



# Purity of Heart Self-Assessment



## Relationships with Others

*"Pursue peace with all men, and the sanctification without which no one will see the Lord." Hebrews 12:14*

- I tend to pursue my own interests and gratification (pride), rather than the interests of others (humility) ☐ Yes ☐ No
  - I have sinned against another person and have not sought forgiveness to restore the relationship ☐ Yes ☐ No
  - I am holding on to something that is making me resentful or bitter toward another person ☐ Yes ☐ No
  - There are relationships in my life that are unholy and that are leading me into sin. (this could include partaking in activities such as drugs, alcohol, sexual activity, gossip, bad language, etc) ☐ Yes ☐ No
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## Personal Purity

*"Watch over your heart with all diligence, For from it flow the springs of life." Proverbs 4:23*

- I regularly listen to media (music, podcasts) that contains explicit, inappropriate, or ungodly content ☐ Yes ☐ No
- I regularly watch media (TV shows, movies, social media) that contains explicit, inappropriate, or ungodly content ☐ Yes ☐ No
- I regularly read things (books, websites, social media) that contain explicit, inappropriate, or ungodly content ☐ Yes ☐ No
- I struggle to guard my heart and I allow myself to consume sexually inappropriate content in some way ☐ Yes ☐ No

*cont. on back page*

## Outward Attitudes and Actions

*"As obedient children, do not be conformed to the former lusts which were yours in your ignorance, but like the Holy One who called you, be holy yourselves also in all your behavior; because it is written, "You shall be holy, for I am holy." 1 Peter 1:14-16*

- I use language around friends/family/coworkers outside of church that is unclean and dishonoring to God ☐ Yes ☐ No
- The content of my conversations is often sinful in nature (gossip, coarse joking, anger, lying) ☐ Yes ☐ No
- I put myself in situations with people where I give in to temptation to sin (sexual sin, drunkenness, drug use, etc) ☐ Yes ☐ No
- I often give in to greed/covetousness and seek after possessions or money for satisfaction ☐ Yes ☐ No
- I find myself dressing or buying things to please or be noticed by others (immodesty, vanity, pride) ☐ Yes ☐ No

### What's next?

Ask yourself these questions based on your responses thus far:

*What in my life needs to be retained so that I can continue to grow in purity and holiness?*

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*What in my life needs to be re-evaluated so that it can be used for godliness and not selfishness?*

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*What in my life needs to be removed completely so that I can live a pure, Godly, and holy life?*

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