

BUY ONE GIVE ONE

**START YOUR OWN PERSONAL
SUPPLY PANTRY FOR OTHERS.**

Next time you go shopping,
buy an extra item or two to give away.

TWO WAYS TO DONATE:

1. Grocery Store

Purchase items at your local grocery store and drop off items at one of our Freedom Church Campuses.

Drop off dates and locations are listed online on our Outreach page.

2. Amazon Delivery

Use our shopping list on Amazon to purchase and ship donated items directly to us! Link and instructions can be found online on our Outreach page.

myfreedom.org/outreach

ITEM SUGGESTIONS

Canned Vegetables
Canned Fruit
Soups & Stews
Canned Pasta
Canned Tuna
Nutritional Bars
Cracker Packs
Fruit Snacks
Peanut Butter
Jelly

Diapers
Baby Wipes
Deodorant
Soap
Tooth Paste
Tooth Brushes
Shampoo
Combs/Brushes