

**"Stand Strong:
How to Avoid Mind Games!"**

*Ephesians 6:13-17, II Corinthians 10:5,
Philippians 4:7, Isaiah 26:3, Romans 12:2*

In order to stand strong & prevent spiritual attacks against our minds, we should remember three key truths about wearing the helmet of salvation:

Key Truth 1:
Wearing the helmet of salvation
_____ **our thought life!**

Key Truth 2:
Wearing the helmet of salvation
_____ **our mis-beliefs!**

Key Truth 3:
Wearing the helmet of salvation
_____ **our behavior!**