



# Take a Dip!

## Ridiculous!

How could Elisha give such silly instructions? Naaman asked God's prophet for healing. Instead, Elisha's servant

told him to take a swim. **Read 2 KINGS 5:1-19 to find what God did.**

**Do this experiment to show how God washed away Naaman's leprosy.**

- 1 Fill a bowl with water. Shake some pepper onto the water.



- 2 Wash, rinse, and dry your hands thoroughly. Stick one finger in the water. Do this six times. Nothing big here.

- 3 Put a drop of liquid dish detergent on the tip of your finger and dip it into the water. What's happening to the pepper?



Maybe you didn't expect a difference when you put your finger in the water the last time, but there was a big difference. Naaman's stubborn heart almost caused him to miss out on God's healing. **Whenever you see pepper on a table, remember how God wants us to have faith in him!**



# BIBLE BIOS

Hear From the Heroes

Hi, my name is

**NAAMAN** (military commander)

**I'm a military commander for a country that took over parts of Israel.** There was a Hebrew girl in my household who helped save my life. You see,

I came down with leprosy. Leprosy is a disease that causes spots all over you and sometimes even eats away at your body. Things didn't look good for me. But this Hebrew slave girl insisted that Elisha, a prophet from her country, could cure me.

**Leprosy was one of the most feared diseases of its day. Some lepers were forced out of the cities and had to live in camps by themselves. No wonder Naaman wanted to be cured!**

So I decided to give it a try. But when I arrived, a messenger came out and told me to go wash myself seven times in the Jordan River. The prophet didn't even bother to speak to me himself!

I was mad! I was an important commander, and this guy couldn't even come out to see me? And the Jordan River? It wasn't even a *nice* river! I was ready to turn around and go home.

But the men I was with said, "Look, you've come all this way. You might as well try what he says." I felt stupid, but I did it anyway. When I came out of the water the seventh time, I was healed!

So if you want to know the biggest lesson I learned in my life, it's that God is real. And powerful. And good. I thought I was a big deal being a commander. I thought I was too important for Elisha and his dirty river. But I learned that I needed to humble myself and trust God.

**The Jordan River was small and dirty compared to some of the greater rivers. Naaman thought he was too big a hero to wash in a piddly little river like the Jordan.**

## Seeing Spots

1 Cut the corners off an index card.

2 On one side, draw Naaman with spots all over him. On the other side, draw a river.

3 Poke a hole in the top and bottom of the card, and tie a foot of string to each hole.

4 Have a friend gently twist the card around and around, winding it tight, as you hold the ends of the string. Then have your friend let go! As the picture spins, it will look like Naaman is in the water.



WOW!



Use your craft to tell someone the story of how Naaman was healed. Say that Naaman was cured of his pride, too! He was humbled by Elisha and healed by God.

**DO YOU NEED HUMBLING? ASK GOD TO HELP!**