

# Teacher's Commitment

**I hereby pledge to provide positive support, care, and encouragement for all dancers by following this teacher's commitment Pledge.**

- I will encourage good sportsmanship by demonstrating positive support for all dancers, teachers, parents, at every competition and practice.
- I place the emotional and physical well-being of my dancers ahead of a personal desire to win.
- I will make dance class fun and enjoyable for all dancers.
- I will help my dancers enjoy the Irish Dance experience by doing whatever I can to practice and to encourage positive communication with others.
- I will remember to handle all situations in a calm manner to maintain the integrity of Lismore Academy of Irish Dance.

## Basic Guidelines for Competitions and Performances

### **Feisana**

- Beginner- In order to move up in an individual dance, a top three placement must be achieved.
- Advanced Beginner- In order to move up in an individual dance, a top three placement must be achieved.
- Novice- In order to move up in an individual dance, a 1<sup>st</sup> place must be achieved.
- Prizewinner- Must place 1<sup>st</sup> in all dances to move up.
- Preliminary Championship- Must place 1<sup>st</sup> two times to move up to Open Championship.
- All solo dress purchases must be approved by a teacher and Nadine.
- Custom solo dresses, white soft shoe laces, and hard shoe buckles are not permitted to be worn in competition until the dancer has achieved Preliminary Champion level.

### **Oireachtas**

- Under 10- Must have 1 hard shoe dance and one soft shoe dance in Novice to qualify to compete in solos. Teacher discretion permits changes to this rule.
- Over 10- Must have one hard shoe dance and one soft shoe dance in prizewinner to qualify to compete in solos. Teacher discretion permits changes to this rule.
- Solo dancers must commit to attending two classes per week. (Monday and Thursday Classes, or Thursday class and private lesson)
- Teams- Anyone is allowed to sign up for teams. Final teams will be depend on number of dancers, heights, and ages.
- Anyone in a team for Oireachtas is required to attend two designated feisana in the fall and two designated feisana in the spring.
- All dancers in Oireachtas teams must attend all required and special practices and is

only allowed to miss 2 regular classes per semester. If any of these requirements is not met, you understand that you forfeit your spot on the team.

### **Performances**

- Beginners, Advanced Beginners, and Novice dancers will perform choreography numbers prepared for them. Prizewinners and champions will perform the choreography numbers.
- Dancers with Prizewinner Hard shoe will perform the Treble Reel.

**All these guidelines are subject to change depending on the dancer as well as the teachers discretion.**

## Dancer Code of Conduct

- Have fun!
- Respect all classmates and teachers.
- Listen attentively during practices or classes.
- Obey dress code
- No negative comments to or about anyone.
- Come to classes and rehearsals prepared. This is called "work ethic". Always give 100% effort. This is called "heart". This will pay off in the end, I promise.
- No sitting down in class or rehearsal, unless authorized by your instructor. Even if you are not dancing during a particular sequence, you should be practicing in the back of the class.
- Tell your instructor before rehearsal if you are ill or have an injury.
- Work together as a team. Support each other with positive feedback. Remember that everyone will have his or her time to shine.
- No negative comments about other studios or dancers.

## Dancer Dress Code

- Lismore Academy School T-Shirt will be worn to every practice and class
- Black shorts. Shorts length must be longer than the dancers hands when their hands are closed and down by their sides. No spandex shorts are to be worn unless there is another pair of shorts worn on top.
- Poodle socks are required.
- Dance shoes are required. Exceptions are allowed for injuries.
- Hair is pulled back in a high ponytail. Dancers are asked to wear a headband if hair is layered (to keep hair out of face)

# Tuition

Please pay by the first of each month. If you wish to drop a class, please give a written notice to the instructor at least two weeks before the end of the month

# Parent Code

The purpose of Lismore Academy of Irish Dance is to provide all dancers exceptional role models in a healthy and encouraging environment. I recognize the importance of dance in the lives of young people; I pledge that I will participate in my child's dance activities in accordance with the following:

- I will promote teamwork and sportsmanship for all dancers and spectators in a positive manner.
- I will support my child's company, teachers, and choreographers and resolve to allow the teachers to manage their dancers and choreography as they feel best benefits the entire group.

Because I am a role model for my child, I pledge that:

- I will exhibit exemplary behavior at the studio, performances and competitions for our dancers, other parents and spectators.
- I will be considerate of all dancers and parents.
- I will direct my questions concerning competitions to the Lismore Academy Teachers.
- I will encourage my child to do their best.
- I will only give my child positive feedback on competition days. The teachers will give critiques as needed.
- I will applaud all dancers when attending competition, including the students of other studios.

# Signature Page

I accept the **Parent code, Dancer code of Conduct, Dress code,** and **understand the rules for competitions and performances.**

Parent Signature \_\_\_\_\_

Dancer Signature \_\_\_\_\_

Date:

(Please return signature page to a Lismore Academy Teacher at camp on the first night of class)

# Oireachtas Attendance Requirements

- All Oireachtas solo and figure dancers must attend all required summer camps.
- All Oireachtas solo and figure dancers must attend all required special practices.
- All Oireachtas dancers are not permitted to miss more than 2 regular classes a semester.
- All Oireachtas dancers must be present for all practices held at the actual Oireachtas event.

I accept these attendance guidelines and understand that I forfeit my spot on my team if not present in accordance to these guidelines.

Dancer Signature \_\_\_\_\_

Parent Signature (If under 18) \_\_\_\_\_

Date:

(Please return signature page to a Lismore Academy Teacher at camp or on the first night of class)