet
AND
HEARTBEAT DEADLINE ~ 7 p.m.

Saturday, November 17
Pinochle ~ 6:00 p.m.

Tuesday, November 20
Mary Martha Quilting ~ 11 a.m.

Thursday, November 22
THANKSGIVING

Tuesday, November 27
Governing Board Mtg ~ 7 p.m.

WOW—WOMEN OF WISDOM

The WOW December luncheon will be on a Saturday, December 1—this is our Annual Christmas Brunch. Please plan to join us!

~Teri Riordan, Disciple Women, Chair

“COMMITMENT SUNDAY” POTLUCK FELLOWSHIP

SUNDAY, NOVEMBER 4
FOLLOWING WORSHIP

JOIN OUR BREAKFAST FELLOWSHIPS

“EARLY BIRDS” MEN'S BREAKFAST

The men of the church met October 4, 2018 for the Early Birds Breakfast. Those in attendance were Dean Jacot, Roy Smith, Paul Luke, Jim Osness, Jim Aeschliman, Steve Riordan, Ken Wiley, Frank Osness, and Jerry Lindsey. All the men in the church are invited to the next breakfast meeting on November 1 at the Lake Meridian Shari's.

WOMEN'S BREAKFAST

The following ladies were at breakfast on October 2, 2018—Karen Alliston, Dorothy Connacher, Roberta Richardson, Betty Shepard, Teri Riordan, and Marlyce Osness. Please join us on November 6 at the Lake Meridian Shari's for the next opportunity to share food and conversation.

LIVING LOCALLY (CONTINUED FROM FRONT PAGE...)

Please consider joining us for our next workshop that will be taking place on Saturday, February 2, in Burien at Glendale Lutheran Church. We hope to learn from each other through conversation and experience.

Two new experiences that we hope each of you will consider participating in:

- **First Friends on Wednesday evenings.** We invite everyone to this inter-generational evening of pizza, activities and worship. We have opportunities for karate, homework tutoring for kids, and faith-based activities for all ages. Come join this great community on Wednesday nights from 6-7:30PM
- **First Sunday Nights!** EvenSong is on the first Sunday night of each month. Evensong is a contemplative worship experience that begins at 5PM.

Blessings to each of
you,
Nicole



SATURDAY 10/27
From 6 to 8 pm

On October 27th, First Christian Church of Kent will host a Halloween event with a little bit of spooky and lots of fun!

There will be a bounce house, lots of games and plenty of treats. The invitation is to all families with children up through 6th grade. **YOU ARE INVITED!** Our welcome includes our congregation, all the groups who use our building, and those all around our neighborhood. Please invite a friend and join the fun!

Put this date on your calendar: Saturday, October 27th from 6:00 to 8:00 P.M.

The Community Ministry Team will be needing volunteer helpers who can join the fun by leading a game, serving at the welcome desk or the refreshment table, being a bouncy house attendant, or helping with decorations or clean-up. Another way to help is to provide Halloween cookies or apple juice for our guests.

If you already know how you want to help you can talk to Bonnie Hobson, the Leyerlys, Richardsons, or Shepards. Everybody will have fun!

SOME MORE IMPORTANT STUFF...

THANK YOU FOR SERVING IN NOVEMBER

SUNDAY SCRIPTURE READERS

11/4	Carinne Sulaiman
11/11	Judy Briggs
11/18	Allan Loken
11/25	Karen Alliston

DIACONATE:

Mary Genna, Chair
Debbie Pozzi
Colleen McMeen
Jim Osness

SACRISTY:

Jerry Delo, Deacon

SUNDAY WORSHIP ELDERS:

11/4	Linda Elliott
11/11	Nicole Lee
11/18	Betty Shepard
11/25	Chris McMeen

ELDERS BREAKFAST (November 10, 2018)

Betty Shepard
Margaret Luke
Julie Delo



“Commitment Sunday” Potluck Fellowship

Sunday, November 4 @ 11:30am

BIRTHDAYS

Ron Kistler	11/03
Barbara Cain	11/05
Daniel Korpe	11/05
Tim Culler	11/07
Izabella Schaaf	11/07
Colin Raymond	11/10
Eleanor Lee	11/11
Jada Leonard	11/11
Judy Briggs	11/12
Sung Fitzgerald	11/13
Jim Aeschliman	11/14
Brenda Barnes	11/14
William Barnes	11/16
Zona McMahon	11/20
Alfred Chol	11/24
Kevin O’Connell	11/26
Aimee Forth	11/28
Gary Laverty	11/29

ANNIVERSARIES

Tom & Chris Medhurst	11/02
Derek & Emily Ollum	11/02
Angel & Lisa Vanegas	11/06
Len & Linda Elliott	11/22
Dan & Lesley Aeschliman	11/23
Richard & Rebecca Van Slyck	11/25
Anthony & Margaret Huber	11/27

LOVING GOD. LOVING NEIGHBORS.

CROP HUNGER WALK FOLLOW-UP

Thank you to all the volunteers who put in their time and energy to make the 26th Annual Crop Hunger Walk this year a HUGE success. All our walkers, sponsors, and our crop walk planning team.

Our total walk raised \$26,604 so far, which is the largest amount we've ever brought in as a Kent community. A wonderful tribute in honor of Dave Turner, Jack Becvar and Jacob Lopez. There is still some money coming in too. It isn't too late to donate!

Here is a breakdown of the teams:

Kent First Christian - \$12,780 (half of this is Nancy Turner's family & friends)

Kent United Methodist - \$5,022

Kent Unity - \$2,185

Holy Spirit - \$1,872

Kent Lutheran - \$1,542

St. John the Baptist - \$1,195

St. Columba's Episcopal - \$0

What a great job everyone did! Thank you all so much! This means that Church World Service has the means to bring food and water to those in need throughout the world. Also, 25% of the total funds (\$26,604) stays in Kent, which amounts to \$6,651. These local funds will be divided between Kent Community Supper, H.O.M.E., and KentHOPE.



OUR MISSION

1. *To invite people into a loving relationship with God through Jesus Christ;*
2. *To care for each other as children of God;*
3. *To build believers into disciples of Jesus Christ;*
4. *To send disciples of Jesus Christ into ministry.*

THANKS TO YOUR GENEROUS GIVING,
THE OUTREACH TEAM PRAYERFULLY
AND JOYFULLY DESIGNATED THESE FINANCIAL GIFTS:

\$500—Kent Food Bank, preferably food for the homeless
\$500—Catholic Community Service
\$600—YWCA for Thanksgiving & Christmas gifts
\$100—Bread of Life Mission
\$1000—Kent Hope via Union Gospel Mission
\$2500—Vine Maple Place
\$500—Vine Maple Place gas/food gift cards
\$4000—Week of Compassion:
 [\$2000—to Indonesian relief]
 [\$1000—to Porta Rico relief]
 [\$1000—for general relief]



AND WE KEEP IN OUR HEARTS AND PRAYERS

Our Homebound—Shirley Brunk, Vera Dean Domitz, Kathleen Harr, Elaine Hinze, Elsie Horner, Shirley (Rigg) Klein, Bev Kramlich, Zona McMahon, Marie Neifert, Jeanne Pearson, and Pauline Painter.

Those Serving Our Country—Captain Ryan & Rachel Gifford, 2nd Lt Eli McMeen, and Major Douglas & Deborah Shores.

And Don't Forget—Our Pastor Search Team, Our Church Leaders, Our Community, and Our Friends.

OUR CHURCH STAFF

Eyde Mabanglo
Transitional (Interim) Pastor

Kaelee Bolme
Director of Music Ministry

Dan Lenhart
Custodian

Karin Roney
Temp Administrative Assistant

Rachelle Brunet
Nursery Coordinator

First Christian Church of Kent

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