

# 2026 Life Groups - Real Conversations!



In a Life Group, we find safety, friendship, and authenticity as we discover Jesus and deepen in a relationship with Him alongside others. To learn more about any of our Life Groups, contact the leader of the group or reach out to our Director of Life Groups, McLean Murphy (813-610-4500).

→ We have 19 open groups. We would LOVE to connect you with your people!! ←



## **Couples (Empty Nesters) - Leader: Jay McLauchlin - [jmuva87@gmail.com](mailto:jmuva87@gmail.com)**

Couples are invited to join our group as we explore the challenges of this exciting phase of life (adult children, aging parents, later-in-life career choices, etc.) and how important faith is to the decisions we make. We meet every other Sunday at 10:00am..



## **Couples (w/ Children) - Leader: Kristen Conner - [kristenannconner@gmail.com](mailto:kristenannconner@gmail.com)**

Our group for couples with children enjoys community as we grow in our faith in Jesus together. We meet two Sundays a month at 10:30am. Childcare is provided.



## **Women (Moms) - Leader: McLean Murphy - [McLean@firstprestampa.org](mailto:McLean@firstprestampa.org)**

We are a group of women who love to laugh, share our lives together, and seek after Jesus through his word. We meet weekly on Fridays at 9:00am.



## **Women (50ish) - Leader: Caren Henderson - [Henderson.CarenL@gmail.com](mailto:Henderson.CarenL@gmail.com)**

We are a group of women seeking to go deeper in our relationship with Jesus as we open God's word together. We meet every other Tuesday at 6:00pm. We hope you will join us!



## **Men (Empty Nesters) - Leader: Fitz Conner - [fitz@firstprestampa.org](mailto:fitz@firstprestampa.org)**

We put what we believe into real life. Discussion and study is based on the sermon Bible passage for the upcoming week. Join us Thursdays at 7:00am.



## **Men (Dads) - Leader: Calvin Fields - [Calvin.Fields@live.com](mailto:Calvin.Fields@live.com)**

We are a group of Dads who encourage each other. If you are looking for an opportunity to grow deeper in your faith with others this would be a great group for you! We meet on Thursdays at 6:00am.



## **Women (Late 20s - Early 30s) - Leader: Kathy Conner - [kathy@firstprestampa.org](mailto:kathy@firstprestampa.org)**

Join us as we grow deeper with Jesus and each other in a relaxed, super encouraging and authentic way! We meet on Wednesdays at 7:30am.



## **Women (Seniors) - Contact for info: McLean Murphy - [mclean@firstprestampa.org](mailto:mclean@firstprestampa.org)**

Join us as we grow in friendship and our faith in Jesus! We meet on the 2nd and 4th Tuesday of the month at 1:30pm.



## **Couples (Parents w/ Teenagers) - Leaders: Ellen & Mel Bower - [ellenMbower@gmail.com](mailto:ellenMbower@gmail.com)**

We enjoy talking through life and faith in Jesus during this stage of our lives! We meet weekly on Sundays at 5:00pm. Childcare is provided.



## **Women (Early 20s) - Leader: Emmy Mathison - [Emmy@firstprestampa.org](mailto:Emmy@firstprestampa.org)**

We are a group of young women and recent post-grads navigating life in our early 20s! We read Scripture that grounds us and encourages us to trust in Jesus. We meet every Tuesday at 6:00pm.

**Women (30s & 40s) - Leader: Kathy Conner - [kathy@firstprestampa.org](mailto:kathy@firstprestampa.org)**

We enjoy dinner, studying the Bible and sharing our lives in friendship! We are growing deeper with each other and Jesus. We meet twice a month on Mondays at 6:30pm.

**Women (Moms) - Leader: Emily Fields - [esjones84@gmail.com](mailto:esjones84@gmail.com)**

We are a group of Moms who gather to walk through life together. We meet every other Wednesday at 8:45am.

**Men & Women (All Ages) - Leader: Mike & Allison Murray - [msmurray@gmail.com](mailto:msmurray@gmail.com)**

Our group is open to everyone! Join us as we dive deep into God's word and seek to apply it to our lives. We meet on Sundays at 9:30am.

**Men (Dads) - Leader: Burton Tuttle - [burtontuttle@gmail.com](mailto:burtontuttle@gmail.com)**

We are a group of Dads with school aged kids. We enjoy each other as we share life and faith. We meet on Thursdays at 7:00am.

**Men (40s & 50s) - Leader: David Maddux - [davidmaddux@gmail.com](mailto:davidmaddux@gmail.com)**

We are a group of men searching God's word for nuggets of peace. We'll be reading through the book of John this year. Together, we seek to apply God's word to our daily lives. We meet on Thursdays at 7:00am.

**Women (60 and Older) - Leader: Carla Conner - [carrn44@aol.com](mailto:carrn44@aol.com)**

Our group loves sharing life and faith together in this stage of our lives. We meet every other Wednesday at 1:00pm. We would love to have you join us!

**Women (All Women) - Leader: Kathy Conner - [kathy@firstprestampa.org](mailto:kathy@firstprestampa.org)**

Enjoy a comfortable and relaxed atmosphere as we grow deeper in our relationship with Jesus and each other. Join us on Wednesdays at 8:45am.

**Women (Mid-Late 20s) - Leader: Danielle Dietz - [djdietz12@gmail.com](mailto:djdietz12@gmail.com)**

Join this group of young women navigating life together - relationships, friendships, careers - fueled by scripture and community. We meet on Mondays at 6:00pm.

**Couples (with young children) - Leader: Reid Conner - [rconner99@gmail.com](mailto:rconner99@gmail.com)**

We value friendships as we share our life and faith in Jesus together. We meet two Sundays a month at 10:30am. Childcare is provided.

## Save-the-Date for Upcoming Opportunities

**Women: Lent Bible Study - Leader: McLean Murphy - [McLean@firstprestampa.org](mailto:McLean@firstprestampa.org)**

Join us for a 6 week Bible study between Ash Wednesday and Easter Sunday as we prepare our hearts for the death and resurrection of Jesus! We will meet at 9:00am on Mondays or Thursdays.

**Men and Women: GROW Bible Study - Contact: McLean Murphy - [McLean@firstprestampa.org](mailto:McLean@firstprestampa.org)**

Join us for a 4 week Bible study to help you grow in your sense of purpose, identity, and leadership. We will dive deeper into what God has in store for you wherever he has planted you: in your home, at work, in retirement, raising kids, and within the church. We will meet during the lunch hour on a weekday.

**Add Water and Stir - Contact: McLean Murphy - [McLean@firstprestampa.org](mailto:McLean@firstprestampa.org)**

Do you already have a group of friends who meet for fun, but you want to add Jesus into the mix?! Let me help you start your own Life Group!