

SEPTEMBER 2026

- * THE HEARTBEAT IS PUBLISHED EACH MONTH
- * THE HEARTBEAT DEADLINE IS THE SAME DAY AS MONTHLY PROGRAM CABINET MEETING
- * SUBMISSIONS FOR THE HEARTBEAT CAN BE SENT TO:
- * fcckent@Kentdisciples.org and officeangel@Kentdisciples.org
- * THE HEARTBEAT IS DISTRIBUTED VIA EMAIL ALONG WITH THE MONTHLY CALENDAR
- * IF YOU'D LIKE THE HEARTBEAT MAILED DIRECTLY VIA FIRST-CLASS MAIL, THEN PLEASE CONTACT THE CHURCH OFFICE (INVOLVES A POSTAGE FEE)

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JOIN US FOR WORSHIP VIA
ZOOM OR IN PERSON

SUNDAYS @ 10am

First Christian Church of Kent
(Disciples of Christ)

OUR HEARTBEAT

From the Pastor

There are things that we do, time and time again, that don't seem significant in the moment, but can produce fruit in ways that we, perhaps, were not expecting. Every week, every single week, there is a regional meeting for the serving pastors in the region. Sometimes, there is not much to talk about. Sometimes there is a lot to talk about and the hour we give it is just not enough. We share about our families, our ministries, mistakes we have made, and lessons we have learned.

This practice started during COVID lockdowns as a way to stay connected in a very disconnected time. But the practice has continued and I am so glad that it has. It has allowed me to maintain connections with pastors all over the region. As we have seen the fires in Spokane devastate the community, we have been able to maintain contact with them and to know what is actually happening on the ground. As the next few weeks pass, we will hear more about the needs of the community and what we can do to help.

As of right now, what we can do is give to Week of Compassion who is working through the local congregations to get them the resources they need. Week of Compassion also works to help communities prevent disaster. WoC is not just reactive but also pro-active.

Another avenue of aid that I have been made aware of is spokanecommunityresources.org. While this site is primarily for those who are seeking aid. This site should get updates with how people from outside of the community can help.

Other than these, the best way for us to help is to keep our ears and hearts open to the needs in that community as they come up. Reconstruction is a long and difficult process and there will be a need in the Spokane community for weeks, months, even years to come.

Scan this QR code for Week of Compassion



Scan this QR code for Spokane Community Resources.org



A handwritten signature in black ink, appearing to read 'Caleb'.

SERVING & GIVING OPPORTUNITIES



Hi First Christian Church of Kent,

I'm reaching out to you today to simply say thank you.

As I write my final letter to you as CEO of Vine Maple Place, I find myself thinking about the families your generosity has touched over the years.

The frightened mom who arrived with nowhere safe to sleep. The cold child who finally had a warm bed after nights spent in a car. The hungry family who walked through our doors believing they had run out of hope, only to experience healing, stability, and a chance to rebuild their lives.

Every one of those stories was made possible because of your faithful and kind support.

You have transformed the lives of thousands of moms and kids who came to Vine Maple Place during the darkest time of their lives.

Over the past 16 years, it has been the highest honor of my life to serve the families at Vine Maple Place. But even more than that, it has been a privilege to work with you on this mission to break the generational cycle of homelessness for local moms and kids.

As I reflect on these years, what fills my heart most isn't any single accomplishment. It's the incredible community God has built through faithful donors like you.

Thanks to you, Vine Maple Place has grown from serving hundreds of families each year to now walking alongside more than 5,000 moms and children annually. And I truly believe this is only the beginning.

That's why I look toward the future with excitement.

It brings me great joy to introduce William Splitgerber as the next leader of Vine Maple Place.

William is a deeply faith-centered leader with more than 25 years of executive leadership experience and a passion for serving vulnerable families with excellence and integrity. He understands the importance of protecting the heart of this mission while thoughtfully growing our ability to reach even more homeless families in South King County.

I know you'll welcome him with the same kindness and encouragement you've always shown me.

I have been deeply blessed to serve alongside you, and I will always be grateful for your faithfulness and generosity.

God bless,

Michelle Frets
CEO

UPCOMING
SPECIAL EVENTS

KENT FIRST CHRISTIAN CHURCH



TOGETHER - WE CAN END HUNGER ONE STEP AT A TIME!



DATE

Sunday, October 4, 2026

Register Today!



LOCATION

Van Doren's Landing Park
122230 Russell Rd
Kent, WA 98032

[CROPHUNGERWALK.ORG/
Kent First Christian Church
\(Kent, WA\)](https://CROPHUNGERWALK.ORG/KentFirstChristianChurch)



REGISTRATION

12:00 PM



STEP-OFF

1:00 PM



Our 34th annual crop hunger walk is approaching fast. Our goal is again \$25,000 for our Kent Walk. We keep 25% of funds raised and divided that between our four community food/feeding resources. Please join our churches team on the CWS crop walk website and start fundraising early. If you have any questions, please contact Brenda Barnes 253-632-5290 (call or text) or my email officeangel@kentdisciples.org

It's that time again!

We are updating the Directory.

If you have made any address, phone or email changes please make sure the office has them. If you're not sure get them too us as well. It will hopefully be finished in September

Important Dates

EVERY SUNDAY

Worship ~ 10:00 am

Coffee Hour & Sunday School ~ 11:00 am

EVERY TUESDAY

Mary/Martha Group ~ 10:30 am

EVERY WEDNESDAY

Bible Study ~ 10:00 am (zoom)

ALL IN Worship ~ 6:00 pm

(Fall Schedule Begins September 9th)

EVERY THURSDAY

Bible Study ~ 7:00 pm (Zoom)

SATURDAY SEPTEMBER 5TH

Early Birds @ Maggie's ~ 9:00 am

MONDAY SEPTEMBER 7TH

Labor Day

Office Closed

TUESDAY SEPTEMBER 8TH

Executive Team Meeting ~ 6:00 pm (Zoom)

Program Cabinet Meeting ~ 7:00 pm (Zoom)

Heartbeat Submission Deadline

SATURDAY SEPTEMBER 12TH

Elder's Meeting ~ 9 am

Hand & Foot ~ 6 pm

SATURDAY SEPTEMBER 19TH

Disciple Women's @ Maggie's ~ 9:00 am

WEDNESDAY SEPTEMBER 22ND

Governing Board Meeting ~ 7:00 pm (Zoom)

SATURDAY SEPTEMBER 26

Pinochle ~ 6:00 pm

Continuing to Worship Together

As we worship together, we invite you to participate via zoom or In Person. We continue to care for our church family in the best ways possible.

For anyone that would like to join us via ZOOM, We are happy to help you set this up. Please email Pastor at Colin@kentdisciples.org or Brenda at officeangel@kentdisciples.org for more information. Blessings & safety to all!

Thank You for Serving!

SUNDAY SCRIPTURE READERS

09/06	Phyllis Simpson
09/13	Steve Riordan
09/20	Chris Medhurst
09/27	Tom Medhurst

If you would like to read scripture please contact Elaine Patrick or Amie Jacot

DIACONATE: Steve Reeley

SACRISTY: Sandy Reeley

SUNDAY WORSHIP ELDERS:

09/06	Nicole McRaney
09/13	Theresa Lee
09/20	Elaine Patrick
09/27	Rosalie Sterner

ELDERS Meeting is on the 2nd Saturday of each month, but be sure to reach out to your Elder if you need assistance.

Birthdays

Stephanie Covey	09/01
Troy Stewart	09/05
Susan Greathouse	09/06
Dan Aeschliman	09/09
Larry Shepard	09/09
Sharon Penwell	09/10
Anita Shores	09/10
Dorothy Connacher	09/12
Steve Riordan	09/15
Judy Aeschliman	09/21
Paul Luke	09/24
Cheryl Hovind	09/28

Anniversaries

Pat & Alan Carter	09/07
Mark & Cheryl Lopez	09/08
Dick & Candy Peacock	09/11
Kami & Todd Voliva	09/28



Zoom Links for regular services, studies and groups

Bible Study **Wednesday @ 10am & Thursday @ 7pm**

On Zoom

Join Zoom Meeting <https://zoom.us/j/7067571886>

Meeting ID: 706 757 1886

+1 253 215 8782 US

Find your local number: <https://zoom.us/u/adGxrczSLO>

FCC Kent Worship Sunday @ 10am

Worshiping together in person & on Zoom

Join Zoom Meeting <https://zoom.us/j/659719477>

Meeting ID: 659 719 477

+1 253 215 8782 US

Find your local number: <https://zoom.us/u/adGxrczSLO>

**Links for meetings are sent to the team members each month before they happen.

UPDATED April 23, 2026

OUR MISSION

1. *To invite people into a loving relationship with God through Jesus Christ;*
2. *To care for each other as children of God;*
3. *To build believers into disciples of Jesus Christ;*

OUR CHURCH STAFF

Rev. Colin McRaney
Pastor
Office Hours:
Monday-Thursday
9:30 am—3:00 pm

Penney Young
Office Administrator
Office Hours:
Tuesday—Thursday
9:00 am—3:00 pm

Kaelee Bolme
Director of Music Ministry

Brenda Barnes
Office Volunteer

Dan Lenhart
Custodian

AND WE KEEP IN OUR HEARTS AND PRAYERS:

Members At Home — All that are staying in their homes to worship remotely. Praying we all stay safe & healthy.

Those Serving Our Country — Jorge & Celestine Burgos-Erazo
And Our First Responders.

And Don't Forget—Our Church Leaders, Our Community, and Our Friends.

Stewardship Giving Information

Thank you for your continued support of our shared ministry here at First Christian Church of Kent. Your gifts go out into the world, but also work here at home. But that's not all that your gifts do, they feed the hungry, house the homeless, and clothe the naked. These are the things that Christ called us to do.

In these times of uncertainty, the needs that this congregation serves, have not disappeared. They are growing. Together we are able to do the work that God has called us to, the work that Christ taught us to do. You can mail offering directly to the church at:

First Christian Church
PO Box 5009
Kent, WA 98064

or contact Larry for online options. Which are either your bank bill payer or the FCC website using Stewardship Technology

If you would like your giving statement mailed out, let Larry know.

253-656-9856 or lshepard46@hotmail.com

Our Invitation to You

The invitation of God's love is perfect and unconditional. Our invitation to you is unconditional as well. Regardless of race, gender, sexual orientation, political stance, age, or ability, ALL are welcome. Period.

We are not perfect, but our invitation is heartfelt, and it is faithful.

We welcome all of God's creation to worship, serve, and participate with us in any capacity.

Christ's example of God's love guides our worship, our work, and our welcome, and it dwells at the center of our commitment to be an intentionally creative, inclusive, nurturing, and inter-generational church.

First Christian Church of Kent

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