

# A Life Ablaze: Part 2

Revive Us Again – February 1, 2026 – Pastor Jason

**FUEL #3: \_\_\_\_\_ is perhaps the least used and most often misunderstood spiritual discipline.**

**Matthew 6:16-18 (NLT)** 16 “And when you fast, don’t make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. 17 But when you fast, comb your hair and wash your face. 18 Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.

## **Spiritual reasons for fasting in Scripture:**

- To draw near to God and hear Him more clearly.
- To humble ourselves and subdue our flesh.
- To express our love and devotion to the Lord.
- To express sorrow & repentance, individually & corporately.
- To increase spiritual empowerment & discern direction.
- To bring revival to the church.

**Isaiah 58:3-4 (NLT)** 3 ‘We have fasted before you!’ they say. ‘Why aren’t you impressed? We have been very hard on ourselves, and you don’t even notice it!’ “I will tell you why!” I respond. “It’s because you are fasting to please yourselves. Even while you fast, you keep oppressing your workers. 4 What good is fasting when you keep on fighting and quarreling? This kind of fasting will never get you anywhere with me.

*“Fasting helps to express, to deepen, and to confirm the resolution that we are ready to sacrifice anything, even ourselves, to attain the Kingdom of God. ... (where) prayer is reaching out after the unseen, fasting is letting go of all that is seen and temporal.” – Andrew Murray*

**We fast because God is calling us and because it reminds us of our desperate \_\_\_\_\_ for God.**

**FUEL #4: \_\_\_\_\_ with \_\_\_\_\_:**

**2 Corinthians 3:18b (NLT)** And the Lord (Jesus)—who is the Spirit—makes us more and more like him as we are changed into his glorious image.

**The pursuit of holiness in our lives is about listening to the voice of the Holy Spirit and then obeying what He says.**

**Exodus 3:4-5 (NLT)** 4 When the LORD saw Moses coming to take a closer look, God called to him from the middle of the bush, "Moses! Moses!" "Here I am!" Moses replied. 5 "Do not come any closer," the LORD warned. "Take off your sandals, for you are standing on holy ground."

**2 Corinthians 7:1 (NIV)** Let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.

**Hebrews 12:14 (NLT)** Work at living in peace with everyone, and work at living a holy life, for those who are not holy will not see the Lord.

**Joshua 3:5 (NLT)** Then Joshua told the people, "Purify yourselves, for tomorrow the LORD will do great wonders among you."

**Holiness \_\_\_\_\_ you.**

**James 4:6 (NLT)** "[God] gives grace generously. As the Scriptures say, "God opposes the proud but gives grace to the humble."

**Galatians 5:24 (NLT)** Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there.

"Most Christians want a thrill or joy, but do not want holiness or the purity of a spirit-filled life." – **A.W. Tozer**

"True holiness is not achieved by what we do, but what we allow God to do in us."

**PRAYER: Father, help us desire to consistently fuel our fire!**

**Pastor's Blessing**

- Be blessed as you pursue holiness with humility by the help of the Holy Spirit.
- Be blessed as you purify your heart, trusting God to do great wonders in your life.
- Be blessed as you stir up the embers of your spiritual fire, fanning the flame of your heart into a life ablaze for Jesus.
- Be blessed today in Jesus' name!