

SIX WAYS TO RUIN YOUR LIFE

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INTRO

PORN BOULEVARD – The end of Porn Boulevard is a dead end.

1 Corinthians 6:12-20 (MESSAGE VERSION)

12 Just because something is technically legal doesn't mean that it's spiritually appropriate. If I went around doing whatever I thought I could get by with, I'd be a slave to my whims. 13 You know the old saying, "First you eat to live, and then you live to eat"? Well, it may be true that the body is only a temporary thing, but that's no excuse for stuffing your body with food, or indulging it with sex. Since the Master honors you with a body, honor him with your body!

14-15 God honored the Master's body by raising it from the grave. He'll treat yours with the same resurrection power. Until that time, remember that your bodies are created with the same dignity as the Master's body. You wouldn't take the Master's body off to a whorehouse, would you? I should hope not.

16-20 There's more to sex than mere skin on skin. Sex is as much spiritual mystery as physical fact. As written in Scripture, "The two become one." Since we want to become spiritually one with the Master, we must not pursue the kind of sex that avoids commitment and intimacy, leaving us more lonely than ever—the kind of sex that can never "become one." There is a sense in which sexual sins are different from all others. In sexual sin we violate the sacredness of our own bodies, these bodies that were made for God-given and God-modeled love, for "becoming one" with another. Or didn't you realize that your body is a sacred place, the place of the Holy Spirit? Don't you see that you can't live however you please, squandering what God paid such a high price for? The physical part of you is not some piece of property belonging to the spiritual part of you. God owns the whole works. So let people see God in and through your body.

DEFINING “PORN” – Sex that can never become one.

1. FIGHT TEMPTATION WITH WILL POWER

2. BELIEVE JUST A LITTLE PORN IS NOT THAT BAD

3. SPEND MORE TIME ONLINE AND LESS IN GOD’S WORD

4. WING IT WHEN IT COMES TO YOUR INTEGRITY

5. GO SOLO

6. IF YOU FAIL JUST GIVE UP

WHERE DO WE GO FROM HERE?

TIM BARBER – COUNSELING ALLIANCE

WHEN IS SEX AN ADDITION?

PATHOS – Do you often find yourself **PREOCCUPIED** with sexual thoughts?

PATHOS – Do you hide some of your sexual behaviors from others? (**ASHAMED**)

PATHOS – Have you ever sought help for sexual behavior you did not like?
(**TREATMENT**)

PATHOS – Has anyone been **HURT** emotionally because of your sexual behavior?

PATHOS – Do you feel controlled by your sexual behavior? (**OUT OF CONTROL**)

PATHOS – When you have sex, do you feel **SAD** afterwards?

SEX ADDICTION IS:
An Intimacy Disorder

A Relationship Disorder

A Family of Origin Disorder

A Trauma Disorder

A Brain Disorder

WHAT TO DO:
Don't go it alone.

Learn about addiction.

Find a support group(s)

Become accountable to someone.

Acquire the needed knowledge and skills.

How to set boundaries.

Define sexual sobriety.

How to be in a healthy relationship.

Increase your support in accordance with success/failure.