

Come and Rest

You're Invited: Part 2 – March 22, 2026 – Pastor Jason

Matthew 11:28-30 (NLT) 28 Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. 29 Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. 30 For my yoke is easy to bear, and the burden I give you is light."

**He's offering His _____ for your burdens,
His _____ for your weariness.**

**The only reason we're not at rest is that we
_____ not to be.**

Mark 5:25-29 (NLT) 25 A woman in the crowd had suffered for twelve years with constant bleeding. 26 She had suffered a great deal from many doctors, and over the years, she had spent everything she had to pay them, but she had gotten no better. In fact, she had gotten worse. 27 She had heard about Jesus, so she came up behind him through the crowd and touched his robe. 28 For she thought to herself, "If I can just touch his robe, I will be healed." 29 Immediately, the bleeding stopped, and she could feel in her body that she had been healed of her terrible condition.

Mark 5:34 (NLT) And he said to her, "Daughter, your faith has made you well. Go in peace. Your suffering is over."

Philippians 4:6-7 (NLT) 6 Don't worry about anything instead, pray about everything. Tell God what you need and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

MY NOTES

First, we come and _____. Then, we come and _____.

Exodus 33:14 (CSB) *“My presence will go with you, and I will give you rest.”*

“You have created us for Yourself, and our heart cannot be stilled until it finds rest in You.” – Augustine.

Pastor’s Blessing

- Be blessed as you choose to first come and SEE and then come and find REST.
- Be blessed as you experience the peace of God, trading your burdens for His rest, allowing Him to teach you how to let go and let God.
- Be blessed in knowing that God’s peace will far exceed your understanding as you choose to live every day resting in His presence.
- Be blessed today in Jesus’ name.

MY NOTES