

Psalm 102:1-28

3 Helpful Reminders When We Feel Tossed Aside In Life



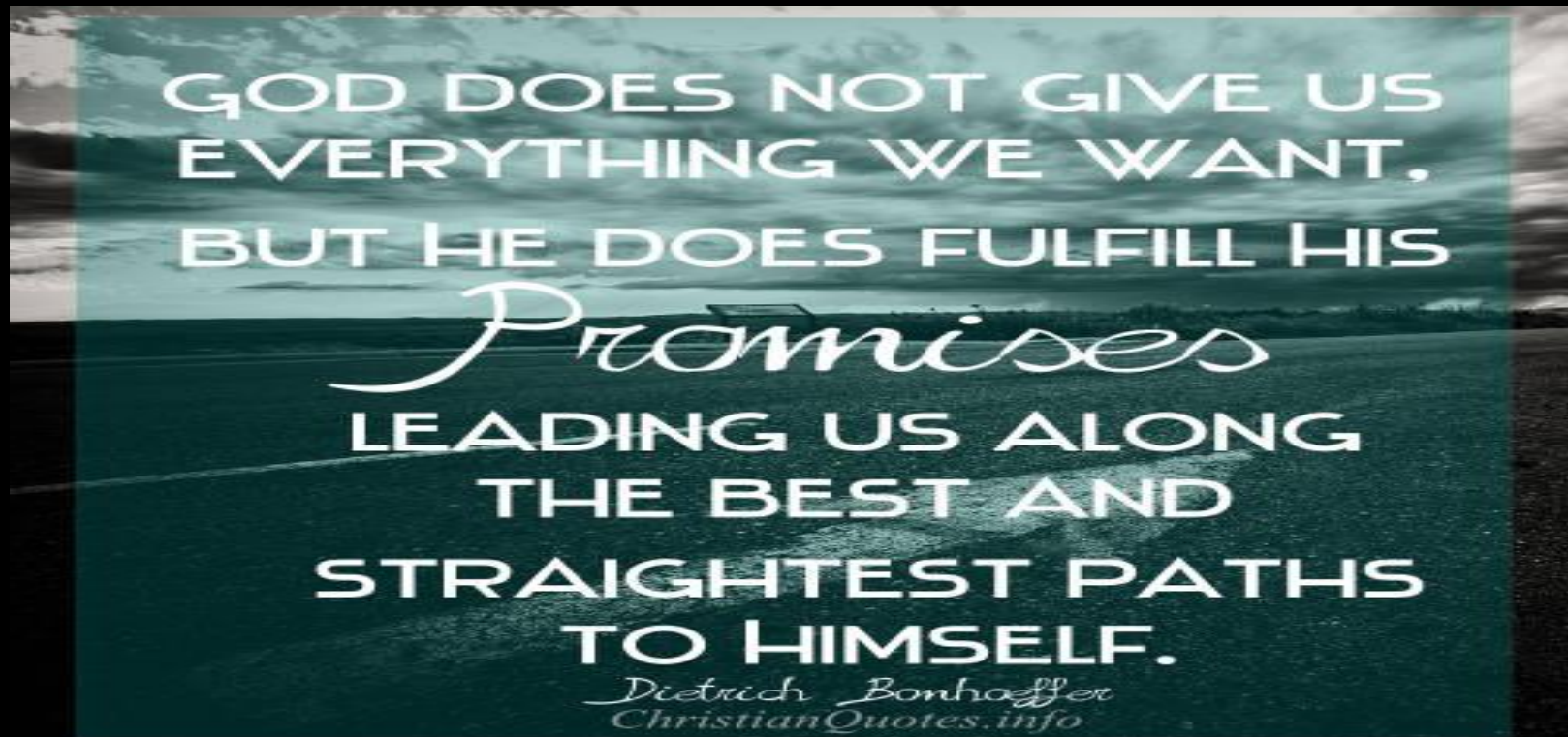
Context/Background

- Author is unknown, but setting shared in the Psalm's title;
- “A prayer of the afflicted, when he is overwhelmed and pours out his complaint before the Lord”
- Don't know exact situation; could be song from one who was in exile after Babylonians destroyed Jerusalem
- Terrible Physical Anguish: (vv. 3-5)
- Bitter Emotional Suffering: (vv. 6-7)
- Anxious Social Upheaval: (v. 8)
- Great Spiritual Confusion: (vv. 9-11)

Remembering God's Faithfulness To His Covenant

- (vv. 12-17) Verse 12, great transition from situation to the Savior
- Focus is on God's relationship to His people; His faithfulness to His word
- Title: "Lord" – God's relational, covenant-keeping name
- "Zion" – Word lit. "fortification"; came to represent Jerusalem and later, symbol of God's presence and loyalty to His people

- Deut. 7:9, “Therefore know that the Lord your God, He is God, the faithful God who keeps covenant and mercy for a thousand generations with those who love Him and keep His commandments.”



Remembering God's Proven Character

- (vv. 18-22) Here Psalmist reflects on God's nature and personality
- God is beyond our full understanding, but He has revealed His love, compassion, and mercy
- Though God is greatest of the great, He "looks down" (v.19) to help and give hope
- God sees, and understands all; He knows the hurting and intervenes to help

- Is. 61:1, “The Spirit of the Lord God is upon Me, because the Lord has anointed Me to preach good tidings to the poor; He has sent Me to heal the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound.”



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Remembering God's Perfect Chronology

- (vv. 23-28) Psalmist is reminded that God's time is the best time
- God is eternal and everlasting; He not bound by time
- His timing is always perfect
- God is on His throne in perfect control; all happens according to His will and way
- We can trust in God's timing because it is always perfect

- 2 Peter 3:8, “But, beloved, do not forget this one thing, that with the Lord one day is as a thousand years, and a thousand years as one day.”
- Eccles. 3:1, “To everything there is a season, a time for everything under heaven...”
- Saying: “Everything for the believer will be all right in the end; if it’s not all right, then it’s not yet the end.”