

Doxa Men's Ministry 2025-2026 Base Camp for the Great Commission



#4 – Discipling Tools

December 13, 2025

Breakfast Discussion

1. Excepting *One to One Bible Reading* (which we'll discuss later), what have you learned or thought about regarding disciple-making (perhaps from review of *Discipling* by Dever, by reading *How Do I Disciple Others?* by Kell, or by working through the optional homework from last time, "A Case Study: Moses and Joshua")?
2. What actions have you taken, if any, toward pursuing a discipling relationship (mentor, mentee, peer) or sharpening your skills and practice?

Testimony: Steve Benninger on his experience as a discipler

Review and Introduction

Large Group Discussion on Book

What were some practical insights you found helpful from the reading?

Practice Bible Discussion and Debrief

Passage #1: Philippians 1:1-11

Passage #2: Mark 2:1-12

15 minutes each person “leading”

COMA Method¹

1. Read the passage aloud.
2. You ask some context questions of the text.
 - What sort of writing is this? (letter, narrative, poem)
 - Are there any clues about the circumstances under which it was written?
 - What has happened so far?
3. You ask some observation questions of the text.
 - Are there any major subsections or breaks in the text?
 - What is the main point or points?
 - What surprises are there?
 - What are the key words? What words or ideas are repeated?
4. You ask some meaning questions of the text.
 - How does this text relate to other parts of the book?
 - How does the passage relate to Jesus?
 - What does this teach us about God?
 - How could we sum up the meaning of this passage in our own words?
5. You ask some application questions of the text.
 - How does this passage confirm (or challenge) my understanding?
 - Is there some attitude I need to change?
 - How does this passage call on me to change the way I live?
6. You pray together about what you have learned.

Large group debrief: How did you find this?

Seven Keys to Helping Others Grow (continued)

2. Be a friend

1 Thessalonians 2:8 (ESV)²

⁸ So, being affectionately desirous of you, we were ready to share with you not only the gospel of God but also our own selves, because you had become very dear to us.

¹ David Helm, *One to One Bible Reading: A Simple Guide for Every Christian* (Sydney, Australia: Matthias Media, 2011), 47-48.

² All Scripture quotations are from The ESV Bible® (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. ESV Text Edition: 2016. Used by permission. All rights reserved.

3. Prominent use of Scripture

2 Timothy 3:16-17

¹⁶ All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, ¹⁷ that the man of God may be complete, equipped for every good work.

Hebrews 4:12

¹² For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.

4. Have a plan for growth, but be flexible

5. Be a model

1 Thessalonians 2:10

¹⁰ You are witnesses, and God also, how holy and righteous and blameless was our conduct toward you believers.

6. Encourage them to apply what they're learning

1 Thessalonians 2:11-12

¹¹ For you know how, like a father with his children, ¹² we exhorted each one of you and encouraged you and charged you to walk in a manner worthy of God, who calls you into his own kingdom and glory.

James 1:22-25

²² But be doers of the word, and not hearers only, deceiving yourselves. ²³ For if anyone is a hearer of the word and not a doer, he is like a man who looks intently at his natural face in a mirror. ²⁴ For he looks at himself and goes away and at once forgets what he was like. ²⁵ But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing.

7. Keep each other accountable

Accountability is a way of life within my friendships that invites others to speak the truth in love to me and gives me freedom to speak the truth in love to others. The goal is a more Christ-like life.³

Hebrews 10:24

²⁴ And let us consider how to stir up one another to love and good works,

Ephesians 4:15

¹⁵ Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ,

More Discipling Tools

³ Source unknown.

Closing Instructions and Hymn

O Church Arise

Keith Getty, Stuart Townend
CCLI Song # 4611992, © 2005 Thankyou Music.
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O church arise and put your armour on
Hear the call of Christ our Captain
For now the weak can say that they are strong
In the strength that God has given
With shield of faith and belt of truth
We'll stand against the devil's lies
An army bold whose battle cry is Love
Reaching out to those in darkness

Our call to war to love the captive soul
But to rage against the captor
And with the sword that makes the wounded
whole
We will fight with faith and valour
When faced with trials on every side
We know the outcome is secure

And Christ will have the prize for which He died
An inheritance of nations

Come see the cross where love and mercy meet
As the Son of God is stricken
Then see His foes lie crushed beneath His feet
For the Conqueror has risen
And as the stone is rolled away
And Christ emerges from the grave
This victory march continues till the day
Every eye and heart shall see Him

So Spirit come put strength in every stride
Give grace for every hurdle
That we may run with faith to win the prize
Of a servant good and faithful
As saints of old still line the way
Retelling triumphs of His grace
We hear their calls and hunger for the day
When with Christ we stand in glory

Sharing and Prayer

Each man share:

- 1. What one or two things did you learn or were reminded of today that were especially impactful?**
- 2. What action steps are you going to take as a result?**
- 3. What obstacles do you envision?**
- 4. Pray for each other.**

Training Plan Worksheet

1. In what areas does he/she want to grow?

2. In what areas do you perceive he/she needs growth? Ask the Lord to give you insight.

3. Where is he/she now in this area?
 - What is he/she doing? Why? How much time is involved? Does he/she have a sense of need?

4. What would you like to see happen in his/her life? What would you like to see God do?
 - What will be your objective for him/her?
 - Try to formulate as simply and clearly as possible what you desire to see happen in this area of his/her life. This will help clarify your prayers and plans.

5. What are the best tools, methods, and Scriptures to help him/her grow?

A Model for Discipleship: TDOEEP

1. Teach
2. Demonstrate
3. Observe
4. Evaluate
5. Encourage
6. Pray

An example of how Jesus trained his disciples in a particular area, prayer.

1. Jesus *taught* the disciples about prayer:
 - Matthew 6:5-15
 - Matthew 7:7-11
 - Matthew 18:19-20
 - Matthew 21:21-22
 - Mark 11:22-25
 - Luke 18:1-8
 - John 14:12-14
 - John 15:7
 - John 16:24
2. Jesus *demonstrated* prayer for the disciples:
 - Jesus spent time alone in prayer *away from* the disciples:
 - Mark 1:35
 - Luke 5:16
 - Luke 22:41-44
 - Jesus prayed *in the presence* of his disciples:
 - Matthew 6:9-13
 - Matthew 11:25-26
 - John 11:41-42
 - John 17:1-26
3. Jesus *observed* and *evaluated* the prayer of the disciples:
 - Mark 9:14-29
 - Mark 14:32-41
4. Jesus *encouraged* the disciples in their growth and *prayed* for them:
 - Luke 22:31-32
 - John 17:6-19

Some Helpful Questions for Accountability

From Gordon MacDonald (updated and edited)

1. Where are you at with God right now?
2. What have you read in the Bible in the past week?
3. What has God said to you in this reading?
4. Where do you find yourself resisting God these days?
5. What specific things are you praying for in regard to yourself? ...for others?
6. What habits intimidate you?
7. What have you read lately (books, blogs, magazines, etc.)?
8. What have you done to play, exercise, or have fun?
9. How are you doing with your spouse/girlfriend/boyfriend?
10. If I were to ask your spouse/girlfriend/boyfriend about your state of mind, state of spirit, state of energy level, what would he/she say?
11. Are you sensing any spiritual attacks from the enemy right now?
12. If Satan were to try to invalidate you as a person or as a servant of the Lord, how might he do it?
13. What is the state of your sexual perspective (tempted, dealing with fantasies, out of control)?
14. Where are you financially right now (under control, under anxiety, in great debt)?
15. Are there any unresolved conflicts in your circle of relationships right now?
16. When was the last time you spent time with a person of your own gender?
17. What kind of time have you spent with anyone who is a non-Christian this past month?
18. What challenges do you think you'll face in the coming week? Coming month?
19. What would you say are your fears at the present time?
20. What three things are you most thankful for?
21. Do you like yourself at this point in your life?
22. What are your greatest confusions or frustrations in your relationship with God?

A Six-Question Model (source unknown)

1. What was the greatest struggle for you this week?
2. Did you see anything you shouldn't have seen this week?
3. Did you say anything you shouldn't have said this week?
4. Did you honor the Lord with your time and money?
5. What was your greatest victory this week?
6. Did you lie in answering any of the first five questions?

How Were You Helped to Grow as a Christian?

1. How has being involved in a church or Christian fellowship helped you to grow spiritually?
2. Make a list of the people who helped you grow.
3. What did they and other members of the church/fellowship do or model that was most helpful to you?
4. What person helped you the most?
5. What character traits did he/she model that most influenced your character?
6. Did you meet together individually? If so, how did you get started?
7. Besides modeling, what things did this person do that helped you grow? (Can you identify ways that he/she taught, observed, evaluated, prayed, and encouraged?)
8. Did this person have goals for you? How did you know about them?
9. Did this person help evaluate your growth as a Christian? If so, describe how.
10. How would your life be different today if it weren't for this person's influence?
11. Were there books or materials that you used with this person that were helpful?
12. Spend some time thanking God for the church/fellowship that nurtured your growth, and for the one person who had the most impact on you. Consider thanking that person.
13. Use these answers to influence your own disciple-making.

Suggested Resources

On disciple-making:

Disciplemakers' Handbook, Alice Fryling, ed. (InterVarsity)

Discipling, Mark Dever (Crossway)

The Lost Art of Disciple Making, Leroy Eims (Zondervan)

Side by Side, Edward T. Welch (Crossway)

Resources to use:

Bible Study Guides:

- Good Book Guides, by Bible book and topical (The Good Book Company)
- Knowing the Bible Guides, by Bible book (Crossway)
- LifeGuide Bible Studies, by Bible book and topical (InterVarsity)
- LifeChange Bible Studies, by Bible book (NavPress)
- Pathway Bible Guides, by Bible book (Matthias Media)
- Reformed Expository Bible Studies, by Bible book (P&R Publishing)

The Cost of Discipleship, Dietrich Bonhoeffer (Touchstone/Simon and Schuster)

The Death of Porn, Ray Ortlund (Crossway)

Discipleship Essentials, Greg Ogden (InterVarsity) – or any in the “Essentials” series from IVP, see www.ivpress.com and search “essentials.”

Disciplines of a Godly Man, Kent Hughes (Crossway)

Do You Believe?, Paul David Tripp (Crossway)

EFCA Statement of Faith with Scriptures (see <https://helps.efca.org/resources/statement-of-faith-with-citations>)

The Gospel According to Jesus, John MacArthur (Zondervan) – or others by MacArthur

Gospel Centered Life, Steve Timmis and Tim Chester (Good Book)

Growing Together, Melissa Kruger (Crossway)

The Holiness of God, R. C. Sproul (Tyndale) – or anything by R.C. Sproul

Knowing God, J. I. Packer (InterVarsity) – or anything by J.I. Packer

A Loving Life, Paul Miller (NavPress)

Loving Your Wife as Christ Loved the Church, Larry E. McCall (BMH Books)

The Man in the Mirror, Patrick Morley (Zondervan)

Matthias Media (publisher of One to One, has a number of discipling resources) (www.matthiasmedia.com)

Praying, J.I. Packer and Carolyn Nystrom (InterVarsity)

The Pursuit of God, A. W. Tozer (various)

The Pursuit of Holiness, The Practice of Godliness, Jerry Bridges (NavPress) – or anything by Jerry Bridges

A Praying Life, Paul Miller (NavPress)

Spiritual Disciplines for the Christian Life, Donald Whitney (NavPress)

Systematic Theology, Wayne Grudem (Zondervan) – or the shorter version, *Bible Doctrine*, or the even shorter version, *Christian Beliefs*

Temptations Men Face, Tom L. Eisenmann (InterVarsity)

What Jesus Demands from the World, John Piper (Crossway) – or anything by John Piper