

JULY 2026

First Christian Church of Kent  
(Disciples of Christ)

# OUR HEARTBEAT

## From the Pastor

- \* THE HEARTBEAT IS PUBLISHED EACH MONTH
- \* THE HEARTBEAT DEADLINE IS THE SAME DAY AS MONTHLY PROGRAM CABINET MEETING
- \* SUBMISSIONS FOR THE HEARTBEAT CAN BE SENT TO:
- \* [fcckent@Kentdisciples.org](mailto:fcckent@Kentdisciples.org) and [officeangel@Kentdisciples.org](mailto:officeangel@Kentdisciples.org)
- \* THE HEARTBEAT IS DISTRIBUTED VIA EMAIL ALONG WITH THE MONTHLY CALENDAR
- \* IF YOU'D LIKE THE HEARTBEAT MAILED DIRECTLY VIA FIRST-CLASS MAIL, THEN PLEASE CONTACT THE CHURCH OFFICE (INVOLVES A POSTAGE FEE)

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JOIN US FOR WORSHIP VIA  
ZOOM OR IN PERSON

**SUNDAYS @ 10am**

Matthew 7 says, judge not, lest ye be judged.

But this does not mean, walking through life ignorant or naïve. It is a caution about being unfair in our judgements. We are called to discern between right and wrong; between good and bad. But if we judge those we like as good, and those we don't, as bad. Then we lay ourselves open to being judged simply on whether we are liked. This is fine enough for those who seek only to please, but what about those who are unpopular, but still righteous? What does this judgement say about John the Baptist? What does it say about Jesus? Both of whom were not universally admired.

This passage goes on to highlight the hypocrisy of demanding others to be perfect when there is plenty of improvement to be made in ourselves. So, what are we to do? We are not to judge; how can we examine our actions alongside the actions of others? Well, our options seem to be, judging perfectly, which we are not going to be able to do. Or, to discern rather than judge.

To Discern is to seek to understand. In discernment, there is no judgement. Discernment does not mean to agree, but simply to seek to understand. In discernment we must be open to the reality that we are not always correct and cannot so simply dismiss others as automatically wrong because of some factors. Our brother with a speck in his eye then might turn us to reflect on how bad it is to have something in one's eye and realize our need might be greater. So, instead of claiming the privilege of curing our brother of his speck, asking our brother for help with our log.

Or to put it in more concrete terms, after seeing the prejudice and hatred expressed by others, may we be aware of the hatred and prejudice that we bear toward them and work to be freed of that as we act to serve the least amongst us.

A little heavier of a reflection this month, but it is important to remember that we do not control others. We cannot make others love, we cannot make others serve, but we can control if we are going to join them in hatred or persevere in love.

Peace,



**SERVING & GIVING OPPORTUNITIES**



**Make Meals in a Bag  
SHELVES ARE EMPTY!**

Families come to Vine Maple Place hungry. When you give a Meal in a Bag, you provide a mom with the ingredients for a home-cooked dinner.

Choose from simple, family-friendly recipes like Chicken & Rice, Spaghetti, Chili Mac, or Mexican Rice & Beans. Go to: [https://blogs.s3.amazonaws.com/1257-9467/827253\\_NewMealsinaBagRecipes2022\\_9recipes5.28.25.pdf?crmeid=5RiCIZsHe0CE4II5IzUnMQ&vcrmiid=Bnpvj-WoLOW4BCdJgZ1afQ&segment=GenVolNews](https://blogs.s3.amazonaws.com/1257-9467/827253_NewMealsinaBagRecipes2022_9recipes5.28.25.pdf?crmeid=5RiCIZsHe0CE4II5IzUnMQ&vcrmiid=Bnpvj-WoLOW4BCdJgZ1afQ&segment=GenVolNews) for recipes & instructions

**Reading Tutors  
23 Reading Tutors Needed!**

Help homeless students catch up to grade level, build confidence, and rediscover the joy of learning through reading support.

- Morning & afternoon shifts
- Kent & Maple Valley



**UPCOMING  
SPECIAL EVENTS**

Congregational Life would like to invite you to:

Jazz in the Garden  
(Soos Creek Botanical Garden  
29308 132nd Ave SE  
Auburn, WA 98092 )  
Friday July 10th from 7–9 pm

With “ Seattle Jazz Network” a swingin’ 10-piece Jazz Band, including jazz singer ‘Ingrid’

This is a 21+ event.  
Bring your chair or use one of theirs.  
Gates open 1 hour prior.



**ADDRESS/ PHONE CORRECTIONS  
& ADDITIONS**

Allen & Sheryl Michler  
Wesley Homes Lea Hill  
32049 109th Place SE, #202  
Auburn, WA 98092  
Sheryl’s Phone Number: 425-830-8015  
Allen’s Phone Number: 425-830-8016  
Email remains the same



## Important Dates

### EVERY SUNDAY

Worship ~ 10:00 am  
Coffee Hour & Sunday School ~ 11:00 am

### EVERY TUESDAY

Mary/Martha Group ~ 10:30 am

### EVERY WEDNESDAY

Bible Study ~ 10:00 am (zoom)  
ALL IN Worship ~ 6:00 pm  
(Summer Schedule, please check with the office for location)

### EVERY THURSDAY

Bible Study ~ 7:00 pm (Zoom)

### SATURDAY JULY 4TH

Early Birds @ Maggie's ~ 9:00 am  
Hand & Foot ~ 6:00 pm

### SUNDAY JULY 5TH

Rainer's Game

### FRIDAY JULY 10TH—SATURDAY JULY 11TH

General Assembly on Line

### SATURDAY JULY 11TH

Elder's Meeting @ 9 am

### MONDAY JULY 13TH—SATURDAY JULY 18TH

Camp at Gwinwood

### TUESDAY JULY 14TH

Executive Team Meeting ~ 6:00 pm (Zoom)  
Program Cabinet Meeting ~ 7:00 pm (Zoom)  
Heartbeat Submission Deadline

### SATURDAY JULY 18TH

Disciple Women's @ Maggie's ~ 9:00 am  
Pinochle ~ 6:00 pm



## Continuing to Worship Together

As we worship together, we invite you to participate via zoom or In Person. We continue to care for our church family in the best ways possible.

For anyone that would like to join us via ZOOM, We are happy to help you set this up. Please email Pastor at [Colin@kentdisciples.org](mailto:Colin@kentdisciples.org) or Brenda at [officeangel@kentdisciples.org](mailto:officeangel@kentdisciples.org) for more information. Blessings & safety to all!

## Thank You for Serving!

### SUNDAY SCRIPTURE READERS

07/05 Nicole Lee  
 07/12 Troy Stewart  
 07/19 Charles Evenson  
 07/26 Bob Richardson

If you would like to read scripture please contact Elaine Patrick or Amie Jacot

**DIACONATE:** Steve Reeley

**SACRISTY:** Bonnie Warrick

### SUNDAY WORSHIP ELDERS:

07/05 Nicole McRaney  
 07/12  
 07/19 Elaine Patrick  
 07/26 Rosalie Sterner

**ELDERS Meeting** is on the 2nd Saturday of each month, but be sure to reach out to your Elder if you need assistance.

## Birthdays

Wil Cabo	07/05
Nicole Lee	07/08
Krystal Kistler	07/09
Diane King	07/09
Candy Peacock	07/10
Gavin Bruer	07/10
Jerry Sanner	07/14
Colleen McMeen	07/15
Bryan King	07/18
Elaine Patrick	07/20
Steve Reeley	07/20
Jerry Lindsey	07/22
Julie Bruer	07/22
Sandy Reeley	07/25
Rhys McRaney	07/26
Julia Jones	07/26

## Anniversaries

Diane & Bryan King	07/09
Steve & Teri Riordan	07/18
Bill & Irene Paquin	07/20
Karen Alliston & Peter Beaupain	07/25



### Zoom Links for regular services, studies and groups

**Bible Study**      **Wednesday @ 10am & Thursday @ 7pm**      **On Zoom**

Join Zoom Meeting <https://zoom.us/j/7067571886>

Meeting ID: 706 757 1886  
 +1 253 215 8782 US

Find your local number: <https://zoom.us/u/adGxrczSLO>

**FCC Kent Worship Sunday @ 10am**      **Worshiping together in person & on Zoom**

Join Zoom Meeting <https://zoom.us/j/659719477>

Meeting ID: 659 719 477  
 +1 253 215 8782 US

Find your local number: <https://zoom.us/u/adGxrczSLO>

\*\*Links for meetings are sent to the team members each month before they happen.

**UPDATED April 23, 2026**

## OUR MISSION

1. *To invite people into a loving relationship with God through Jesus Christ;*
2. *To care for each other as children of God;*
3. *To build believers into disciples of Jesus Christ;*

## OUR CHURCH STAFF

Rev. Colin McRaney  
Pastor  
Office Hours:  
Monday–Thursday  
9:30 am–3:00 pm

Penney Young  
Office Administrator  
Office Hours:  
Tuesday–Thursday  
9:00 am–3:00 pm

Kaelee Bolme  
Director of Music Ministry

Brenda Barnes  
Office Volunteer

Dan Lenhart  
Custodian

## AND WE KEEP IN OUR HEARTS AND PRAYERS:

Members At Home – All that are staying in their homes to worship remotely. Praying we all stay safe & healthy.

Those Serving Our Country – Jorge & Celestine Burgos-Erazo  
And Our First Responders.

And Don't Forget—Our Church Leaders, Our Community, and Our Friends.

## Stewardship Giving Information

Thank you for your continued support of our shared ministry here at First Christian Church of Kent. Your gifts go out into the world, but also work here at home. But that's not all that your gifts do, they feed the hungry, house the homeless, and clothe the naked. These are the things that Christ called us to do.

In these times of uncertainty, the needs that this congregation serves, have not disappeared. They are growing. Together we are able to do the work that God has called us to, the work that Christ taught us to do. You can mail offering directly to the church at:

First Christian Church  
PO Box 5009  
Kent, WA 98064

or contact Larry for online options. Which are either your bank bill payer or the FCC website using Stewardship Technology

If you would like your giving statement mailed out, let Larry know.

[253-656-9856](tel:253-656-9856) or [lshepard46@hotmail.com](mailto:lshepard46@hotmail.com)

## Our Invitation to You

The invitation of God's love is perfect and unconditional. Our invitation to you is unconditional as well. Regardless of race, gender, sexual orientation, political stance, age, or ability, ALL are welcome. Period.

We are not perfect, but our invitation is heartfelt, and it is faithful.

We welcome all of God's creation to worship, serve, and participate with us in any capacity.

Christ's example of God's love guides our worship, our work, and our welcome, and it dwells at the center of our commitment to be an intentionally creative, inclusive, nurturing, and inter-generational church.

First Christian Church of Kent  
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[fcckent@kentdisciples.org](mailto:fcckent@kentdisciples.org)