

THE WEEKLY COURIER

A weekly newsletter brought to you by Cheshire United Methodist Church

VOL. 9 ISSUE 22

MAY 31, 2026

Coming soon to our Sanctuary:



Sunday Worship, 10:00am



SPR, 5/31, 11:00 a.m.



Trustees, 6/2, 7:00 p.m.



Check out our YouTube Channel-link on website



From Our Pastor:

Love has a mind language.

May is Mental Health Awareness Month, a reminder that not all wounds are visible.

Many people carry burdens that cannot be seen—anxiety, grief, loneliness, exhaustion, fear, or uncertainty. We often move through our days smiling on the outside while struggling on the inside. The truth is that every person we meet may be carrying a story we do not know.

Scripture tells us that “perfect love casts out fear” (1 John 4:18). Love may not erase every struggle, but it reminds us that we do not have to face them alone. A kind word, a listening ear, a shared meal, a prayer, or simply being present can become a healing gift.

Jesus’ ministry was filled with moments of noticing people others overlooked. He saw the weary, the hurting, and the forgotten. He offered compassion before judgment and presence before solutions. His love restored dignity and renewed hope.

Perhaps Mental Health Awareness Month is an invitation to do the same. To slow down. To check in on one another. To be gentle with ourselves and others. To remember that strength is not pretending everything is fine, but trusting that we are loved even when life is not.

This coming Sunday, I invite you to join us for a conversation with members of our Cheshire UMC community who bring professional experience and expertise in mental health care. Together, we will explore how we can support one another, nurture well-being, and put love into action in meaningful and practical ways.

In a world that often feels anxious and divided, love remains one of the most powerful forces for healing.

May we be people who share that love freely, creating communities where no one has to struggle alone.



Rev. Dr. Steve (Young Dong) Kim
Senior Pastor
Cheshire United Methodist Church

Our Week at a Glance . . .



May 31 Worship, 10:00 a.m.
 31 SPR, 11:00 a.m.
 Jun 2 Trustees, 7:00 p.m.

Our Church Family Celebrations



1 Kim Ferraiolo
 2 Dawn Deganis
 2 Derek LaRusso
 4 Kyle Frederick
 6 TJ Attanasio



2 Karen & Ken Kieffer

SPR:



SPR will be meeting on Sunday, May 31, immediately following worship in the Faithful Thomas Room.

Trustees:



Trustees will be meeting on Tuesday, June 2nd, at 7:00 p.m. in the Faithful Thomas Room

Christian Men’s Fellowship Breakfast & Car Show:



Christian Men’s Fellowship Breakfast & Car Rally

When: June 6th, 8-10 a.m.

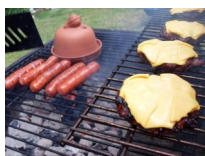
Where: Naugatuck United Methodist Church

208 Meadow St.
Naugatuck, CT 06770

This is a free event, but donations will be accepted. Follow the attached QR code to sign up.

For more information contact: Bud Behlman (203-206-9276)
AFGM.Ministry@gmail.com

Save the Date!:



Save the date for our **June 7th Church Picnic** following worship! We'll fire up the grill with hot dogs and hamburgers, keep the coolers stocked, and enjoy a time of fellowship and fun. If you'd like to bring a dessert or side, the sign-up sheet is waiting for you in the Fellowship Hall.

VBS Registration:



Promise Kids families are invited to join **Vacation Bible School** hosted by our Co-operative Parish partner church, Grace UMC in Southington! We hope many of our Promise Kids can participate together for a week of faith, fun, music, games, and community.

📅 June 28–July 2

🕒 5:15–7:45 PM

🍽️ Dinner provided

💰 \$30 per child

📝 Registration open through June 22

We would love for our children to attend together as a Promise Kids group, so please consider registering soon!

For questions, please contact:

Grace UMC – Amey DiVito: ameydivito@gmail.com

Promise Kids – Rose Kim: promisekids@cheshireumc.com

[VBS Registration Link](#)

Lectors Needed:



Have you ever thought about being a **lector**? We're filling the lector schedule through the end of the year, and we'd love to include you. The role is simple—just reading Scripture in front of your church family. You'll find the schedule attached [here](#) and another posted outside the sanctuary. Please write your name next to a date that works for you, or reach out to the office if you'd like help signing up. Also, please note that dates that have been filled are marked with a "X."

From the office: A new large wall calendar is now hanging in the church office just behind the desk. As you plan meetings, appointments, special services, fellowship gatherings, or any time the building will be in use, please stop by and add them to the calendar. Keeping everything in one shared place helps us stay organized and support one another's ministries. If you're unable to add to it yourself, just let the office know! In this particular instance, oversharing is encouraged.



Please keep in mind that Fridays are the Pastor's Sabbath. Unless it's a pastoral emergency, please call the church office (203-272-4626) if you are in need of something on Fridays. Thank you.



Cheshire United Methodist Church
office@cheshireumc.com
 Pastor, Steve Kim (203) 231-9037
 205 Academy Road, Cheshire, CT 06410
 (203) 272-4626