

NOVEMBER 2026

- * THE HEARTBEAT IS PUBLISHED EACH MONTH
- * THE HEARTBEAT DEADLINE IS THE SAME DAY AS MONTHLY PROGRAM CABINET MEETING
- * SUBMISSIONS FOR THE HEARTBEAT CAN BE SENT TO:
* fcckent@Kentdisciples.org and officeangel@Kentdisciples.org
- * THE HEARTBEAT IS DISTRIBUTED VIA EMAIL ALONG WITH THE MONTHLY CALENDAR
- * IF YOU'D LIKE THE HEARTBEAT MAILED DIRECTLY VIA FIRST-CLASS MAIL, THEN PLEASE CONTACT THE CHURCH OFFICE (INVOLVES A POSTAGE FEE)

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JOIN US FOR WORSHIP VIA
ZOOM OR IN PERSON

SUNDAYS @ 10am

OUR HEARTBEAT

From the Pastor

Stop and smell the roses is a phrase that I've always understood, but never in my gut. I grew up with roses, and they didn't smell great nor did they look great and my only interaction with them was pruning from which I invariably ended up with a cut or two from the thorns. Why would one want to stop and smell them? Well, you don't stop and smell them for their sake, but for yours. Jesus in His ministry as it is remembered by His Disciples, took time to smell the roses. He took time to slow down. I don't mean on the long walks from one place to another, or that it was a slower pace than today. But after great exertion, or a lengthy period of work, Jesus took the time to slow His own pace, taking time for his own spirit.

After preaching to the crowds from the boat and feeding the thousands that had gathered, Jesus took one such break. He sent his disciples ahead to the place that they were going, while Jesus went up a mountain to pray. He needed to pray, to stop and experience something far sweeter than roses, peace.

This is not the first time, nor is it the last time that Jesus went away to pray, to find peace, to be with God. If we are called to be more Christlike, and if we take that call seriously, we too need to find time to pray, to be with our God.

For me, I don't stop to smell the roses, I stop and look to the mountains, or seek the horizon on the water. And no, I don't do it enough either. But let this be a reminder to all of us: Seek your God in prayer and in peace; make time for it.

Peace,



SERVING & GIVING OPPORTUNITIES



Yardwork & Handyman Volunteers

Roll up your sleeves to help care for our Family Hope Centers. From mowing lawns and gardening to unit repairs and maintenance projects, your work helps create a safe, welcoming place for families rebuilding their lives.

This is a great group project! Grab your friends, church group, or coworkers for a work party.

Location: Maple Valley Shifts: Day and evening

Front Desk Support

Help create a welcoming experience for families by greeting visitors, answering phones, making client calls, and supporting day-to-day office operations.

Location: Kent Shifts: Morning and afternoon

Children & Youth Need YOU! URGENT NEED: TUESDAY & THURSDAY EVENINGS

Tuesday and Thursday evenings from 5:30–7:30 p.m. are our greatest volunteer need in both Kent and Maple Valley. Volunteers must be 16 or older.

This is an important time for kids. *Volunteers provide tutoring, mentoring, structured activities, and one-on-one support that help children who are experiencing homelessness catch up in school, build confidence, and develop important social-emotional skills.*

Can you join us for an evening?

Reading Tutors

Provide one-on-one support to help homeless children who have fallen behind in school build their reading skills and catch up to grade level. 14 Tutors Needed for Kids!

The Holidays are fast approaching. Most of us are blessed to have the ability to buy the things that make a Holiday Meal Special. But for those who don't this can be a very hard time of year.

Think about what you would like to have on your Holiday Table and bring it for the Kent Food Bank (please no glass jars).

Dressing

Gravy

Sweet Potatoes

Olives

Green Beans



UPCOMING SPECIAL EVENTS

This Area Has an Interesting History

On

Sunday November 15th

following the Worship Service.

Our Own Dick Peacock, will present

“A History of Resorts in the Area”

In Eckfeld Hall with a light lunch provided.

(I had no idea there had been resorts here, did you?)

Come Help Decorate for Advent

Saturday November 28th at 10:30 am we will be putting up Advent Decorations. If you are able to climb a ladder or help move things around please come and help.

Sunday November 29th is the First Sunday of Advent.



Our 34th annual Kent Crop Hunger Walk was a huge success thanks to our walkers and donors.

Our goal as a church was \$15,000 ~ **we raised \$20,857** and our goal as a community of 6 churches was \$25,000 ~ **we raised \$31,810**. KFCC is 5th in the top 100 fundraising teams in the country. Nancy is 9th in the Top 100 individual fundraisers in the country.

25% of \$31,810 stays right here in Kent being split between 4 groups feeding our community. Thank you ALL for your help in feeding those in need.

Important Dates

Every Sunday

Worship ~ 10:00 am
Coffee Hour & Sunday School ~ 11:00 am

EVERY TUESDAY

Mary/Martha Group ~ 10:30 am

Every Wednesday

Bible Study ~ 10:00 am (zoom)
ALL !N Worship ~ 6:00 pm

Every THURSDAY

Bible Study ~ 7:00 pm (Zoom)

SUNDAY November 1ST

Daylight Saving Time Ends

TUESDAY November 3rd

Election Day

SATURDAY November 7th

Early Birds @ Maggie's ~ 9:00 am

TUESDAY November 10th

Executive Team ~ 6:00 pm (Zoom)
Program Cabinet Meeting ~ 7:00 pm (Zoom)
Heartbeat Submission Deadline

Saturday November 14th

Elder's Meeting ~ 9:00 am
Hand & Foot ~ 6:00 pm

Sunday November 15th

Dick Peacock's Presentation on The History of Resorts in the Area ~ 11 am
with a Light Lunch Provided.

Saturday November 21st

Disciple Women's @ Maggie's ~ 9:00 am

Sunday November 22nd

Thanksgiving Sunday

TUESDAY November 24th

Governing Board ~ 7:00 pm (Zoom)

Wednesday November 25th– Saturday November 28th

Colin Out of Office

Thursday November 26th

Thanksgiving Day (Office Closed)

Saturday November 28th

Pinochle ~ 5:00 pm

Continuing to Worship Together

For anyone that would like to join us via ZOOM, We are happy to help you set this up. Please email Pastor at Colin@kentdisciples.org or Brenda at officeangel@kentdisciples.org for more information. Blessings & safety to all!

Thank You for Serving!

SUNDAY SCRIPTURE READERS

11/01	Nicole Lee
11/08	Mary Genna
11/15	Christopher McMeen
11/22	Debbie Hugh
11/29	Sandy Reeley

If you would like to read scripture please contact Elaine Patrick or Amie Jacot

DIACONATE: Teri Riordan
Steve Riordan

SACRISTY: Steve Reeley

SUNDAY WORSHIP ELDERS:

11/01	Theresa Lee
11/08	Nicole McRaney
11/15	Margaret Luke
11/22	Rosalie Sterner
11/29	Elaine Patrick

ELDERS Meeting is on the 2nd Saturday of each month but be sure to reach out to your Elder if you need assistance.

Birthdays

Ron Kistler	11/03
Daniel Korpe	11/05
Kyle Colby	11/10
Judy Briggs	11/12
Sung Fitzgerald	11/13
Brenda Barnes	11/14
Bill Barnes	11/16

Anniversaries

Tom & Chris Medhurst	11/02
Linda & Len Elliott	11/22
Benny Iskandar & Carrine Sulaiman	11/22
Dan & Lesley Aeschliman	11/23
Margaret Harris & Tony Huber	11/27



Zoom Links for regular services, studies and groups

Bible Study **Wednesday @ 10am & Thursday @ 7pm** **On Zoom**

Join Zoom Meeting <https://zoom.us/j/7067571886>

Meeting ID: 706 757 1886

+1 253 215 8782 US

Find your local number: <https://zoom.us/u/adGxrczSLO>

FCC Kent Worship Sunday @ 10am

Worshipping together in person & on Zoom

Join Zoom Meeting <https://zoom.us/j/659719477>

Meeting ID: 659 719 477

+1 253 215 8782 US

Find your local number: <https://zoom.us/u/adGxrczSLO>

**Links for meetings are sent to the team members each month before they happen.

UPDATED April 23, 2026

OUR MISSION

1. *To invite people into a loving relationship with God through Jesus Christ;*
2. *To care for each other as children of God;*
3. *To build believers into disciples of Jesus Christ;*
4. *To send disciples of Jesus Christ into ministry.*

OUR CHURCH STAFF

Rev. Colin McRaney
Pastor
Office Hours:
Monday-Thursday
9:30 am—3:00 pm

Penney Young
Office Administrator
Office Hours:
Tuesday—Thursday
9:00 am—3:00 pm

Kaelee Bolme
Director of Music Ministry

Brenda Barnes
Office Volunteer

Dan Lenhart
Custodian

AND WE KEEP IN OUR HEARTS AND PRAYERS:

Members At Home — All that are staying in their homes to worship remotely. Praying we all stay safe & healthy.

Those Serving Our Country — Jorge & Celestine Burgos-Erazo
And Our First Responders.

And Don't Forget—Our Church Leaders, Our Community, and Our Friends

Stewardship Giving Information

Thank you for your continued support of our shared ministry here at First Christian Church of Kent. Your gifts go out into the world but also work here at home. But that's not all that your gifts do, they feed the hungry, house the homeless, and clothe the naked. These are the things that Christ called us to do.

In these times of uncertainty, the needs that this congregation serves have not disappeared. They are growing. Together we are able to do the work that God has called us to, the work that Christ taught us to do. You can mail offering directly to the church at: First Christian Church

PO Box 5009
Kent, WA 98064

or contact Larry for online options. Which are either your bank bill payer or the FCC website using Stewardship Technology
If you would like your giving statement mailed out, let Larry know.

[253-656-9856](tel:253-656-9856) or lshepard46@hotmail.com

Our Invitation to You

The invitation of God's love is perfect and unconditional. Our invitation to you is unconditional as well. Regardless of race, gender, sexual orientation, political stance, age, or ability, ALL are welcome. Period. We are not perfect, but our invitation is heartfelt, and it is faithful. We welcome all of God's creation to worship, serve, and participate with us in any capacity.

Christ's example of God's love guides our worship, our work, and our welcome, and it dwells at the center of our commitment to be an intentionally creative, inclusive, nurturing, and inter-generational church.

First Christian Church of Kent

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