

BLESSED ARE THEY WHO SEE  
BEAUTIFUL THINGS IN  
HUMBLE PLACES WHERE  
OTHERS SEE NOTHING.  
~CAMILLE PISSARO

---

*Wherever you see the  
poor, the hungry, the  
least, last, and lost, there  
you see the face of  
Jesus.*

*This Lent, you, as  
PEOPLE OF GRACE, are  
invited to look for the  
face of Jesus, even in  
the most unlikely*

*places, make  
connections with others  
and practice living in the*

## BLESSED & BELOVED COMMUNITY

*Jesus describes in the  
BEATITUDES.*

*There are so many  
ways you can do this.  
Here are just a few  
ideas to begin your  
Lenten practice:*

- ☞ Attend a home communion visit of a shut in with the pastor, take some lunch along ~ sign up sheets will be posted
- ☞ Write and mail actual, handwritten notes to friends or family members who live in other towns
- ☞ Find prayer partners and make lists of people and concerns you will pray for, check in weekly with your partners
- ☞ Collect food for the food pantry or items for the women's shelter
- ☞ Volunteer at the pantry
- ☞ 40 bags in 40 days: Give up clutter in your life. Each day of Lent, fill a bag, any size, with things you no longer use, need, or want, and donate it to charity.
- ☞ Learn about Bread for the World, [www.bread.org](http://www.bread.org), and get involved. BFW is a non-partisan, Christian citizens' movement in the United States to end hunger. The organization describes itself as a collective Christian voice urging nation's decision makers to end hunger at home and abroad.
- ☞ Pick up trash along a roadway on a regular basis
- ☞ Since this is the Year of Matthew, read through that gospel with your family and use it as a basis for your family prayers
- ☞ Visit the ELCA's Good Gifts Store online at [elca.org](http://elca.org) and choose a project such as saving up to help buy a well
- ☞ Volunteer opportunities abound at your neighborhood school, nursing home, or animal shelter. You can read, play games, learn a craft together, write letters for them, help with publicity to find homes for pets.
- ☞ Offer to help with spring clean up of a neighbor's yard, especially someone who has a hard time doing this alone.
- ☞ Consider and pray about those difficult relationships you have with others and reach out with the hand of compassion, forgiveness, acceptance and genuine listening, trying to reconnect.
- ☞ Use your imagination. Chances are you can think of even better ideas!