

H.E.A.R JOURNAL INSTRUCTIONS

H.E.A.R. stands for Highlight, Explain, Apply, and Respond.

- Under "H" write out the date of the entry, book, chapter, and verse number and the entire verse from your reading that stood out to you.
- Under "E" think through the meaning of the passage and write it out in your own words. You can use some or all of the following suggested questions to help you:
 - i. To whom was this passage (and book) originally written?
 - ii. How does it fit with the verses before and after it?
 - iii. What is the author trying to communicate through this text?
- Under "A" you can use some or all of the following suggested questions to help you write out the application of this passage:
 - i. What does this passage mean today?
 - ii. What would the application of this verse look like in my life?
 - iii. What is God saying to me?
- Under "R" think through and write out how you should respond to this verse.

2024 Church Reading Plan: OT Prophets and Gospels and Acts

WEEK 1

- ☐ Isaiah 1; Matthew 1:1-17
- ☐ Isaiah 2; Matthew 1:18-2:12
- ☐ Isaiah 3; Matthew 2:13-3:12
- ☐ Isaiah 4; Matthew 3:13-17
- ☐ Isaiah 5; Matthew 4:1-17

WEEK 4

- ☐ Isaiah 16; Matthew 8:1-13
- ☐ Isaiah 17; Matthew 8:14-27
- ☐ Isaiah 18; Matthew 8:28-9:8
- ☐ Isaiah 19; Matthew 9:9-17
- ☐ Isaiah 20; Matthew 9:18-34

WEEK 7

- ☐ Isaiah 31; Matthew 13:10-30
- ☐ Isaiah 32; Matthew 13:31-46
- ☐ Isaiah 33; Matthew 13:47-52
- ☐ Isaiah 34; Matthew 13:53-14:12
- ☐ Isaiah 35; Matthew 14:13-33

WEEK 2

- ☐ Isaiah 6; Matthew 4:18-25
- ☐ Isaiah 7; Matthew 5:1-12
- ☐ Isaiah 8; Matthew 5:13-26
- ☐ Isaiah 9; Matthew 5:27-42
- ☐ Isaiah 10; Matthew 5:43-6:4

WEEK 5

- ☐ Isaiah 21; Matthew 9:35-10:4
- ☐ Isaiah 22; Matthew 10:5-25
- ☐ Isaiah 23; Matthew 10:26-39
- ☐ Isaiah 24; Matthew 10:40-11:19
- ☐ Isaiah 25; Matthew 11:20-30

WEEK 8

- ☐ Isaiah 36; Matthew 14:34-15:9
- ☐ Isaiah 37; Matthew 15:10-28
- ☐ Isaiah 38; Matthew 15:29-39
- ☐ Isaiah 39; Matthew 16:1-12
- ☐ Isaiah 40; Matthew 16:13-28

WEEK 3

- ☐ Isaiah 11; Matthew 6:5-18
- ☐ Isaiah 12; Matthew 6:19-34
- ☐ Isaiah 13; Matthew 7:1-11
- ☐ Isaiah 14; Matthew 7:12-23
- ☐ Isaiah 15; Matthew 7:24-29

WEEK 6

- ☐ Isaiah 26; Matthew 12:1-14
- ☐ Isaiah 27; Matthew 12:15-21
- ☐ Isaiah 28; Matthew 12:22-37
- ☐ Isaiah 29; Matthew 12:38-45
- ☐ Isaiah 30; Matthew 12:46-13:9

WEEK 9

- ☐ Isaiah 41; Matthew 17:1-21
- ☐ Isaiah 42; Matthew 17:22-27
- ☐ Isaiah 43; Matthew 18:1-14
- ☐ Isaiah 44; Matthew 18:15-35
- ☐ Isaiah 45; Matthew 19:1-15

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WEEK 10

- ☐ Isaiah 46; Matthew 19:16-30
- ☐ Isaiah 47; Matthew 20:1-19
- ☐ Isaiah 48; Matthew 20:20-34
- ☐ Isaiah 49; Matthew 21:1-17
- ☐ Isaiah 50; Matthew 21:18-27

WEEK 13

- ☐ Isaiah 61; Matthew 26:26-46
- ☐ Isaiah 62; Matthew 26:47-27:2
- ☐ Isaiah 63; Matthew 27:3-26
- ☐ Isaiah 64; Matthew 27:27-44
- ☐ Isaiah 65; Matthew 27:45-66

WEEK 16

- ☐ Jeremiah 10; Mark 4:35-5:20
- ☐ Jeremiah 11; Mark 5:21-43
- ☐ Jeremiah 12; Mark 6:1-13
- ☐ Jeremiah 13; Mark 6:14-44
- ☐ Jeremiah 14; Mark 6:45-56

WEEK 11

- ☐ Isaiah 51; Matthew 21:28-46
- ☐ Isaiah 52; Matthew 22:1-22
- ☐ Isaiah 53; Matthew 22:23-40
- ☐ Isaiah 54; Matthew 22:41- chapter 23
- ☐ Isaiah 55; Matthew 24:1-14

WEEK 14

- ☐ Isaiah 66; Matthew 28
- ☐ Jeremiah 1; Mark 1:1-15
- ☐ Jeremiah 2; Mark 1:16-39
- ☐ Jeremiah 3; Mark 1:40-2:12
- ☐ Jeremiah 4; Mark 2:13-28

WEEK 17

- ☐ Jeremiah 15; Mark 7:1-13
- ☐ Jeremiah 16; Mark 7:14-30
- ☐ Jeremiah 17; Mark 7:31-8:10
- ☐ Jeremiah 18; Mark 8:11-21
- ☐ Jeremiah 19; Mark 8:22-9:1

WEEK 12

- ☐ Isaiah 56; Matthew 24:15-51
- ☐ Isaiah 57; Matthew 25:1-13
- ☐ Isaiah 58; Matthew 25:14-46
- ☐ Isaiah 59; Matthew 26:1-13
- ☐ Isaiah 60; Matthew 26:14-25

WEEK 15

- ☐ Jeremiah 5; Mark 3:1-12
- ☐ Jeremiah 6; Mark 3:13-30
- ☐ Jeremiah 7; Mark 3:31-4:9
- ☐ Jeremiah 8; Mark 4:10-25
- ☐ Jeremiah 9; Mark 4:26-34

WEEK 18

- ☐ Jeremiah 20; Mark 9:2-29
- ☐ Jeremiah 21; Mark 9:30-50
- ☐ Jeremiah 22; Mark 10:1-16
- ☐ Jeremiah 23; Mark 10:17-34
- ☐ Jeremiah 24; Mark 10:35-52

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WEEK 19

- ☐ Jeremiah 25; Mark 11:1-11
- ☐ Jeremiah 26; Mark 11:12-33
- ☐ Jeremiah 27; Mark 12:1-17
- ☐ Jeremiah 28; Mark 12:18-27
- ☐ Jeremiah 29; Mark 12:28-37

WEEK 22

- ☐ Jeremiah 40; Mark 15:42-16:8
- ☐ Jeremiah 41; Mark 16:9-20
- ☐ Jeremiah 42; John 1:1-28
- ☐ Jeremiah 43; John 1:29-51
- ☐ Jeremiah 44; John 2:1-22

WEEK 25

- ☐ Lamentations 4; John 7:40-8:11
- ☐ Lamentations 5; John 8:12-38
- ☐ Ezekiel 1; John 8:39-59
- ☐ Ezekiel 2; John 9
- ☐ Ezekiel 3; John 10

WEEK 20

- ☐ Jeremiah 30; Mark 12:38-44
- ☐ Jeremiah 31; Mark 13:1-13
- ☐ Jeremiah 32; Mark 13:14-23
- ☐ Jeremiah 33; Mark 13:24-14:2
- ☐ Jeremiah 34; Mark 14:3-11

WEEK 23

- ☐ Jeremiah 45; John 2:23-3:15
- ☐ Jeremiah 46; John 3:16-36
- ☐ Jeremiah 47; John 4:1-45
- ☐ Jeremiah 49; John 4:46-54
- ☐ Jeremiah 50; John 5:1-18

WEEK 26

- ☐ Ezekiel 4; John 11:1-27
- ☐ Ezekiel 5; John 11:28-44
- ☐ Ezekiel 6; John 11:45-12:8
- ☐ Ezekiel 7; John 12:9-36
- ☐ Ezekiel 8; John 12:37-50

WEEK 21

- ☐ Jeremiah 35; Mark 14:12-25
- ☐ Jeremiah 36; Mark 14:26-52
- ☐ Jeremiah 37; Mark 14:53-72
- ☐ Jeremiah 38; Mark 15:1-15
- ☐ Jeremiah 39; Mark 15:16-41

WEEK 24

- ☐ Jeremiah 51; John 5:19-47
- ☐ Jeremiah 52; John 6:1-15
- ☐ Lamentations 1; John 6:16-59
- ☐ Lamentations 2; John 6:60-7:24
- ☐ Lamentations 3; John 7:25-39

WEEK 27

- ☐ Ezekiel 9; John 13:1-20
- ☐ Ezekiel 10; John 13:21-35
- ☐ Ezekiel 11; John 13:36-14:14
- ☐ Ezekiel 12; John 14:15-15:17
- ☐ Ezekiel 13; John 15:18-16:15

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WEEK 28

- ☐ Ezekiel 14; John 16:16-33
- ☐ Ezekiel 15; John 17
- ☐ Ezekiel 16; John 18:1-18
- ☐ Ezekiel 17; John 18:19-32
- ☐ Ezekiel 18; John 18:33-19:16

WEEK 31

- ☐ Ezekiel 29; Luke 2:41-52
- ☐ Ezekiel 30; Luke 3:1-22
- ☐ Ezekiel 31; Luke 3:23-4:13
- ☐ Ezekiel 32; Luke 4:14-41
- ☐ Ezekiel 33; Luke 4:42-5:11

WEEK 34

- ☐ Ezekiel 44; Luke 9:7-27
- ☐ Ezekiel 45; Luke 9:28-62
- ☐ Ezekiel 46; Luke 10:1-16
- ☐ Ezekiel 47; Luke 10:17-37
- ☐ Ezekiel 48; Luke 10:38-11:13

WEEK 29

- ☐ Ezekiel 19; John 19:17-42
- ☐ Ezekiel 20; John 20:1-18
- ☐ Ezekiel 21; John 20:19-29
- ☐ Ezekiel 22; John 20:30-21:14
- ☐ Ezekiel 23; John 21:15-25

WEEK 32

- ☐ Ezekiel 34; Luke 5:12-32
- ☐ Ezekiel 35; Luke 5:33-6:5
- ☐ Ezekiel 36; Luke 6:6-19
- ☐ Ezekiel 37; Luke 6:20-49
- ☐ Ezekiel 38; Luke 7:1-10

WEEK 35

- ☐ Daniel 1; Luke 11:14-32
- ☐ Daniel 2; Luke 11:33-54
- ☐ Daniel 3; Luke 12:1-21
- ☐ Daniel 4; Luke 12:22-53
- ☐ Daniel 5; Luke 12:54-13:9

WEEK 30

- ☐ Ezekiel 24; Luke 1:1-25
- ☐ Ezekiel 25; Luke 1:26-56
- ☐ Ezekiel 26; Luke 1:57-80
- ☐ Ezekiel 27; Luke 2:1-21
- ☐ Ezekiel 28; Luke 2:22-40

WEEK 33

- ☐ Ezekiel 39; Luke 7:11-35
- ☐ Ezekiel 40; Luke 7:36-8:3
- ☐ Ezekiel 41; Luke 8:4-21
- ☐ Ezekiel 42; Luke 8:22-39
- ☐ Ezekiel 43; Luke 8:40-9:6

WEEK 36

- ☐ Daniel 6; Luke 13:10-30
- ☐ Daniel 7; Luke 13:31-14:6
- ☐ Daniel 8; Luke 14:7-35
- ☐ Daniel 9; Luke 15:1-32
- ☐ Daniel 10; Luke 16

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WEEK 37

- ☐ Daniel 11; Luke 17:1-19
- ☐ Daniel 12; Luke 17:20-18:8
- ☐ Hosea 1; Luke 18:9—43
- ☐ Hosea 2; Luke 19:1-27
- ☐ Hosea 3; Luke 19:28-44

WEEK 40

- ☐ Hosea 14; Luke 24:36-53
- ☐ Joel 1; Acts 1:1-11
- ☐ Joel 2; Acts 1:12-26
- ☐ Joel 3; Acts 2:1-41
- ☐ Amos 1; Acts 2:42-47

WEEK 43

- ☐ Jonah 2; Acts 9:20-35
- ☐ Jonah 3; Acts 9:36-43
- ☐ Jonah 4
- ☐ Micah 1; Acts 10:1-33
- ☐ Micah 2; Acts 10:34-43

WEEK 38

- ☐ Hosea 4; Luke 19:45-20:8
- ☐ Hosea 5; Luke 20:9-40
- ☐ Hosea 6; Luke 20:41-21:9
- ☐ Hosea 7; Luke 21:10-38
- ☐ Hosea 8; Luke 22:1-38

WEEK 41

- ☐ Amos 2; Acts 3
- ☐ Amos 3; Acts 4:1-22
- ☐ Amos 4; Acts 4:23-31
- ☐ Amos 5; Acts 4:32-5:11
- ☐ Amos 6; Acts 5:12-42

WEEK 44

- ☐ Micah 3; Acts 10:44-11:18
- ☐ Micah 4; Acts 11:19-30
- ☐ Micah 5; Acts 12
- ☐ Micah 6; Acts 13:1-12
- ☐ Micah 7; Acts 13:13-52

WEEK 39

- ☐ Hosea 9; Luke 22:39-71
- ☐ Hosea 10; Luke 23:1-25
- ☐ Hosea 11; Luke 23:26-56
- ☐ Hosea 12; Luke 24:1-12
- ☐ Hosea 13; Luke 24:13-35

WEEK 42

- ☐ Amos 7; Acts 6
- ☐ Amos 8; Acts 7
- ☐ Amos 9; Acts 8:1-25
- ☐ Obadiah; Acts 8:26-40
- ☐ Jonah 1; Acts 9:1-19

WEEK 45

- ☐ Nahum 1; Acts 14:1-18
- ☐ Nahum 2; Acts 14:19-28
- ☐ Nahum 3; Acts 15:1-21
- ☐ Habakkuk 1; Acts 15:22-35
- ☐ Habakkuk 2; Acts 15:36-16:5

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WEEK 46

- ☐ Habakkuk 3; Acts 16:6-15
- ☐ Zephaniah 1; Acts 16:16-24
- ☐ Zephaniah 2; Acts 16:25-40
- ☐ Zephaniah 3; Acts 17:1-15
- ☐ Haggai 1; Acts 17:16-34

WEEK 47

- ☐ Haggai 2; Acts 18:1-17
- ☐ Zechariah 1; Acts 18:18-28
- ☐ Zechariah 2; Acts 19:1-20
- ☐ Zechariah 3; Acts 19:21-20:6
- ☐ Zechariah 4; Acts 20:7-16

WEEK 48

- ☐ Zechariah 5; Acts 20:17-38
- ☐ Zechariah 6; Acts 21:1-26
- ☐ Zechariah 7; Acts 21:27-36
- ☐ Zechariah 8; Acts 21:37-22:21
- ☐ Zechariah 9; Acts 22:22-30

WEEK 49

- ☐ Zechariah 10; Acts 23:1-11
- ☐ Zechariah 11; Acts 23:12-22
- ☐ Zechariah 12; Acts 23:23-35
- ☐ Zechariah 13; Acts 24:1-21
- ☐ Zechariah 14; Acts 24:22-26

WEEK 50

- ☐ Malachi 1; Acts 25:1-12
- ☐ Malachi 2; Acts 25:13-27
- ☐ Malachi 3; Acts 26:1-11
- ☐ Malachi 4; Acts 26:12-32
- ☐ Acts 27:1-12

WEEK 51

- ☐ Acts 27:13-38
- ☐ Acts 27:39-44
- ☐ Acts 28:1-10
- ☐ Acts 28:11-16
- ☐ Acts 28:17-31

WEEK 52

Catch Up Week