

Start Talking

As we shift from BREAKTHROUGH and move towards *The Good Life*, let's first share our breakthrough experiences. For many, you have taken part in fasting over the past 21 days, praying for a breakthrough in your life. During your fast you have probably learned empowering lessons about living by faith and walking in the Spirit. As you move into your normal way of life, bring with it the lessons you've learned. Create a "new normal" with your increased spiritual awareness, your new habits of consistently spending time in prayer and study, and perhaps new healthy dietary choices or habits you've learned.

If you were able to take part in fasting for a breakthrough, share with your group what you discovered about God, yourself, or others. Also, share new habits you plan to continue. If you were unable to take part in the 21 Day Fast, but you were able to be a part of the BREAKTHROUGH series in some way, share any new insight or experience you may have discovered about God, yourself, or others.

Start Thinking

READ THE FOLLOWING VERSES TOGETHER:

This weekend we got a sneak peek into *The Good Life* series. In this series, we will discover how to live the life that God created us to live.

2 Corinthians 5:17 talks about this life when it says, "Therefore, if anyone is in Christ, they are a new creation. Old things have passed away and new things have come." And Jesus calls that life "abundant" in John 10:10.

How does God guide us into full life?

Start Sharing

Have you ever been lost before? What happened?

- What would you do if you ever did get lost and you didn't have a mobile phone with you?
- Would you like the idea of being stranded in the wilderness without technology or supplies?
- If you were lost in the wilderness and could bring 3 things with you, what would they be?

Are God's instructions old-fashioned and irrelevant or do they still matter today?

- Which of God's instructions, that you know of, do you wholeheartedly agree with and which ones do you disagree with?
- How could a book written so long ago still be helpful today?
- Do you think God's instructions bring freedom or inhibit freedom?

How do you feel about the idea that God has a plan for your life?

- Do you think God guides us or do we control our own destinies?
- How do you feel about the idea that God wants to guide you through life?
- Have you ever sensed God guiding you through any of the following: *The Bible, Your Conscience, Advice from Others, The Holy Spirit?*

Start Praying

PAIR UP WITH TWO OTHERS AND PRAY:

"Lord, help us to continue walking out the healthy habits we have created in the past 21 days as we continue to turn to you in prayer. Also, open our hearts to receive all that you have for us in this new series as we discover what you mean by living an abundant life. In Jesus name we pray, Amen."

Start Doing

Partner with Christ as you feed your soul, strengthen your spirit, and renew your body by continuing to carve out time to connect with God through prayer and reading your Bible.