

LIFE GROUP 1 (FALL 25)

Mission: To foster Christ-centered engagement in the life of our congregation.

Scripture: Ephesians 1: 1-10

Open It

Build Community 1	Tell us your name, where you grew up, and what brought you to our church.	5-10 Min.
Build Community 2	How did you meet your spouse or significant other? Tell us about a fun date you went on. Tell us what you like to do for fun. Do you have hobbies? If so, what?	5-10 Min
Adoration	Finish the statement God is..._____ His Love is..._____ Where did you see God working in your life this week?	5 Min
Nurture 1	Read Ephesians 1:1-10 Paul, an apostle of Christ Jesus by the will of God, To the saints who are in Ephesus, and are faithful in Christ Jesus: ² Grace to you and peace from God our Father and the Lord Jesus Christ. Spiritual Blessings in Christ ³ Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, ⁴ even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love ⁵ he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, ⁶ to the praise of his glorious grace, with which he has blessed us in the Beloved. ⁷ In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace, ⁸ which he lavished upon us, in all wisdom and insight ⁹ making known to us the mystery of his will, according to his purpose, which he set forth in Christ ¹⁰ as a plan for the fullness of time, to unite all things in Christ, things in heaven and things on earth in him.	10-15 Min.

TIME TO DISCUSS:

1. First, tell us Paul's intent for the Church at Ephesus and us today. Read verse 2. He wants two things from God and Jesus to reign in our lives. What are they?
2. Do you see these two qualities in your life and do you acknowledge where they came from? Can you describe it?
3. In Verse 3, Paul tells us that we (Christians) are given "every spiritual blessing **IN CHRIST.**" What does it mean to be "in Christ?" What does mean for our Spiritual blessings if we are not "in Christ?"
4. Can you make a list of Spiritual blessings? Forgiveness... Read vs 7.
5. How abundant is God's Grace? Read vs 7 & 8
6. Why did God give us these blessings? Vs 10
7. Are there people in your life that do not understand what it means to be in Christ? If so, how can you reach them?

Nurture 2

What can we pray for in your life?

5-10 Min

Additional information

Schedule a time and place to meet again.